

**ÖTZ  
TAL**

# Summer Program 2018

Events & Guided Walks



[naturpark-oetztal.at](http://naturpark-oetztal.at)  
[oetztal.com/hiking](http://oetztal.com/hiking)



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## Dear friends of the ÖTZTAL NATURE PARK,

the ÖTZTAL NATURE PARK and its unique hiking program gives an insight into the valley's most scenic spots, a wonderful Alpine glacier world with all the little details and secrets and Ötztal's scenic landscapes of awesome natural beauty.

Passionate walkers can choose from 18 weekly theme hiking tours taking place throughout the valley and 20 interesting lectures on special nature park topics. Discover Ötztal's magic and variety together with your family.

## ...and summer has finally arrived!

We look forward to your visit,

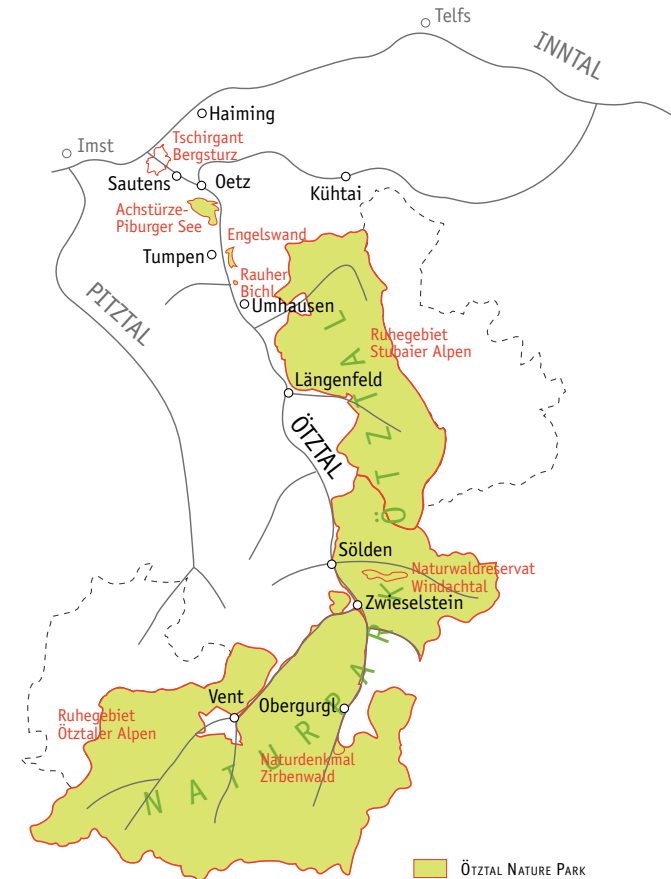
ÖTZTAL NATURE PARK Team

## ÖTZTAL NATURE PARK - Short Profile

The ÖTZTAL NATURE PARK comprises different environmentally protected areas in the Ötztal. The protected area stretches from the valley floor up to high Alpine glacier regions. Its highest point is Ötztal's Wildspitze peak at 3774 m above sea level. The mountain villages of Vent (cradle of the Alpine Association) and Obergurgl (Tirol's highest parish), as well as Niederthai/Umhausen and Gries/Längenfeld are located right at the heart of the ÖTZTAL NATURE PARK – making a perfect base for mountain exploration.

The splendid ÖTZTAL NATURE PARK comprises a number of almost untouched, **protected mountain areas in the Ötztal Alps** and **Stubai Alps** which are characterized by fascinating high Alpine landscapes and huge glacier regions. The **unspoilt forest areas** in Sölden's **Windachtal** feature century-old stone pine populations. The precipitous Engelswand rock face near Umhausen, an official Tirolean and **European Natura 2000 Preserve**, offers an insight into the varied flora and fauna in an almost vertical habitat. Another protected area can be found at the entrance to the Ötztal: the huge **Achstürze-Piburger See** region boasts an idyllic mountain lake amidst a huge rockslide area.

The 5 main aims of the ÖTZTAL NATURE PARK are to protect nature, preserve unspoilt landscapes, increase recreational values and promote scientific and cultural research in the region. Both the ÖTZTAL NATURE PARK association and administration office can be found in Obergurgl.





## Good to know

- Advance booking required only for guided hikes/tours **by 6.00 pm the day before** – contact data: see overleaf!
- Lectures are free for children up to the age of 14
- Hikes € 7.00 per adults, children under 6 years free, 7-14 years € 5.00
- Hikes/lectures are free of charge for guests staying at Nature Park Partner Hotels (extra costs not included) – unless noted otherwise!
- Weekly hikes are free for holders of the Ötztal Premium Card (extra costs not included)
- Lectures are free for holders of the Ötztal Card and of Ötztal Premium Card
- Ötztal Card (valid 16 June - 30 Sept.), Ötztal Premium Card (valid 2 June - 7 Oct.)
- Participants (single events): min. 3 / max. 20 persons – unless noted otherwise!
- Weekly events held from begin of June to begin of October
- [i Ö] – free volunteering - activity in action for nature
- You take part in the hikes/events at your own risk – hiking equipment absolutely required: sturdy hiking boots, warm clothes, rainwear, sunscreen, food, enough to drink
- Program may be changed/postponed at short notice (in case of unfavorable weather) by the organizing team.
- Disclaimer: Information given in this folder was collected accurately but no responsibility is accepted for the correctness of all details. The publisher is not liable for any accidents or damages caused by the use of this folder. Literal and typesetting mistakes excepted.



## The Valley`s Bus Lines



### REGIONAL BUS LINES

Explore Tirol's longest side valley by bus. Thanks to a huge number of bus stops spread all over the region, you can easily reach the highlights in the Ötztal by public bus.

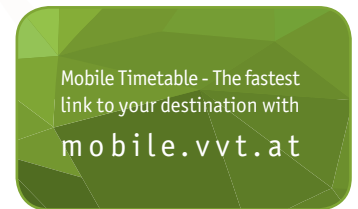
You can easily reach most of our events by using public bus lines running on a regular basis within the valley!

More details at:

- [www.vvt.at](http://www.vvt.at) and
- [www.oetztalerbus.at](http://www.oetztalerbus.at) - Ötztaler Verkehrsgesellschaft, T 05254 3550



[www.naturpark-oetztal.at/vvt-oetztal](http://www.naturpark-oetztal.at/vvt-oetztal)





Work  
shop

Saturday, 09 June

## Photography for Beginners

You are interested in photography and you have already made some excellent shots? Then this workshop is the right thing for you, focusing on the most important facts of camera technologies and the basic features of pictorial design: how to use the light in the right way and under certain circumstances - be it in bright sunshine, in the shade, at dusk or dawn or even by night.

Category	workshop, approx 5.5 hrs
Locations	Längenfeld - Winklen - Winkelberger See
Meet here	9.00 am, Längenfeld – car park of Geology Trail
Equipment	photo equipment incl. instructions for use, memory card(s), second battery, notepad and pen
Fee	€ 25.00
Photo guides	members of Photo Club Heligon



[i Ö]

Friday, 29 June

## Pulling out Neophytes

Neophytes are alien plants from other countries or continents, brought to a region by man. Some of these invasive plants (Canadian goldenrod) endanger the local flora and the conservation of biodiversity since they are able to spread widely and outcompete native perennials. The goldenrod can be eliminated permanently only if ripped out during several years.

Category	voluntary help - together with asylum seekers
Locations	Maurach - between Umhausen and Längenfeld
Meet here	9.30 am, fork-off to Köfels behind the Bridge
Duration	until 4.00 pm
Info	We provide a small snack
Lecturer	Dr. Roland MAYER



[i Ö]

Friday, 06 July

## Pulling out Neophytes

Neophytes are alien plants from other countries or continents, brought to a region by man. Some of these invasive plants (Canadian goldenrod) endanger the local flora and the conservation of biodiversity since they are able to spread widely and outcompete native perennials. The goldenrod can be eliminated permanently only if ripped out during several years.

Category	voluntary help - together with asylum seekers
Locations	Längenfeld/Winkle, close to Ötztaler Ache
Meet here	9.30 am, Eni-gas station in Winkle
Duration	until 4.00 pm
Info	We provide a small snack
Lecturer	Dr. Roland MAYER



Tuesday, 10 July

## Sweet Temptation

Here you will get to know everything on the valley's sweetest temptation: extracting and processing honey is a philosophy known only by real experts. After a short introduction, our bee expert takes you to the beehives where you admire the bustling bee colonies at work. At the end of the tour you sample delicious, natural mountain honey.

Category	lecture, hike, tasting
Start/Route	Längenfeld - „In der Klamm“ bee trail
Meet here	1.30 pm, Längenfeld, Tiroler Cafe
Duration	half-day
Admission	adults € 7.00/children € 5.00 (incl. tasting)
Guide	Marcel KLOTZ, master apiarist in Längenfeld



Friday, 13 July

## The „Doomed“ send their regards

For many centuries, our Alpine glaciers have changed in size several times. Over the last years, however, the decline of the icy giants seems to be progressing inexorably. Our glaciology expert can explain all the little details about glacial advances and retreats, and tell you whether there are still Alpine glaciers that currently increase in size.

Category	lecture in German
Where	Obergurgl, Piccard Event Hall
When	8.30 pm
Duration	1 hr
Admission	€ 2.00
Lecturer	Dr. Imrgard JUEN, Inst. f. Atmospheric- and Cryospheric Sciences, Innsbruck University



Sunday, 15 July

## Nature Park Family Fest

„A JOURNEY THROUGH THE VALLEY!“

This year the NATURE PARK ÖTZTAL Family Fest is organized as a green event where we go on a journey through the valley. The activity stalls next to the Event Igloos represent the valley floor. Further uphill we explore cultivated meadows and reading stone walls, embarking on a journey together with „our“ bees. The top level of the festival area centers on Alpine facts! It's about sheep, the work of the Alpine Research Center and about glaciers and climate change. The fire engine with Brizzi paintings, including a painting competition, will be at the festival too. Vegetarian delicacies of Niederthai's farm wives are served and Nature Park T-shirts are available for those participating in the activities. Additionally, Benny Barfuß and his theater for children will



Family  
Tip

ensure an entertaining end of the Family Fest. Those who arrive by public transport will get a free soft drink!

Lcoation	Umhausen/Niederthai, Tellerboden
Programm	1.00 pm Opening 1.00 - 4.30 pm Adventure stations 4.30 pm Kindertheater „Benny Barfuß“ 5.30 pm End
Cost	for free
Food & drink	Niederthai farmers' wives
Arrive by bus	1.30 pm from Umhausen 6.00 pm from Niederthai
Parking	opposite Ötztal Office Niederthai
Shuttle	transfer with „Nature Park Express“, only 5 min. from the festival area
More details	takes place in all weather

Detailed programm at [www.naturpark-oetztal.at](http://www.naturpark-oetztal.at)



Wednesday, 18 July

## Birds of Prey & Owls in Ötztal

Getting in close contact with birds of prey and owls ranks among Ötztal's most exciting nature experiences. Since time immemorial, these birds have fascinated people and still today many mythical stories are entwined with golden eagles, bearded vultures, eagle owls and other birds of prey. So join us on a fascinating journey straight to the natural realm of griffins and owls!

Category	lecture in German
Where	Umhausen, Health Hotel, Event hall
When	7.30 pm
Duration	1 hr
Admission	€ 2.00
Lecturer	Dr. Manfred FÖGER, biologist, ornithologist





Friday, 20 July

## From Flax to Linen

Natural linen and sheep wool has always been of major significance in the valley's history. The central Ötztal became more and more important thanks to its excellent flax quality. Get to know everything about flax cultivation, processing and fine linen products – from sheep shearing to hand-woven wool fabrics.

Category guided tour of weaving center  
Meet here 4.00 pm, Umhausen, Handweberei Doblander (Mühlweg 50, T 05255 5213)  
Duration approx. 1 hrs  
Fee € 5.00  
Guide Cilli DOBLANDER, hand weaving expert



Work shop

Saturday, 21 July

## Photography for Advanced

MACRO PHOTOGRAPHY and CLOSE-UP SHOTS are the main topics of this specialized workshop. Of course, there are numerous possibilities how to capture a picture in the right setting by using the perfect background. Based on this purpose, we also present practical and easy-to-use tools that bring a motif into effect.

Category workshop, approx 5.5 hrs  
Locations Obergurgl - Zirbenalm - Stone pine forest  
Meet here 9.00 am, Ötztal Tourismus-Obergurgl - Hochgurgl  
Equipment photo equipment incl. instructions for use, memory card(s), second battery, notepad and pen  
Fee € 25.00  
Photo guides members of Photo Club Heligon



Friday, 27 July

## Night of the Bats

On this exciting evening tour you will get to know many interesting details about the biology and ecology of Alpine bats. By using ultrasonic detectors and headlamps, we are going on a search for bats at night and with a bit of luck we can also watch some of these nocturnal animals up close.

Category lecture in German, easy walk  
Start/Route Piburg, lake Piburger See  
Meet here 8.00 pm, Piburg, parking place Hotel Seerose  
Duration approx. 2 hrs  
Fee adults € 7,00/children € 5,00  
Guide Mag. Anton VORAUER, biologist and bat expert



Thursday, 2 August

## From „Hair“ to Linen

On this evening we are going to celebrate a traditional craft that has nearly disappeared! An exciting journey back in time takes us to the 19<sup>th</sup> century. To start with, an expert presentation gives an insight into the history of flax processing. Afterwards we visit the matching objects exhibited at the Ötztal Local Heritage & Outdoor Museum.

Category lecture in German  
Meet here 4.00 pm, Local Heritage & Outdoor Museum/Lehn Längenfeld  
Duration approx. 2 hrs  
Fee adults € 7.00/children € 5.00  
Guide Mag. Barbara DEPISCH, biologist



Sat, 04. - Sun, 19. Aug. **ARTEVENT**  
NATUR – KULTUR – LITERATUR

## ARTeVENT – Fine Alpine Delights

This summer the mountaineering village of Vent focuses on local products and regional cuisine. On occasion of the ARTeVENT Culture Program, mouth-watering delights are prepared from fresh Alpine products. Specialties comprise sheep meat, masterwort, mountain cranberries and edible wild herbs. Guided hikes, dialect readings, (art) exhibitions and meals enjoyed among fans of Vent add to a memorable mountain experience.

- Book presentation and „Mundart“ dialect readings
- Art Exhibition - ARTeVENT local dining: tasting of local products
- Guided herb hikes for adults and children
- Stablein culinary treats: 4-course dinner menu incl. night-time mountain gondola ride
- Barteb'ne Art Trail

Information - [www.vent.at/artevent](http://www.vent.at/artevent)

Wednesday, 08 August **ARTEVENT**  
NATUR – KULTUR – LITERATUR

## Edible Herbs & Weeds

Herbs, more herbs, and even more Alpine herbs. Are they actually poisonous? Can I eat them? How do they taste? Experience the positive effect of herbs close by and learn everything about using them in everyday life at home. We try our homemade herb spread as a snack in the middle of lush green meadows.

Category	children's activity program
Start/Route	Vent, surroundings
Meet here	2.00 pm, Vent, Sportalm
Duration	approx 3 hrs
Admission	free
Lecturer	Andrea HOLZKNECHT, herb expert/instructor

Friday, 10 August **ARTEVENT**  
NATUR – KULTUR – LITERATUR

## Vent Herbal Hike

Join us on a very Special Herbal Walk and learn exciting stories from our certified Nature Park Guide and „herb witch“: discover the big and clearly visible but also the tiny and often inconspicuous wonders by the wayside. Additionally, you get many tips and tricks on how nature can be perfectly integrated into everyday cooking at home.

Category	easy hike
Start/Route	Vent, surroundings
Meet here	2.00 pm, Vent, Sportalm
Duration	approx 2.5 hrs
Admission	free
Lecturer	Andrea HOLZKNECHT, herb expert/instructor

Friday, 17 August **ARTEVENT**  
NATUR – KULTUR – LITERATUR

## Mushroom Hike Vent

A wonderful opportunity to get an insight into the world of mushrooms. With a bit of luck you'll also find the rare larch tree mushroom which was used for medical purposes in the past. Hikers also get plenty of useful information on how to pick mushrooms, how to store and prepare them. Plus a truly unique nature exploration coupled with mushroom picking.

Category	easy hiking tour
Start/Route	Vent, surroundings
Meet here	2.00 pm, Vent, Sportalm
Duration	approx 2.5 hrs
Admission	free
Lecturer	Mag. Eberhard STEINER, biologist





Tuesday, 21 August

## NATUR - Source of Strength

Nature is therefore an indispensable source of mental health and human balance. At this walking workshop we learn many interesting details on this important topic by enjoying consciously a few hours amid pure nature. We also try out simple exercises in order to integrate the NATURAL source of power into everyday life which is often too hectic.

Category	easy hike (time 1 hr, ↑↓ 120 m)
Start/Route	Sautens - Forchet - Sautens
Meet here	9.30 am, Sautens, sports field
Return	approx. 1.00 pm
Fee	adults € 7.00/ children € 5.00
Guide	Monika MITTERWALLNER, nature guide



Wednesday, 22 August

## Mushrooms: Poisonous or Tasty

A wonderful opportunity for both locals and guests to get an insight into the world of Alpine mushrooms in the Ötztal. Biologist and mushroom expert Eberhard STEINER gives an interesting lecture on this varied topic plus useful advice on how to pick mushrooms, how to store and prepare them. Also bring the mushrooms you picked in the woods!

Category	lecture in German
Where	Umhausen, Health Hotel, Event Hall
When	7.30 pm
Duration	1 hour
Admission	€ 2.00
Lecturer	Mag. Eberhard STEINER, biologist



Our  
Tip

ÖTZTAL NATURE PARK

## Ambach Info Point

Take a quick glance at this: welcome to the "reception parlor" of the ÖTZTAL NATURE PARK at the Ötztal Tourismus Infopoint in Ambach. It is the first out of six information spots, showing a 3.7 m x 2.30 m relief true to nature: with the help of a laser beam you can navigate towards the naturalistic and culture-historical highlights spread over the valley.

Opening hours:  
Mon-Fr: 9 am – 1 pm / 2 pm – 5 pm

Address:  
Ötztal Tourismus - Infopoint Ambach  
Ambach 26  
A-6433 Oetz

Wednesday, 29 August

## Natural History Research

There is hardly another Tirolean valley with such a variety of natural surroundings and habitats as the Ötztal. Despite the quite small size of these nature gems, global topics and issues such as climate change can be studied very well on-site. This evening, however, focuses on the current „hot spots“ within the highly researched areas of the Ötztal valley.

Category	lecture in German
Where	Vent, Hotel Vent
When	8.45 pm
Duration	approx. 1 hour
Admission	€ 2.00
Lecturer	Dr. Nikolaus SCHALLHART, scientific coordinator AFO Innsbruck University



Saturday, 15 September

## Stargazing

We will start this evening with an introductory lecture by Dr. Norbert Span, known for his sensational sky and star photos. Then we go outside for observations with the naked eye, guided by our expert who will show us the most important stellar constellations and planets visible on this evening. Afterwards we „zoom in“ to lunar details using a telescope.

Thu, 20 + 27 September / 04 + 11 October

## Bite into a Crisp Fruit

Pleasant guided tour along the Apple Road – More than 60,000 fruit trees are cultivated in the dry and sun-flooded Inntal valley, along the Haiming Apple Road. The apples from Tirol's Oberland Region - Boskop, Topaz or Mairac – owe their very special aroma to cold nights, high daytime temperatures and fertile grounds.

**Category** lecture in German and sky observation  
**Where** Niederthai, Gasthaus Bichl  
**When** 8.00 pm  
**Duration** approx. 2.5 hours  
**Admission** adults € 7.00/ children € 5.00  
**Lecturer** Dr. Norbert SPAN

**Category** easy walk, visit to the orchard  
**Start/Route** Parking Geierwand/Magerbach - in direction to Simmering/Silz - apple storage place  
**Meet here** 9.30 am, Parking Geierwand  
**Duration** 3 hrs  
**Fee** adults € 7.00/ children € 5.00  
**Includes** tour of the apple orchards, of the apple storage, tasting of apples



Niederthai  
BÄURINNEN



Bergrettung  
Niederthai



ÖTZTALER  
SCHAFWOLLZENTRUM  
REGENSBURGER





Every Monday  
04 June - 01 October



## Auerklamm Ravine

A real insiders' tip or did you already know „Teufelsschmiede“ area and „Auenstein“ castle ruins? Later you take a glimpse of the wildly romantic Auerklamm ravine which is an important habitat for Alpine wildlife and flora. Among the rare species ranks the water ouzel hunting its prey underwater.



Every Tuesday  
19 June - 11 September



## Lanterns by Night...

Yearning for a very special experience? First you craft your very personal name badge made of wood and colorful pearls. Then we start a leisurely hiking tour ideal for young and old. Listen to interesting stories and mystic Ötztal legends. Later we light our lanterns and enjoy a romantic walking tour back to the village.



Every Wednesday  
11 July - 5 September



## Peak with a View

Pirchkogel (2828m), a scenic vantage peak offering uninterrupted 360-degree views. From Kühtai you walk towards the picture-book Schwarzmoos mountain lakes. A breathtaking panorama is waiting for you on top of the peak – Acherkogel, Tschirgant and Zugspitze mountain massifs are only a stone's throw away.



NATURPARK ÖTZTAL

## Interactive Map

To promote a car-free journey to the trailhead of the hikes already in advance, the ÖTZTAL NATURE PARK has created a superb Interactive Map in cooperation with the 4 Tirolean nature parks. From now on it will help you to plan the most beautiful and rewarding tours to all nature hot spots in the valley. Detailed elevation profiles, directions and background information on natural history themes complete the unique interactive offer.

Therefore your next visit to Ötztal can be prepared comfortably at home. Don't wait any longer!

[maps.naturpark-oetztal.at](https://maps.naturpark-oetztal.at)

Category	intermediate (time 4 hrs, ↑ 400 m, ↓ 300 m)
Start/Route	bus transfer to Infopoint Ambach - Ötztal relief - Auerklamm - Oetzerau - Oetz
Meet here	8.50 am, Ötztal Tourismus - Information Oetz
Return	approx. 2.30 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus (current rates)

Category	easy hike (time 1.5 hrs, ↑↓ 90 m)
Start/Route	Oetz – Habichen - Habicher See - Oetz
Meet here	7.30 pm, meet at the pool – WIDIS Sommer Nest
Return	approx. 10.00 pm
Fee	adults € 7.00/ children € 5.00

Category	intermediate (time 5.5 hrs, ↑ 800 m, ↓ 1250 m)
Start/Route	Oetz - bus to Kühtai - Pirchkogel - Ochsengarten - bus to Oetz
Meet here	8.00 am, Ötztal Tourismus-Information Oetz
Return	approx. 5.00 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus (current rates)



Every Monday  
09 July - 1 October



## Hoher Stein Vantage Spot

This hike takes you to the fabulous „Hoher Stein“ vista point. Once reached the vista point on top, you indulge in awe-inspiring panoramic views of the „long field“ = Längenfeld. Many other important questions are answered by our nature park guide: When came the Ötztal into being, and how and why there was a lake in Längenfeld?

Every Tuesday  
05 June - 02 October



## Köfels Waalweg trail

A varied walking tour leads from scenic Vordere Fundusalm up to Frischmann Hütte - two lovely mountain inns. After a hearty snack you continue along Tirol's highest Waalweg trail, former irrigation ditches: In addition, today's village of Köfels emerged from a giant rockslide that happened already some 9500 years ago.

Every Thursday  
07 June - 04 October



## Kühtai - Niederthai

From Kühtai you hike uphill through the Alpine forest to Finstertaler Stausee. The next and more demanding stage takes you up to Finstertaler Scharte ridge. This is the best place to enjoy picture-book vistas of the Ötztal – with mighty Wildspitze peak as glowing backdrop. Horlachtal valley takes you down to Niederthai's basin.

Every Thursday  
14 June - 18 October

## Miracle Fiber

In the course of this wonderful guided tour visitors get an insight into the whole manufacturing cycle, from the raw material delivered by local sheep farmers to fine woolen products. Additionally, the tour focuses also on the longstanding history of flax and sheep wool processing in the Ötztal. Questions welcome!

Category intermediate (time 2.5 hrs, ↑↓ 250 m)  
Start/Route Niederthai – Hoher Stein – Wiese – Niederthai  
Meet here 10.00 am, Ötztal Tourismus - Information Niederthai  
Return approx. 2.30 pm  
Fee adults € 7.00/ children € 5.00

Category intermediate (time 6 hrs, ↑ 600 m, ↓ 600 m)  
Start/Route taxi Fundusalm - Frischmann hut - Waalweg trail - Köfels - taxi to Umhausen  
Meet here 8.40 am, Ötztal Tourismus - Information Umhausen  
Return approx. 5.00 pm  
Fee adults € 7.00/ children € 5.00  
extra fee: taxi (current rates)

Category demanding (time 6 hrs, ↑ 960 m, ↓ 1200 m)  
Start/Route transfer to Kühtai - Finstertaler Scharte - Schweinfurter Hütte - Niederthai  
Meet here 8.25 am, Ötztal Tourismus - Information Niederthai  
Return approx. 5.30 pm  
Fee adults € 7.00/ children € 5.00  
extra fee: transfer (current rates)

Category guided tour of sheep wool center  
Meet here 2.00 pm, Umhausen, Ötztaler Schwafwollzentrum (Lehnputz 2-4, T 0043 (0)5255 5293)  
Access from Umhausen's church across Horlach bridge, keep left, 300 m  
Duration 45 min.  
Fee € 3.00 per person (free for children)  
Guide Joachim REGENSBURGER





Every Wednesday  
13 June - 26 September



4 Lakes Trail

Every mountain lake is special and has its own character, its own color and size. The beautiful 4 Lakes Hike high above Längenfeld starts beyond the treeline with the snow-topped glacier peaks of Stubaital valley as lovely backdrop. With a bit of luck you can also watch a golden eagle soaring high above Geigenkamm ridge.



Every Thursday  
14 June - 27 September



Peak Conquest - Hochgutegg

A very idyllic but quite demanding hiking trail leads uphill to rustic Nisslalm hut. Once on top of the peak at 2336 m, you will be surprised by the huge glacial polish areas. All these „visible marks“ witness the mighty power of glacier moraines which have pushed, moved and formed the rocks and landscapes over thousands of years.



Every Friday  
29 June - 28 September



All-Powerful Lehner Waterfall

In the course of this hike you get to know more about Ötztal's landscape, culture, history and inhabitants. A stopover at the Local Heritage Outdoor Museum adds to a wonderful day. Then you climb the stairs leading up to the suspension bridge and further on to the fantastic viewing platform.



NATURPARK ÖTZTAL

The „WÖFFI“ - Hiking by using public transport

You won't need your car for truly memorable hiking adventures. Take a closer look at this splendid Hiking Guide and find out how quickly and easily you can reach the scenic Ötztal Nature Park by public bus.

Category	demanding (time 7 hrs, ↑ 1000 m ↓ 1050 m)
Start/Route	taxi to Leckalm - Plattachsee - Weißensee - Spitzigsee - Hauersee - taxi to Längenfeld
Meet here	8.30 am, Ötztal Tourismus - Information Längenfeld
Return	approx. 4.45 pm
Fee	adults € 7.00/ children € 5.00 extra fee: taxi (current rates)

Category	intermediate (time 5 hrs, ↑↓ 750 m)
Start/Route	Gries – Nisslalm – Hochgutegg – Nisslalm – Gries
Meet here	08.30 am, Ötztal Tourismus - Information Längenfeld
Return	approx. 3.45 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus € 3.00/person

Category	easy hike (time 3 hrs, ↑↓ 300 m)
Start/Route	Längenfeld – Plague Chapel – Local Heritage Museum – Lehner Waterfall place of strength – Längenfeld
Meet here	10.00 am, Ötztal Tourismus - Information Längenfeld
Return	approx. 2.00 pm
Fee	adults € 7.00/ children € 5.00

- 15 Tours within the whole Nature Park
- One & multi-day Tours
- Incl. bus network & Timetables

More detailed information available at:  
[www.naturpark-oetztal.at/wandern](http://www.naturpark-oetztal.at/wandern)





become a  
member

Every Tuesday  
26 June - 25 September



## Sölden's Silent Site

From Lochlealm the „Jägernotsteig“ trail leads to Brunnenberg and Brunnenbergalm, straight through the scenic Windachtal Nature Forest Preserve with larch and stone pine trees older than 300 years. Returning from Zwieselstein through the wildly romantic ravine of Kühtrainschlucht you can fully indulge in Sölden's picture-book silent part.

Every Thursday  
05 July - 20 September



## Lake Peerler See

This high-elevation hike travels above Sölden along incredibly green pasturelands and high Alpine cirques to unrivaled Lake Peerler See. Take a glimpse of mighty Wildspitze peak, Brunnenkogelhaus or Hochstubai Hütte and you will soon recognize that this a „superlative“ hike when it comes to panoramic views.

Every Saturday  
30 June - 29 September



## On Farmer Tracks ...

A panoramic hike giving a deep insight into everyday life in Austria's biggest village in size. The walking tour takes you to Gampe Thaya where life is still enjoyed in a traditional way. Jakob Prantl, hut tenant, can tell you many wonderful stories about mountain farming now and then, followed by a „hearty“ regional snack and a glass of fresh butter milk.

ÖTZTAL NATURE PARK

## Supporting Member

As a supporting member you sustain the important work of the ÖTZTAL NATURE PARK.

Advantages for members: latest news and information on all Nature Park activities, use of photo and literature archives, new brochures/publication for free.

Membership Fees:

Single person	€ 15.00/year
Clubs, small enterprises	€ 50.00/year
Business enterprises	€ 100.00/year

Become a member right now:

[www.naturpark-oetztal.at/mitglied](http://www.naturpark-oetztal.at/mitglied)

Category	intermediate (time 5 hrs, ↑ 450 m, ↓ 650 m)
Start/Route	bus Sölden - Fiegl's Gasthaus - via „Jägernotsteig“ trail to Brunnenbergalm - Sölden
Meet here	9.00 am, Ötztal Tourismus - Information Sölden
Return	approx. 4.30 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus (current rates)

Category	intermediate (time 6 hrs, ↑ 500 m, ↓ 1000 m)
Start/Route	bus Hochsölden - Dr. Bachmann- weg - Peerler See - Hochwald - bus Sölden
Meet here	9.00 am, Ötztal Tourismus - Information Sölden
Return	approx. 4.30 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus (current rates)

Category	intermediate (time 2 hrs, ↑ 20 m ↓ 450 m)
Start/Route	Sölden - Gaislachkogel Middle Station - Gampe Thaya - Hochsölden road - Sölden
Meet here	10.00 am, Ötztal Tourismus - Information Sölden
Return	approx. 2.30 pm
Fee	adults € 7.00/ children € 5.00 + gondola ride (check lift rates)


Our  
Tip

Every Monday  
25 June - 10 September



## Glacier Exploration

A panoramic view of 21 glacier-topped peaks higher than 3000 meters awaits you here. Crossing Hohe Mut saddleback you walk towards the mighty glacier summits. On your way you get to know many interesting and quite amusing details on the area's scientific research center in Rotmoostal valley.

Every Friday  
29 June - 14 September



## Exploring Alpine Habitats

Exploring the scenic „Seenplatte“ mountain lake area - which is a part of the protected ÖTZTAL NATURE PARK amid the Ötztal Alps – you will soon recognize the great variety of high Alpine plants, flowers and animals in different habitats. Water is omnipresent!

Every Sunday  
24 June - 09 September



## Archaeological Loop Trail

The surroundings of Obergurgl boast an incredible variety of archaeological treasures. Obergurgl's scenic Archaeological Loop Trail travels past "Beilstein" area – one of the Alps' most renowned and researched excavation sites.

NATURPARK ÖTZTAL

## Hohe Mut Info Point

Experience a top-class natural history exhibition of a very special kind. At 2670 m high Hohe Mut Alm you will learn a number of remarkable facts about life inside and on the glacier. The 135 m² interactive Nature Park Exhibition in 2 languages (de-en) puts on display selected exhibits focusing on the high Alpine fauna and flora, explaining also the fascinating variety of Obergurgl's stones and giving an insight into the eternal glacier ice.

Opening times:  
daily 9 am - 4 pm

Also visit our Nature Park Sites on the valley floor:  
[www.naturpark-oetztal.at/infopunkte](http://www.naturpark-oetztal.at/infopunkte)

Category	intermediate (time 5 hrs, ↑ 130 m, ↓ 860 m)
Start/Route	Obergurgl - Hohe Mut gondola ride - Rotmoosferner - Stone Pine Forest - Obergurgl
Meet here	9.00 am, Ötztal Tourismus - Information Obergurgl
Return	approx. 4.00 pm
Fee	adults € 7.00/ children € 5.00 + gondola ride (check lift rates)

Category	intermediate (time 5 hrs, ↑↓ 670 m)
Start/Route	Obergurgl - Seenplatte - Nedersee - Lenzenalm - bus to Obergurgl
Meet here	9.00 am, Ötztal Tourismus - Information Obergurgl
Return	approx. 4.00 pm
Fee	adults € 7.00/ children € 5.00 + bus ride (check bus rates)

Category	intermediate (time 4 hrs, ↑↓ 400 m)
Start/Route	Obergurgl - Ramolweg - Kuppelealm - Beilstein - Stone Pine Forest Zirbenalm
Meet here	10.30 am, Ötztal Tourismus - Information Obergurgl
Return	approx. 3.30 pm
Fee	adults € 7.00/ children € 5.00



Every Monday  
11 June - 24 September



## Arnica, Ötzi & More ...

Wonderful hiking tour with plenty of botanical and historical highlights. From Vent a rising trail leads to the ancient Stone Pine Forest and further on to Mutsbühel area. In vicinity to Ötzi's finding place you will find interesting traces of early Alpine settlements in the Ötztal valley.



Every Wednesday  
13 June - 26 September



## Glacier, Geology, History

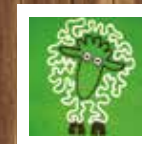
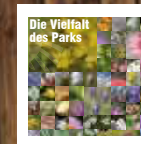
The wide open cirques in the foothills of her „Majesty“ – Wildspitze peak at 3774m – are the remains of the glacier's past. Giant moraines and rock walls, idyllic glacier lakes and brooks, fascinating rock masses formed by the eternal ice will accompany you on this hiking tour back to Alpine history.

Every Thursday  
14 June - 27 September



## Traces oft the Past

A spectacular loop hike above Vent and one of the valley's unrivaled highlights, offering picture-book views of several renowned mountain peaks higher than 3000 meters. Phenomenon of nature accompany you all day plus great views of a deep ravine, giant glacier moraines.



ÖTZTAL NATURE PARK

## Online Shop

Take the splendid ÖTZTAL NATURE PARK home... you can choose from several information folders, brochures, hiking trail maps, posters and postcards displaying the scenic ÖTZTAL NATURE PARK.

## Contact:

ÖTZTAL NATURE PARK  
Gurglerstraße 104  
A-6456 Obergurgl

T +43(0)664 1210350  
[www.naturpark-oetztal.at/shop](http://www.naturpark-oetztal.at/shop)

Category	intermediate (time 4 hrs, ↑↓ 450 m)
Start/Route	Vent - Mutsbühel - Ramolalm (not serviced) - Vent
Meet here	9.45 am, Ötztal Tourismus - Information Vent
Return	approx. 4.30 pm
Fee	adults € 7.00/ children € 5.00

Category	intermediate (time 4 hrs, ↑↓ 600 m)
Start/Route	lift Vent-Stablein - glacier lake - Breslauer Hütte - Stablein - lift Stablein - Vent
Meet here	9.45 am, Ötztal Tourismus - Information Vent
Return	approx. 4.30 pm
Fee	adults € 7.00/ children € 5.00 + lift return ride (check lift rates)

Category	demanding (time 6 hrs, ↑↓ 930 m)
Start/Route	Vent - suspension bridge - Rofenhöfe - Vernagthütte - Hochjoch Hospiz - Rofenhöfe - Vent
Meet here	8.45 am, Ötztal Tourismus - Information Vent
Return	approx. 5.00 pm
Fee	adults € 7.00/ children € 5.00

# Booking & Contact

Advance booking required **only** for hikes, workshops and guides tours. Booking deadline: 6.00 pm the day before under [anmeldung@naturpark-oetztal.at](mailto:anmeldung@naturpark-oetztal.at) or in your accommodation. Hikes (extra costs not included) and lectures are **free** of charge for guests staying at Nature Park Partner Hotels! Holders of the Ötztal Premium Card can take part in weekly hikes for **free** (extra costs not included)!



## ÖTZTAL NATURE PARK

Gurglerstraße 104

A-6456 Obergurgl

[info@naturpark-oetztal.at](mailto:info@naturpark-oetztal.at)

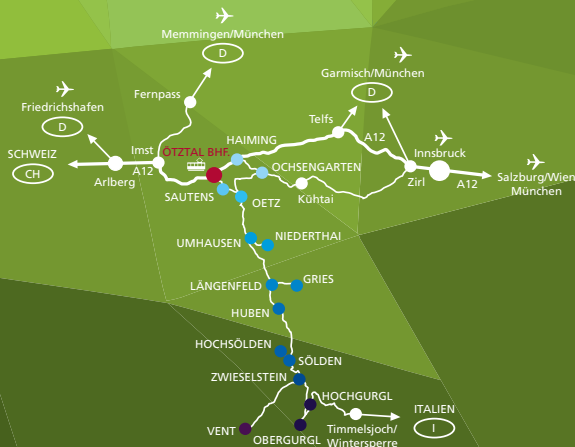
[www.naturpark-oetztal.at](http://www.naturpark-oetztal.at)



## Ötztal Tourismus

Gemeindestraße 4, A-6450 Sölden,

[info@oetztal.com](mailto:info@oetztal.com), [www.oetztal.com](http://www.oetztal.com)



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