

**ÖTZ  
TAL**

# Summer Program 2017

Events & Guided Walks

[naturpark-oetztal.at](http://naturpark-oetztal.at)  
[oetztal.com/hiking](http://oetztal.com/hiking)



MIT UNTERSTÜTZUNG VON LAND UND EUROPÄISCHER UNION



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## Index

ÖTZTAL NATURE PARK - Short Profile.....	4
ÖTZTAL NATURE PARK - Map.....	5
Good to know.....	6
The Valley`s Bus Lines.....	7
Events (Lectures, Hikes).....	8
Partners.....	18
Weekly Hikes.....	19
Booking & Contact.....	32

## Dear friends of the ÖTZTAL NATURE PARK,

the ÖTZTAL NATURE PARK and its unique hiking program gives an insight into the valley's most scenic spots, a wonderful Alpine glacier world with all the little details and secrets and Ötzal's scenic landscapes of awesome natural beauty.

Passionate walkers can choose from 19 weekly theme hiking tours taking place throughout the valley and 20 interesting lectures on special nature park topics. Discover Ötzal's magic and variety together with your family.

## ...and summer has finally arrived!

We look forward to your visit,

ÖTZTAL NATURE PARK Team

In close touch with mountains

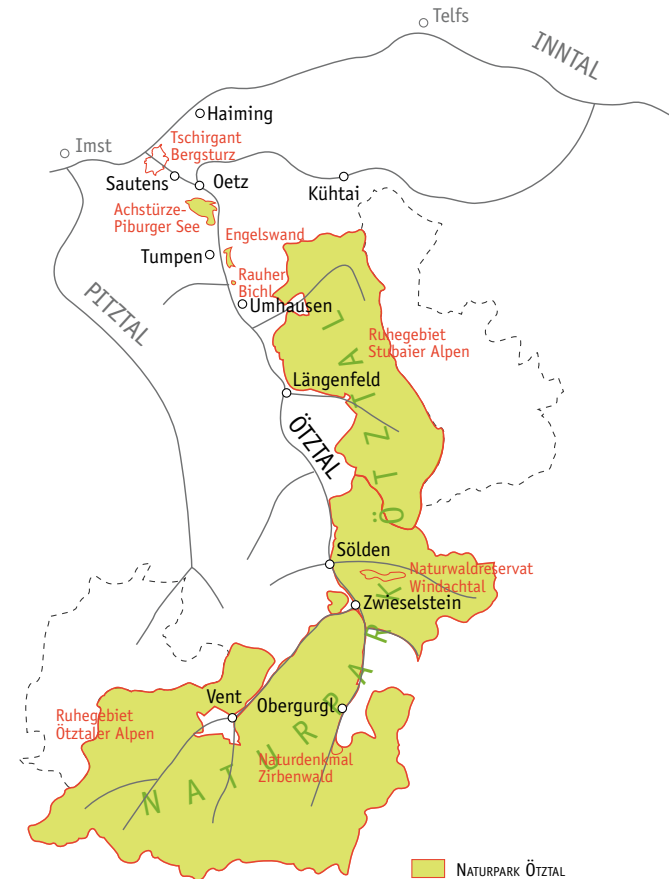


## ÖTZTAL NATURE PARK - Short Profile

The ÖTZTAL NATURE PARK comprises different environmentally protected areas in the Ötztal. The protected area stretches from the valley floor up to high Alpine glacier regions. Its highest point is Ötztal's Wildspitze peak at 3774 m above sea level. The mountain villages of Vent (cradle of the Alpine Association) and Obergurgl (Tirol's highest parish), as well as Niederthai/Umhausen and Gries/Längenfeld are located right at the heart of the ÖTZTAL NATURE PARK – making a perfect base for mountain exploration.



The splendid ÖTZTAL NATURE PARK comprises a number of almost untouched, **protected mountain areas in the Ötztal Alps** and **Stubai Alps** which are characterized by fascinating high Alpine landscapes and huge glacier regions. The **unspoilt forest areas** in Sölden's **Windachtal** feature century-old stone pine populations. The precipitous Engelswand rock face near Umhausen, an official Tirolean and **European Natura 2000 Preserve**, offers an insight into the varied flora and fauna in an almost vertical habitat. Another protected area can be found at the entrance to the Ötztal: the huge **Achstürze-Piburger See** region boasts an idyllic mountain lake amidst a huge rockslide area.

The 5 main aims of the ÖTZTAL NATURE PARK are to protect nature, preserve unspoilt landscapes, increase recreational values and promote scientific and cultural research in the region. Both the ÖTZTAL NATURE PARK association and administration office can be found in Obergurgl.





## Good to know

- Advance booking required only for guided hikes/tours by 6.00 pm the day before – contact data: see overleaf!
- Lectures are free for children up to the age of 14
- Hikes € 7.00 per adults, children under 6 years free, 7-14 years € 5.00
- Hikes/lectures are free of charge for guests staying at Nature Park Partner Hotels (extra costs not included) – unless noted otherwise!
- Weekly hikes are free for holders of the Ötztal Premium Card (extra costs not included)
- Ötztal Card (valid 15 June - 1 October) 
- Ötztal Premium Card (valid 3 June - 8 October)
- Participants (single events): min. 3 / max. 20 persons – unless noted otherwise!
- Weekly events held from May to end of November
- [i Ö] – free volunteering - activity in action for nature 
- You take part in the hikes/events at your own risk – hiking equipment absolutely required: sturdy hiking boots, warm clothes, rainwear, sunscreen, food, enough to drink
- Program may be changed/postponed at short notice (in case of unfavorable weather) by the organizing team.
- Disclaimer: Information given in this folder was collected accurately but no responsibility is accepted for the correctness of all details. The publisher is not liable for any accidents or damages caused by the use of this folder. Literal and typesetting mistakes excepted.

## The Valley`s Bus Lines



### REGIONAL BUS LINES

Explore Tirol's longest side valley by bus. Thanks to a huge number of bus stops spread all over the region, you can easily reach the highlights in the Ötztal by public bus.

You can easily reach most of our events by using public bus lines running on a regular basis within the valley!

More details at:

- [www.vvt.at](http://www.vvt.at) and
- [www.oetztalerbus.at](http://www.oetztalerbus.at) - Ötztaler Verkehrsgesellschaft, T 05254 3550



[www.naturpark-oetztal.at/vvt-oetztal](http://www.naturpark-oetztal.at/vvt-oetztal)

Mobile Timetable - The fastest link to your destination with  
[mobile.vvt.at](http://mobile.vvt.at)



Friday, 30 June

## From Flax to Linen

Natural linen and sheep wool has always been of major significance in the valley's history. The central Ötztal became more and more important thanks to its excellent flax quality. Get to know everything about flax cultivation, processing and fine linen products – from sheep shearing to hand-woven wool fabrics. Admire the fine art of weaving on original looms.

Category	guided tour of weaving center
Meet here	4.00 pm, Umhausen, Handweberei Doblander (Mühlweg 50, T 05255 5213)
Access	from Umhausen's church across Horlach bridge, keep to right, 300m
Duration	1 hr
Fee	€ 5.00
Guide	Cilli DOBLANDER, master weaver



Thursday, 06 July

## Living amid Ice and Snow

The surface of glacier fields, extensive snow blankets and ice caves are full of truly outstanding micro-organisms strongly influenced by the climate change in high Alpine regions. A fact that casts a different light on the importance of this frozen wonderland in terms of climate change.

Category	lecture in German
Where	Obergurgl, Piccard Event Hall
When	8.30 pm
Duration	1 hour
Admission	adults € 7.00/children € 5.00
Lecturer	Univ. Prof. Dr. Birgit SATTLER, Institut for Ecology of Innsbruck University



Workshop

Friday, 07 + Saturday, 08 July

## Photography for Beginners

You are interested in photography? Then the varied workshop is the right thing for you, focusing on the most important facts of camera technologies and the basic features of pictorial design. For example, you learn more about the golden ratio, different image structures/pictorial designs and how to use them in the right way under certain circumstances.

Category	workshop, 2 days, 4 hours daily
Start/Route	Längenfeld - Burgstein
Meet here	Friday: 2.00 pm, Saturday: 9.00 pm Ötztal Tourismus - Info Längenfeld
Equipment	photo equipment incl. instructions for use, memory card(s), second battery, notepad and pen
Photo guides	members of Photo Club Heligon
Fee	€ 25.00



Wednesday, 12 July

## Sweet Temptation

Here you will get to know everything on the valley's sweetest temptation: extracting and processing honey is a philosophy known only by real experts. After a short introduction, our bee expert takes you to the beehives where you admire the bustling bee colonies at work. At the end of the tour you sample delicious, natural mountain honey.

Category	lecture, hike, tasting
Start/Route	Längenfeld - „In der Klamm“ bee trail
Meet here	1.30 pm, Längenfeld, Tiroler Cafe
Duration	half-day
Admission	adults € 7.00/children € 5.00 (incl. tasting)
Guide	Marcel KLOTZ, master apiarist in Längenfeld



Friday, 14 July

## Feathered Peak Conquerors

Join us on a splendid tour through the colorful world of birds in the high Alpine habitat - admire heaps of small birds like water pipits, Alpine accentors and wheatears or the unrivaled kings of the air like bearded vultures - the Alps' biggest birds. Listen to entertaining stories and receive useful bird watching tips.

Category	lecture in German
Where	Vent, Hotel Vent
When	8.45 pm
Duration	1 hr
Admission	€ 2,00
Lecturer	Dr. Manfred FÖGER, biologist, ornithologist



Sunday, 16 July

## Nature Park Family Festival

„DO YOU DARE TO...?“  
Try something really outstanding?

We already see the 10th edition of the Nature Park Family Festival! And this time we invite you to try something very unique at every activity station. Be it sampling new herbs, feeling the shape of something invisible, scenting bees, tasting water or keeping a cool head and dry feet - sometimes it's pure will-power, excellent agility or sheer curiosity. Join us and be enchanted!

Weather permitting, there is also the giant Ötztal hot-air balloon. What's best, the new Nature Park T-Shirt will be a huge surprise.

Family  
Event

Location	Umhausen/Niederthai, Tellerboden
Programm	1.00 pm Opening 1.00 - 4.30 pm Adventure stations 4.30 pm Concert „RatzFatz“ 5.30 pm End
Cost	for free
Food & drink	Niederthai farmers' wives
Arrive by bus	1.30 pm from Umhausen 6.00 pm from Niederthai
Parking Shuttle	opposite Ötztal Info Office transfer with "Nature Park Express", only 5 min. from the festival area
More details	takes place in all weather

Detailed programm at [www.naturpark-oetztal.at](http://www.naturpark-oetztal.at)

Tuesday, 20 July

## From Grain to Bread

The historical, 300-year old Pirchhütt grain mill is in operation only once a year. Together with the old Mathies'n Bee House dating back to 1911, this historical ensemble has been preserved in the village center of Obergurgl. On this special day both the grain mill and the baking oven will be activated for traditional grain milling. Taste freshly baked bread made from fine natural grain.

Category	lecture, guided tour, bread tasting
Start/Route	Obergurgl center, Mühplatz square
Meet here	2.00 pm, Ötztal Tourismus- Information Obergurgl
Duration	half-day
Fee	€ 5.00 (incl. 1 bread per person)
Guide	Gertrud und Hubert KÖLER Kultourismus Gurgl





Friday, 28 July

## Night of the Bats

There are many scare stories revolving around bats: is it true that they get stuck in your hair? Slowly these childhood stories have become a thing of the past. Today we rather appreciate them as nocturnal animals on warm summer nights. It's always worth to know more about their vivid way of night-time life.

Category	lecture in German, easy walk (45 min)
Start/Route	Piburg, lake Piburger See
Meet here	8.00 pm, Piburg, Hotel Seerose
Duration	approx. 2 hrs
Fee	adults € 7.00/children € 5.00
Guide	Mag. Anton VORAUER, biologist and bat expert



Sun, 30 July - Sun, 13 Aug.

**ARTEVENT**  
NATUR - KULTUR - LITERATUR

## ARTEVENT

ARTEVENT is Ötztal's undisputed culture highlight. During two weeks in August, visitors explore the Ötztal Alps as a cross-border nature and culture area in all its varied facets. „B-ART-EB`NE-WEG“ open-air gallery, BERGLese book exhibition, children's afternoon incl. Nature Park Tent, lectures, scenic theme hiking tours, music and more attractions are on the fun-filled program.

### A [SHEEP]WALK

Films	„Sheep Drives“, „Sheep, Snow Fields, Summer Pastures
Exhibitions	„Mountaineers Chapel“ and „Sportalm“
For Kids	Children's afternoon incl. Nature Park Tent
Theme Walk	Legend + Storytelling Theme Walk guided by Frau Wolle
Details siehe	<a href="http://www.vent.at/artevent">www.vent.at/artevent</a>



Wednesday, 2 August

**ARTEVENT**  
NATUR - KULTUR - LITERATUR

## Vend vallis Snals

The finding of 5000-year old Ötzi „The Iceman“ near Tisenjoch proves the existence of long-standing connections between the northern and southern part of the main Alpine chains. But there are also certain things that remained exactly the same. An interesting lecture about the village's development.

Category	lecture in German
Where	Vent, Hotel Vent
Starting	at 8.45 pm
Duration	1 hour
Admission	free
Lecturer	Univ.-Prof. Mag. Dr. Kurt SCHARR, professorship of Austrian History Inst. History & Europ. Ethnology Leopold Franzens Univ. Innsbruck



Saturday, 5 August

## Mapping of Ant Species

The Swedish wood ant (*Formica suecica*) is one of the anthill building species with Siberian origins. Its geographic range is still not highly researched, therefore it is absolutely required to protect the natural environment of the Swedish wood ant in the Ötztal by searching for further formicary locations.

Category	voluntary - nature preserve projects
Start/Route	Längenfeld - Gries, Vordere Sulztalalm
Meet here	10.00 am, Gries, parking place Amberger Hütte
Duration	approx. 4.00 pm
Equipment	mountaineering equipment; GPS devices and special equipment provided, free meal

[i ö]



Thursday, 10 August



## Research on Alpine Peak

The extreme living conditions in the peak regions are spellbinding especially for naturalists as the Alpine summits had a huge influence on the distribution of Central Europe's flora and fauna. Important conclusions can be drawn about the future development of the Alpine vegetation.



Thursday, 17 August

## Mushrooms: Poisonous or Tasty

Take part in this entertaining lecture (in German) on poisonous and edible mushrooms, focusing also on the importance of mushrooms for the forest's ecological system. Useful advice on how to pick mushrooms, how to store and prepare them. Important details on the main characteristics of edible mushrooms.



Thursday, 24 August

## NATURE - Source of Strength

This is a perfect hiking workshop for all those in search of their personal source of peace and silence far away from the hectic of everyday life. Even short forest walks, made on a regular basis, enhance blood circulation, loosen tense muscles and reduce stress hormones in a sustainable way. You'll also receive many useful tips and expert advice to take home.

Category lecture in German  
Where Obergurgl, Piccard Event Hall  
Starting 8.30 pm  
Duration 1 hr  
Admission € 2.00  
Lecturer Dr. Nikolaus SCHALLHART,  
scientific coordinator,  
AFO of Innsbruck University

Category lecture in German  
Location Umhausen, Health Hotel,  
event hall  
Start 7.30 pm  
Duration 1 hr  
Admission € 2.00  
Lecturer Mag. Eberhard STEINER,  
biologist

Category guided tour of weaving center  
Meet here 4.00 pm, Umhausen,  
Handweberei Doblander  
(Mühlweg 50, T 05255 5213)  
Access from Umhausen's church across  
Horlach bridge, keep to right, 300m  
Duration 1 hr  
Fee € 5.00  
Guide Cilli DOBLANDER, master weaver

Category easy walk (time 1 hr, ↑↓ 120 Hm)  
Start/Route Sautens – Forchet - Sautens  
Meet here 9.30 am, Sautens, sports field  
Return approx. 1.00 pm  
Fee adults € 7.00/ children € 5.00  
Guide Monika MITTERWALLNER,  
nature hiking guide





Thursday, 31 August

## Glacier – witness to climate

Since the Middle Ages Ötztal's mighty glaciers have changed in size several times, like most of the Alpine glacier fields. They have formed the valley's landscape in a unique way. The changing size of glaciers influences the hydrological systems in Alpine regions, proven by advanced measurements technics and model calculations presented to the audience.

Category lecture in German  
 Where Vent, Hotel Vent  
 When 8.45 pm  
 Duration 1 hr  
 Admission € 2.00  
 Lecturer Wolfgang GURGISER /PhD  
 Institute for Meteorology and Geophysics of Innsbruck University



Work shop

Friday, 15 + Sat, 16 September

## Photography for Advanced

We strongly focus on important elements like pictorial design - leading lines, exposure modes, histograms and extraction of photo subjects by focusing on the main scene and creating a harmonious photography of a very special kind in its natural surroundings. Additionally, we learn many interesting details about focusing distances in different areas: portraits, landscapes,...

Category workshop, approx 4 hrs daily  
 Locations Umhausen - Niederthai  
 Meet here day 1: 2.00 pm, day 2: 9.00 am  
 Ötztal Tourismus - Info Umhausen  
 Equipment photo equipment incl. instructions for use, memory card(s), second battery, notepad and pen  
 Photo guide members of Photo Club Heligon  
 Fee € 25.00



Thursday, 28 Sep + 05 + 12 + 19 Oct

## Bite into a Crisp Fruit

Pleasant guided tour along the Apple Road – More than 60,000 fruit trees are cultivated in the dry and sun-flooded Inntal valley, along the Haiming Apple Road. The apples from Tirol's Oberland Region - Boskop, Topaz or Mairac – owe their very special aroma to cold nights, high daytime temperatures and fertile grounds.

Category easy walk, visit to the orchard  
 Start/Route Municipality of Haiming - Magerbach – Innbrücke - apple storage place - Municipality of Haiming  
 Meet here 9.30 am, Municipality Haiming  
 Duration 3 hrs  
 Fee adults € 7.00/ children € 5.00  
 Includes tour of the apple orchards, of the apple storage, tasting of apples



Our TIP!

ÖTZTAL NATURE PARK

## Infopoint Ambach

Take a quick glance at this: welcome to the "reception parlor" of the ÖTZTAL NATURE PARK at the Ötztal Tourismus Infopoint in Ambach. It is the first out of six information spots, showing a 3.7 m x 2.30 m relief true to nature: with the help of a laser beam you can navigate towards the naturalistic and culture-historical highlights spread over the valley.

Opening hours:  
 Mon-Fr: 8 am – 1 pm

Address:  
 Ötztal Tourismus - Infopoint Ambach  
 Ambach 26  
 A-6433 Oetz

Niederthaier  
BÄURINNENBergrettung  
Niederthai

Every Saturday

## Nature Hike plus AHA! Effect

Discover the endless variety of nature from an experienced park guide's point of view. Of course, the huge tree is really breathtaking but there are also countless other living creatures, however small, that are not insignificant at all in this true Alpine WONDERWORLD. Join us on a wonderful nature exploration tour guided by a certified nature park expert! Equipped with special Swarovski binoculars you can admire many little wonders: forest herbs, wild flowers, small and bigger animals - even single water drops turn out to be a surprise. Nature highlights in a row await you on this Ötztal nature exploration with all senses ...

Category easy (time 2 hrs, ↑ ↓ 150 m)  
Start/Route route varies depending on season  
Return approx. 12.00 am  
Fee adults € 7.00/ children € 5.00

## Umhausen

06 May - 18 November

Dates 06 + 20 May, 03 + 17 June,  
01 + 15 + 29 July, 12 + 26  
Aug, 09 + 23 Sep, 07 + 21 Oct,  
04 + 18 November  
Meet here 9.30 am, Ötztal Tourismus  
Information Umhausen

## Längenfeld

13 May - 25 November

Dates 13 + 27 May, 10 + 24 June,  
08 + 22 July, 05 + 19 Aug,  
02 + 16 + 30 Sep, 14 + 28  
Oct, 11 + 25 November  
Meet here 9.30 am, Ötztal Tourismus  
Information Längenfeld





Every Monday  
05 June - 02 October



### Auerklamm Ravine

A real insiders' tip or did you already know „Teufelsschmiede“ area and „Auenstein“ castle ruins? Later you take a glimpse of the wildly romantic Auerklamm ravine which is an important habitat for Alpine wildlife and flora. Among the rare species ranks the water ouzel hunting its prey underwater.

Every Wednesday  
12 July - 06 September



### Impressiv Tschirgant

You conquer the first steep ascent to Karröster Alm in the most comfortable way - by taxi. Starting your hike at the treeline, you follow the trail through huge dwarf pine areas until you reach the peak of Tschirgant at 2370 m. The mountain's history is just as exciting and beautiful as the walking route itself.

Every Friday  
9 - 30 June + 8 - 29 Sept



### „Forchet“ Rockslide Forest

The area, mainly covered with Alpine pine trees, was formed by a fairly outstanding, giant rockslide that came down from the mighty Tschirgant mountain range. Join us on a highly informative loop walking tour of this unique area - guided by our nature park expert who explains all high-lights in an easily understandable way ...

Every Friday  
7 July - 1 September



### Lanterns shine at Night...

Listen to exciting stories and deeply rooted Ötztal legends. Watch out for the little spirits sitting on trees, maybe they are just a natural phenomenon! With a bit of luck you can watch some animals at nightfall. At nightfall you light the lanterns before walking back to the village center.

Category	intermediate (time 4 hrs, ↑ 400 m, ↓ 300 m)
Start/Route	bus transfer to Infopoint - Teufelschmiede - Auerklamm - Burg Auenstein ruins - Oetzerau - Oetz
Meet here	9.00 am, Ötztal Tourismus - Information Oetz
Return	approx. 2.30 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus

Category	demanding hike (time 5,5 hrs, ↑↓ 900 m)
Start/Route	Oetz – taxi to Karröster Alm – Tschirgant – Bergwacht Hütte – Karröster Alm – taxi to Oetz
Meet here	8.00 am, Oetz Information Oetz
Return	approx. 4.00 pm
Fee	adults € 7.00/ children € 5.00 extra fee: taxi

Category	easy hike (time 2 hrs, ↑↓ 120 m)
Start/Route	Sautens – Forchet – Tschirgantblick - Sautens
Meet here	10.00 am, Sautens sports field/ chapel
Return	approx. 1.00 pm
Fee	adults € 7.00/ children € 5.00

Category	easy hike (time 1.5 hrs, ↑↓ 120 m)
Start/Route	Oetz – Wellerbrücke – Oetz
Meet here	8.00 pm, Ötztal Tourismus- Information Oetz
Return	approx. 10.00 pm
Fee	adults € 7.00/ children € 5.00



Every Monday  
03 July - 25 September

## Hoher Stein Vantage Spot

On this panoramic hike to one of Ötztal's extraordinary vantage points our female nature park guide and herb specialist will tell you many interesting details about Alpine herbs in Ötztal. Once reached the vista point, you indulge in awe-inspiring panoramic views of the „long field“=Längenfeld. Exciting, thrilling, entertaining.

Category intermediate (time 2.5 hrs, ↑↓ 250 m)  
Start/Route Niederthai – Hoher Stein – Wiesle – Niederthai  
Meet here 10.00 am, Ötztal Tourismus - Information Niederthai  
Return approx. 3.00 pm  
Fee adults € 7.00/ children € 5.00



Every Tuesday  
06 June - 03 October

## Horlach Shepherd's Trail

A truly varied Nature Park Hike leading from Niederthai towards the high Alpine Horlachtaler Almen pasturlands. The „Schäferweg“ Shepherd's Trail is a loop hike at altitudes beyond 2200 meters, giving an insight into the exhausting work and life of Ötztal's shepherds.

Category intermediate (time 4.5 hrs, ↑ 400 m, ↓ 650 m)  
Start/Route taxi Larstigalm – Finstertaler Sennhütte – Schweinfurter Hütte – Bergmahderweg – Niederthai  
Meet here 8.30 am, Ötztal Tourismus - Information Niederthai  
Return approx. 3.00 pm  
Fee adults € 7.00/ children € 5.00  
extra fee: taxi (current rates)



Every Thursday  
08 June - 05 October

## Magic Summit

High Alpine nature amidst the Ötztal Alps has a lot to offer. There are serviced mountain huts reaching up to the highest points, encircled by rock-strewn areas with sparse vegetation and primeval landscapes. On your way to erster Karkopf (2513 m) you can take an insight into the varied fauna and flora.

Category intermediate (time 6 hrs, ↑↓ 700 m)  
Start/Route taxi Umhausen - Vordere Tumpentalm – erster Karkopf – Armelenhütte – hut taxi Umhausen  
Meet here 8.40 am, Ötztal Tourismus - Information Umhausen  
Return approx. 5.00 pm  
Fee adults € 7.00/ children € 5.00  
extra fee: taxi (current rates)



Our TIP!

Every Thursday  
15 June - 19 October

## Miracle Fiber

In the course of this wonderful guided tour visitors get an insight into the whole manufacturing cycle, from the raw material delivered by local sheep farmers to fine woollen products. Additionally, the tour focuses also on the longstanding history of flax and sheep wool processing in the Ötztal. Questions welcome!

Category guided tour of sheep wool center  
Meet here 2.00 pm, Umhausen, Ötztaler Schwafwollzentrum (Lehnpuit 2-4, T 05255 5293)  
Access from Umhausen's church across Horlach bridge, keep left, 300 m  
Duration 45 min.  
Fee € 3.00 per person (free for children)  
Guide Joachim REGENSBURGER



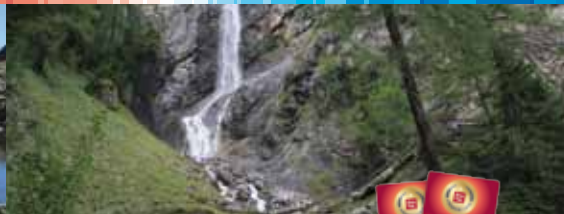


Every Wednesday  
14 June - 27 September

## 4 Lakes Trail

Every mountain lake is special and has its own character, its own color and size. The beautiful 4 Lakes Hike high above Längenfeld starts beyond the treeline with the snow-topped glacier peaks of Stubaital valley as lovely backdrop. With a bit of luck you can also watch a golden eagle soaring high above Geigenkamm ridge.

Category	demanding (time 7 hrs, ↑ 1000 m ↓ 1050 m)
Start/Route	taxi to Leckalm - Plattachsee - Weißensee - Spitzigsee - Hauersee - taxi to Längenfeld
Meet here	8.30 am, Ötztal Tourismus - Information Längenfeld
Return	approx. 4.45 pm
Fee	adults € 7.00/ children € 5.00 extra fee: taxi (current rates)



Every Friday  
30 June - 29 September

## All-Powerful Lehner Waterfall

In the course of this hike you get to know more about Ötztal's landscape, culture, history and inhabitants. A stopover at the Local Heritage Outdoor Museum adds to a wonderful day. Then you climb the stairs leading up to the suspension bridge and further on to the fantastic viewing platform.

Category	easy hike (time 3 hrs, ↑ ↓ 300 m)
Start/Route	Längenfeld - Plague Chapel - Local Heritage Museum - Lehner Waterfall place of strength - Längenfeld
Meet here	10.00 am, Ötztal Tourismus - Information Längenfeld
Return	approx. 2.00 pm
Fee	adults € 7.00/ children € 5.00



Every Sunday  
18 June - 01 October

## Peak Conquest - Hochgutegg

A very idyllic but quite demanding hiking trail leads uphill to rustic Nisslalm hut. Once on top of the peak at 2336 m, you will be surprised by the huge glacial polish areas. All these „visible marks“ witness the mighty power of glacier moraines which have pushed, moved and formed the rocks and landscapes over thousands of years.

Category	intermediate (time 5 hrs, ↑ ↓ 720 m)
Start/Route	Gries - Nisslalm - Hochgutegg - Nisslalm - Gries
Meet here	08.30 am, Ötztal Tourismus - Information Längenfeld
Return	approx. 3.45 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus € 3.00/person



NATURPARK ÖTZTAL

## The „WÖFFI“ - Hiking by using public transport

You won't need your car for truly memorable hiking adventures. Take a closer look at this splendid Hiking Guide and find out how quickly and easily you can reach the scenic Ötztal Nature Park by public bus.

- 15 Tours within the whole Nature Park
- One & multi-day Tours
- Incl. bus network & Timetables

More detailed information available at:  
[www.naturpark-oetztal.at/wandern](http://www.naturpark-oetztal.at/wandern)





Every Tuesday  
27 June - 26 September



## Sölden's Natural Variety

Local part-time farmers cultivate the high Alpine landscape – proving that nature can exist in perfect harmony with modern tourism. Orchids, flower-strewn meadows and the scent of fresh mountain herbs await you within the lovely Gaislach Alm pasturelands.

Category	intermediate (time 5 hrs, ↑ 180 m ↓ 850 m)
Start/Route	Sölden - Gaislachkogel gondola ride – Gaislach Alm – Zwieselstein – Kühtrainschlucht - Sölden
Meet here	9.00 am, Ötztal Tourismus- Information Sölden
Return	approx. 4.00 pm
Fee	adults € 7.00/ children € 5.00 extra fee: gondola ride



Every Thursday  
29 June - 28 September



## Söldens Silent Site

From Fiegl's Gasthaus the trail leads straight through the scenic Windachtal Nature Forest Preserve with larch and stone pine trees older than 300 years. Explore steep Alpine pasturelands and authentic Ötztal mountain huts (called „Thaya“ in dialect). The hike's highlight is Brunnenkogel peak and Brunnenkogel Haus.

Category	demanding (time 7 hrs, ↑↓ 800 m)
Start/Route	bus Sölden - Fiegl's Gasthaus - Brunnenkogel/Haus - Brunnen- bergalm - bus to Sölden
Meet here	7.00 am, Ötztal Tourismus - Information Sölden
Return	approx. 4.30 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus and taxi



Every Saturday  
1 July - 30 September



## Wonderful Vista POINTS

This magnificent loop walking tour offers uninterrupted panoramic views of the Alpine scenery: be it the mighty Stubai Alps and the eye-catching Hochstubai-Hütte or the breathtaking Timmelstal valley. Additionally, you can admire Sölden on the valley floor below and, as lovely backdrop, the picture-book peak of Brunnenkogel.

Category	intermediate (time 3 hrs, ↑ 20 m ↓ 700 m)
Start/Route	Sölden – bus /Hochsölden – Dr. Bachmannweg - Leiterbergalm - Edelweißhütte - Sölden
Meet here	09.45 am, Ötztal Tourismus- Information Sölden
Return	approx. 2.00 pm
Fee	adults € 7.00/ children € 5.00 extra fee: bus (current rates)



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ÖTZTAL NATURE PARK

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Every Friday  
30 June - 15 September



Every Sunday  
25 June - 10 September



**Our TIP!**

ÖTZTAL NATURE PARK

## Glacier Exploration

A panoramic view of 21 glacier-topped peaks higher than 3000 meters awaits you here. Crossing Hohe Mut saddleback you walk towards the mighty glacier summits. On your way you get to know many interesting and quite amusing details on the area's scientific research center in Rotmoostal valley.

## Exploring Alpine Habitats

Exploring the „Seenplatte“ mountain lake district, a part of the protected ÖTZTAL NATURE PARK, you will soon recognize the great variety of high Alpine flora and fauna in different habitats. The remains of giant glaciers, picture-book mountain lakes are spread all over the area, fed by rushing brooks.

## Archaeological Loop Trail

The surroundings of Obergurgl boast an incredible variety of archaeological treasures. Obergurgl's scenic Archaeological Loop Trail travels past "Beilstein" area - one of the Alps' most renowned and researched excavation sites.

## Newsletter

Would you like to receive up-to-date information about hiking tours, lectures or promotions? We look forward to providing you all important details via e-mail.

Of course our newsletter is non-binding and free of charge. You can unsubscribe at any time!

News on a regular basis about wildlife, animals, plants, hiking tours, book recommendations and much more.

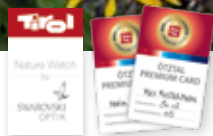
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Category intermediate (time 5 hrs, ↑ 130 m, ↓ 860 m)  
Start/Route liftride Obergurgl-Hohe Mut - Rotmoosferner - Stone Pine Forest - Obergurgl  
Meet here 9.00 am, Ötztal Tourismus - Information Obergurgl  
Return approx. 4.00 pm  
Fee adults € 7.00/ children € 5.00 + gondola ride (check lift rates)

Category intermediate (time 5 hrs, ↑↓ 670 m)  
Start/Route Obergurgl - Seenplatte - Nedersee - Lenzenalm - bus to Obergurgl  
Meet here 9.00 am, Ötztal Tourismus - Information Obergurgl  
Return approx. 4.00 pm  
Fee adults € 7.00/ children € 5.00 + bus ride (check bus rates)

Category intermediate (time 4 hrs, ↑↓ 400 m)  
Start/Route Obergurgl - Ramolweg - Kuppelealm - Beilstein - Stone Pine Forest Zirbenalm  
Meet here 10.30 am, Ötztal Tourismus - Information Obergurgl  
Return approx. 3.30 pm  
Fee adults € 7.00/ children € 5.00



Every Monday  
12 June - 25 September

## Arnica, Ötzi & More ...

Wonderful hiking tour with plenty of botanical and historical highlights. From Vent a rising trail leads to the ancient Stone Pine Forest and further on to Mutsbühel area. In vicinity to Ötzi's finding place you will find interesting traces of early Alpine settlements in the Ötztal valley.

Category intermediate (time 4 hrs,  $\uparrow\downarrow$  450 m)  
Start/Route Vent - Mutsbühel - Ramolalm (not serviced) - Vent  
Meet here 9.45 am, Ötztal Tourismus - Information Vent  
Return approx. 4.00 pm  
Fee adults € 7.00/ children € 5.00



Every Wednesday  
14 June - 27 September

## Glacier, Geology, History

The wide open cirques in the foothills of her „Majesty“ – Wildspitze peak at 3774m – are the remains of the glacier's past. Giant moraines and rock walls, idyllic glacier lakes and brooks, fascinating rock masses formed by the eternal ice will accompany you on this hiking tour back to Alpine history.

Category intermediate (time 4 hrs,  $\uparrow\downarrow$  600 m)  
Start/Route lift Vent-Stablein - glacier lake - Breslauer Hütte - Stablein - lift Stablein - Vent  
Meet here 9.45 am, Ötztal Tourismus - Information Vent  
Return approx. 4.30 pm  
Fee adults € 7.00/ children € 5.00 + lift return ride (check lift rates)

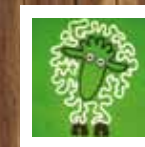
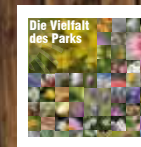


Every Thursday  
15 June - 28 September

## High Alpine Peak Views

A splendid high Alpine loop hike above the mountaining village of Vent, offering awesome panoramic vistas of myriad 3000-meter high summits. Get to know more about the struggle for survival of high Alpine fauna and flora thanks to their high level of adaptability, like glacier buttercup or Alpine campion.

Category demanding (time 7 hrs,  $\uparrow\downarrow$  1020 m)  
Start/Route Vent - Ramolalm - Diemweg - Schäfer Hütte - Vent  
Meet here 8.45 am, Ötztal Tourismus - Information Vent  
Return approx. 5.00 pm  
Fee adults € 7.00/ children € 5.00



ÖTZTAL NATURE PARK

## Online Shop

Take the splendid ÖTZTAL NATURE PARK home... you can choose from several information folders, brochures, hiking trail maps, posters and postcards displaying the scenic ÖTZTAL NATURE PARK.

## Contact:

ÖTZTAL NATURE PARK  
Gurglerstraße 104  
A-6456 Obergurgl

T +43(0)664 1210350  
[www.naturpark-oetztal.at/shop](http://www.naturpark-oetztal.at/shop)

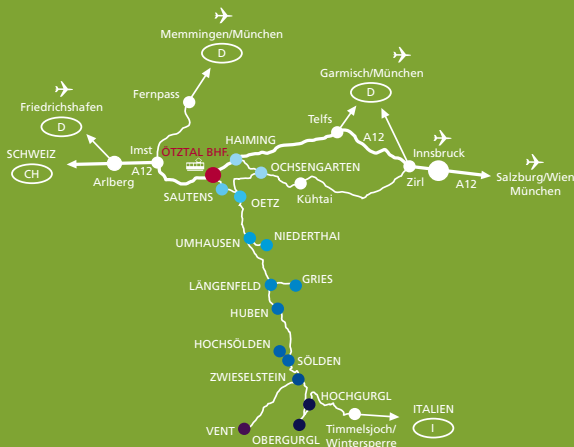
# Booking & Contact

Advance booking required only for hikes – booking deadline: 6.00 pm the day before under [anmeldung@naturpark-oetztal.at](mailto:anmeldung@naturpark-oetztal.at) or in your accommodation. Hikes (extra costs not included) and lectures are **free** of charge for guests staying at Nature Park Partner Hotels! Holders of the Ötztal Premium Card can take part in weekly hikes for **free** (extra costs not included)!



## ÖTZTAL NATURE PARK

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## Ötztal Tourismus

Gemeindestraße 4, A-6450 Sölden,  
[info@oetztal.com](mailto:info@oetztal.com), [www.oetztal.com](http://www.oetztal.com)

Infopoint Ötztal	T 057200 700
Sautens	T 057200 600
Oetz	T 057200 500
Umhausen-Niederthai	T 057200 400
Längenfeld	T 057200 300
Sölden	T 057200 200
Vent	T 057200 260
Obergurgl-Hochgurgl	T 057200 100

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