

# Huts & Hiking Tips

[oetztal.com](http://oetztal.com)



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This 2010 edition contains an entire list of huts, snack stations and mountain inns within the Ötztal valley, including also further information on infrastructures and other highlights – such as theme trails or mountain lifts. Trail maps help to plan your tour even more easily. Please note the information about the Ötztal Hiking Badge on page 67.

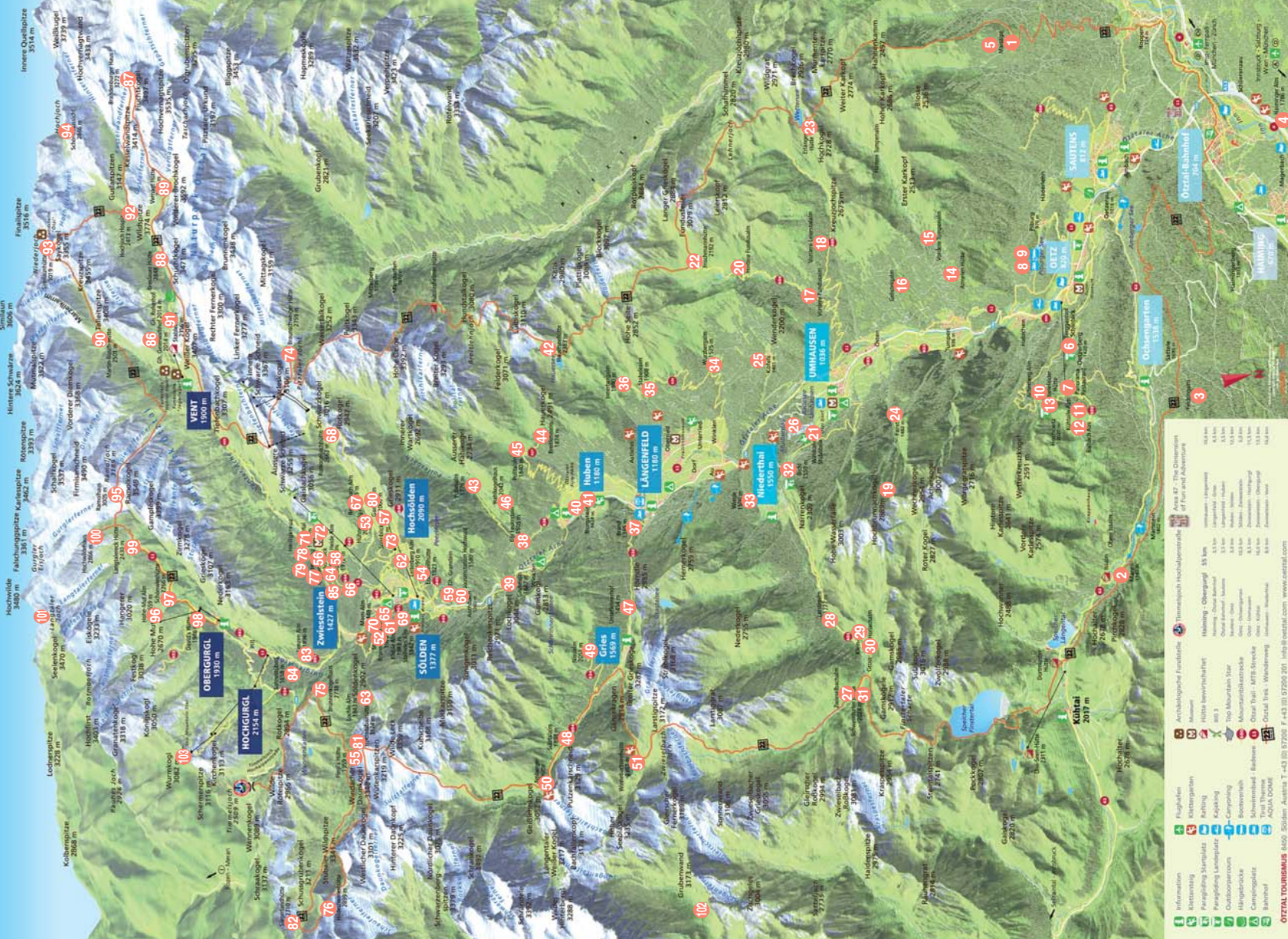
Special thanks to all mountain inn keepers and alpine hut tenants for their great collaboration. **The next edition will be updated and published in spring 2011.**

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### INDEX-KEY

-  board
-  overnight accommodation
-  phone / F Fax
-  open (from – to)
-  ascend
-  gondola
-  chairlift
-  on foot
-  bike
-  car access to ...
- Z:** walking time
- remaining T:** remaining walking time
- L:** distance in kilometers
- 1 ascent EASY**  
(suitable for novices)
- 2 ascent MODERATE**  
(reasonable physical condition and hiking experience of advantage)
- 3 ascent DIFFICULT**  
(sure-footedness and good physical condition required)
- 4 very difficult, for mountaineers only**  
(beware of Alpine dangers!)



www.oetzi-dorf.at

# Ötzi and his period

Explore the Ötzi Village, an archaeological park in Umhausen, and take a journey back in time to Ötzi's period some 500 years ago.

Contact:  
T +43 (0) 5255 / 50022  
office@oetzi-dorf.at

10 years Ötzi Village  
Special Exhibition  
starting 1st May 2010



Ötzi  Dorf  
Umhausen • Ötztal



Nr.	Name	Altitude	Trail Time	Start	Contact /Prefix: +43(0)	Tenant /Owner	Beds / Dorm	Page
1	Maisalm	1631 m	2,5-3 hrs	Roppen	0664 9855181	Fam. Pohl	15 persons	
2	Almhof Mareil	1748 m	1 hr	Ochsengarten	0664 3834270	Leitner Hubert	5 DR with shower/WC	14
3	Feldringalm	1888 m	3/4 hr	Haiming-Sattele	05252 6203	Neurauter Matthias	-	21
4	Haiming Alm	1786 m	2 1/2 hrs	Haiming	0676 9408121	Fam. Raffl	2 x 4 and 2 x 2 beds	
5	Bärentalhütte	1600 m	3 hrs	Sautens	Propably not serviced in summer			
6	Bgh. Schönblick	1400 m	1 hr	Oetz	0650 7018237	Fam. Scheiring	APT for 4-10 pax	20
7	Panorama. Hochoetz	2020 m		Oetz	05252 6385	Bergbahnen Hochoetz		
8	Seehäusl Piburg	914 m	1/2 hr	Oetz	0664 4831688	Fam. Juen		
9	Badeanst. Piburg	914 m	1/2 hr	Oetz	0664 4418656	Fam. Schmid		
10	Acherberg Alm	1888 m	2 1/2 hrs	Oetz	0664 1317585	Fam. Frischmann	6 M	21
11	Kühtaile Alm	1988 m	3 hrs	Oetz	0664 4346882	Schöpf Manfred	3 DR/4 MBR/15 M	18
12	Balbach Alm	1955 m	3 hrs	Oetz	05252 6026	Fam. Schöpf	16 M	18
13	N.Bielefelder Hütte	2112 m	3 1/2 hrs	Oetz	05252 6926, 6101	Fam. Schöpf	32 DB / 28 M	20
14	Armelen Hütte	1747 m	2 hrs	Tumpen	0664 9256604	Fam. Plattner	10 DB	
15	Vordere Tumpen Alm	1831 m	2 hrs	Tumpen	0664 3266715	Köfler Hermann	-	
16	Gehsteigalm	1894 m	2 1/2 hrs	Tumpen	0664 4623754	Maier Alois	-	
17	Vord. Fundusalm	1611 m	2 1/2 hrs	Umhausen	05255 5756 0664 2112229	Grießer Günther	-	
18	Vord. Leierstalalm	1798 m	3 1/2 hrs	Umhausen	05255 5377 0664 5121631	Doblender Andreas	-	
19	Reich Alm	1968 m	2 1/2 hrs	Umhausen		Not serviced		
20	Hint. Fundusalm	1964 m	3 1/2 hrs	Umhausen	05255 5756 0664 2112229	Grießer Günther	-	
21	Waldcafé Stuböbele	1150 m	45 mins	Umhausen	05255 5552 0664 4013663	Wilhelm Marko	-	24
22	Frischmannhütte	2192 m	3 1/2 hrs	Umhausen	05255 50154 0676 3355436	Grießer Gotthard	32 M, DR, TR, MBR 12 DB	
23	Erlangerhütte	2550 m	4 1/2 hrs	Umhausen	0664 3920268	Rimml Christian	8 beds / 40 M	22
24	Jst. Farst	1482 m	2 hrs	Umhausen	0650 2377337	Falkner Norbert	-	
25	Alpengasth. Köfels	1401 m	1 1/2 hrs	Umhausen	05255 5297	Kuen Christiane	21 beds	
26	Gasth. Stuißenfall	1482 m	1 1/2 hrs	Umhausen	05255 5512	Fam. Falkner-Gigon	12 DR + 3 APT	23
27	Zwieselbach-Alm	2030 m	3 hrs	Niederthai	0664 6547744	AG Zwieselbachalpe	-	
28	Larstigalm	1778 m	1 hr	Niederthai	05255 5178, 5590	Scheiber Ludwig	-	23
29	Klein-Horlach-Alm	1800 m	2 hrs	Niederthai	05255 5167	Kammerlander Oskar	-	
30	Groß-Horlach-Alm	1850 m	2 hrs	Niederthai	0664 5328284	Annemarie Strigl	-	
31	Schweinfurter Hütte	2036 m	2 hrs	Niederthai	05255 50029, 5630 0664 8276754	Falkner Susanne	16 DB / 36 M	24
32	Jst. Bichl	1600 m	1 hr	Niederthai	05255 5532	Fam. Holzknecht	32 beds	22
33	Wiesle	1535 m	1 hr	Niederthai/ Längenfeld	05253 6282 0664 4453430	Holzknrecht Alexander	-	24
34	Wurzbergalm	1573 m	1 1/2 hrs	Längenfeld	05253 5309 0664 9858307	Holzknrecht Erich	on request	25
35	Stabele Alm	1908 m	2 hrs	Längenfeld	05253 6312 0664 5004375	Fam. Gstrein	12-14 M	25
36	Innerbergalm	1946 m	2 1/2 hrs	Längenfeld	05253 5988	Holzknrecht Franz Josef 0664 9466998	12 M	25

37	Jst. Brand	1385 m	3/4 hr	Längenfeld	05253 5283	Jordan Siegfried	-	
38	Alpengh. am Feuerstein	1530 m	1 hr	Huben	05253 20120	Manfred + Sabine Santer	-	26
39	Gruberalm	1678 m	1 1/2 hrs	Längenfeld	Probably not serviced in summer			
40	Jst. Siggli	1474 m	3/4 hr	Längenfeld	05253 5397	Reindl Siegfried	3 DR	27
41	Gasth. Schöne Aussicht	1474 m	3/4 hr	Längenfeld	0664 2642966	Fender Erika	5 DR	
42	Hauerseehütte	2383 m	4 hrs	Längenfeld	+49 7144 29941 0664 7828637	Weller Fritz	15 M / 5 DB	
43	Polles-Alm	1782 m	2 hrs	Huben	05253 5757 0664 1547867	Fam. Wilhelm	6 M	
44	Breitlehnalm	1874 m	2 hrs	Huben	05253 5665 0676 3372080	Köll Hans	-	27
45	Polltalalm	1840 m	2 hrs	Huben	0676 6364094	Fam. Fuchs	-	
46	Hahlkogelhaus	2042 m	2 1/2 hrs	Huben	0664 1130754	Marwan Marlies	7 DB	26
47	Unterlehn	1474 m	1/2 hr	Gries	0676 4243348	Gleirscher Andreas	-	27
48	Sulztalalm	1915 m	1 1/4 hrs	Gries	05253 5634 0664 1746091	Scheiber Herbert	-	
49	Nisslalm	2054 m	1 1/2 hrs	Gries	0676 5618561	Fam. Haller	-	27
50	Amberger Hütte	2136 m	2 hrs	Gries	05253 5605 05254 30354	Serafin Gstrein	4 DR / 60 M	28
51	Winnebachseeh.	2362 m	2 hrs	Gries	05253 5197, 5966	Riml Michael	8 DB / 40 ML	28
52	Brunnenbergalm	1972 m	1 1/2 hrs	Sölden	05254 3147	Falkner Franz	-	
53	Hühnersteig'n	2000 m	1 1/2 hrs	Sölden	05254 3806, 2872	Gritsch Annemarie	-	43
54	Edelweißhütte	1821 m	1 hr	Sölden	0664 3587647	Arnold Peter	-	35
55	Fiegls Hütte	1959 m	1 1/2 hrs	Sölden	05254 2571, 0664 5233309	Riml Ernst	12 DB / 10 M	45
56	Gaislachalm	1968 m	1 1/2 hrs	Sölden	05254 2914	Gstrein Christian	50 DB	49
57	Gampealm	2000 m	1 hr	Sölden	0664 3840667	Grüner Roland	-	42
58	Goldeggalm	1903 m	1 hr	Sölden	0664 3009350 05254 3788	Gritsch Andreas	-	47
59	Gasth. Granstein	1517 m	1 hr	Sölden	05254 2404	Grüner Ernst	15 DB	34
60	Jst. Hochwald	1580 m	1 1/2 hrs	Sölden	0664 9154286	Fam. Prantl	-	34
61	Kleblealm	1983 m	1 1/2 hrs	Sölden	0664 2141575	Riml Norbert	18 DB / 12 M	44
62	Leiterbergalm	1910 m	1 1/4 hrs	Sölden	0676 4022002	Gstrein Markus	-	
63	Lochlealm	1843 m	1 1/4 hrs	Sölden	0664 3587637	Falkner Antonia	-	
64	Löplealm	1924 m	1 1/4 hrs	Sölden	05254 30327 0664 3331591	Hermann Plörer	-	47
65	Moosalm	1500 m	1/2 hr	Sölden	05254 2572	Riml Gebhard	5 DR, 2 APT.	44
66	Rauthalm	1480 m	1/2 hr	Sölden	0664 3840657	Flür Helmut	2 APT	
67	Rettenbachalm	2145 m	2 hrs	Sölden	Probably not serviced in summer			
68	Rotkogjochhütte	2650 m	3 hrs	Sölden	0664 4428105 05254 30477	Fam. Gstrein	-	43
69	Stallwiesalm	1842 m	1 1/2 hrs	Sölden	05254 2331 0664 4148731	Fiegl Burkhard	-	
70	Stabele-Brunnenberga.	1910 m	1 1/4 hrs	Sölden	0664 1409464	Falkner Helene	-	
71	Alm-Ferienclub Silbertal	1982 m	1 1/2 hrs	Sölden	05254 2987	Gurschler Serafin	80 beds, huts	

72	Gasthof Sonneck	1968 m	1 1/4 hrs	Sölden	05254 2315, 2905	Fender Anita	22 DB	48
73	Sonnblick	2090 m	1 1/2 hrs	Sölden	05254 50160	Martin Rimpl GmbH	-	35
74	Braunschweigerh.	2758 m	5 hrs	Sölden	0664 5353722	Auer Cilli	30 DB / 90 M	41
75	Brunnenkoglhäus	2738 m	4 hrs	Sölden	05254 2642 0664 1234206	Gstrein Martin	12 DB / 12 M	45
76	Hildesheimer H.	2899 m	5 hrs	Sölden	05254 2090, 2030	Fiegl Gustav	24 DB / 56 M	45
77	Bubis Skihütte	1950 m	1 1/2 hrs	Sölden	0664 4428111 05254 2465	Soukopf KEG	-	46
78	Heidealm	2130 m	1 1/2 hrs	Sölden	05254 30414	Gritsch Peter & Ewald	-	48
79	Jst. Bodeneegg	1555 m	1 hr	Zwieselstein	05254 2295	Reinstadler Ursula	10 DB	
80	Gampe Thaya	2000 m	1 hr	Sölden	0664 2400246	Fam. Prantl	-	42
81	Hochstuba Hütte	3175 m	5 hrs	Sölden	0664 2665290	Fiegl Florian	10 DB / 32 M	
82	Siegerlandhütte	2710 m	5 hrs	Sölden	05254 2189, 2142	Fiegl Hermann	30 DB / 30 M	46
83	Lenzenalm	1896 m	1 1/2 hrs	Zwieselstein	0664 4502861 05256 6363	Josef Ribis	-	49
84	Sahnestüberl	1650 m	1 1/2 hrs	Zwieselstein	0680 2036948	Prantl Peter	-	50
85	Tah. Zwieselstein	1472 m		Zwieselstein	05254 2763	Fender Jutta Self-catering hut	17 beds + 18 M	50
86	Geierwallihof	2014 m	3/4 hr	Vent	05254 8145	Klotz Konrad KEG	48 DB	
87	Brandenburgerh.	3272 m	6 hrs	Vent	0720 347320	Anna Pirpamer	14 DB / 66 M	
88	Breslauer Hütte	2848 m	2 1/2 hrs	Vent	05254 8156 0664 5300898	Scheiber Alexander	40 DB / 120 M	52
89	Vernagthütte	2755 m	3 1/2 hrs	Vent	0720 347218 0664 1412119	Martin Scheiber	40 DB / 100 M	54
90	Martin-Busch-H.	2500 m	2 1/2 hrs	Vent	05254 8130	Johann + Michael Scheiber	36 DB / 100 M	
91	Rofenhof	2014 m	3/4 hr	Vent	05254 8103	Fam. Klotz	20 DB	54
92	Hochjoch Hospiz	2413 m	2 1/2 hrs	Vent	05254 8119 0676 6305998 0720 347821	Pirpamer Thomas 0664 5402574	30 DB / 40 M	55
93	Similaunhütte	3019 m	4 1/2 hrs	Vent	05254 8119 or 0039 0473 669711	Pirpamer M.	40 DB / 50 M	57
94	Schöne Aussicht	2846 m	5 1/2 hrs	Vent	0039 0473 679130 or 662140	Grüner Paul	52 DB / 19M	57
95	Ramolhaus	3006 m	4 hrs	Obergurgl	05256 6223	Scheiber Lukas	29 DB / 35 M	63
96	Hohe Mut Alm	2670 m	2 1/2 hrs	Obergurgl	05256 639632	Bergbahn Obergurgl	-	66
97	Schönwieshütte	2266 m	1 1/2 hrs	Obergurgl	05256 6524 0664 4428113	Gstrein Gebhard	-	59
98	Zirbenwaldhütte / David's Hütte	1946 m	3/4 hr	Obergurgl	05256 6332 0664 2144156	Schöpf David	-	
99	Langtalereck H.	2450 m	2 1/2 hrs	Obergurgl	0664 5268655	Fam. Gutler	30 DB / 60 ML	62
100	Hochwildehaus	2886 m	3 1/2 hrs	Obergurgl	05253 5396	Fam. Gutler	22 DB / 70 ML	64
101	Zwickauer Hütte	2989 m	4 1/2 hrs	Obergurgl	0039 0473 646002	Fontana Irmgard	28 DB / 44 ML	66
102	Westfaltenhaus	2273 m	5 hrs	Gries i. Sellrain	05236 267	Fam. De Biasio	35 DB / 40 ML	
103	Top Mountain Star	3080 m	2 1/2 hrs	Hochgurgl	05256 6265	Fam. Scheiber	-	65

= not serviced / no prefix with 0720... phone numbers

DR = double room TR = triple room MBR = multibed room DB = dorm beds M = mattresses APT = apartment

# A valley of superlatives!

According to an old legend the people from Ötztal queued twice when God distributed scenic beauty. There is no real other explanation why else so many of Tirol's natural superlatives and wonders should be located just in this valley which extends from the upper Inntal 67 kilometers towards the south.

## Ötztal Highlights

Inwardly maybe a little jealous, the rest of Tirol accepts that the country's highest mountain, the Wildspitze, is located in the Ötztal Alps. And, of course, the eastern Alps' largest glacier ski area is located in the Ötztal. And where is Austria's highest parish village? It's located in Ötztal and its name is Obergurgl. Where does Stuibenfall, Tirol's highest waterfall, cascade down? In the Ötztal.

Where is Lake Piburger, an especially beautiful natural gem and one of Tirol's warmest swimming lakes? In the Ötztal. More highlights from the Ötztal: the Ötztal Alps boast some 250 three thousand meter high mountains, 60 of which are higher than 3400 meters. Nowhere else in the Alps you will find a greater number of over 3000 meter high mountains in such a small area. With exactly 86 glaciers the Ötztal Alps furthermore have the largest ice-covered area of the East Alps.

## Ötztal - a paradise for hikers

If you believe that the Ötztal Alps are only for die-hard mountaineers and ice freaks you couldn't be more wrong. The region boasts an almost unlimited number of hikes and walks for all ability levels (all in all some

1300 kilometers of signposted trails): through green pasturelands, forested mountainsides or scenic marshlands, along the burbling Ötztal brook, through wild landslide areas with their unique flora, and romantic side valleys which extend high up into the mountains. In short: a true paradise for hikers!

## Ötztal's diversity

Whether you wish to relax or be active - the Ötztal offers something for all tastes, interests and ages. What makes the Ötztal so attractive is not only its great diversity but also that it caters for a wide selection of budgets. Depending on your preferences you can find peaceful and secluded mountain villages as well as lively and vibrant winter sports resorts. The valley offers a large range of lodgings catering to all tastes and pocketbooks and includes everything from inexpensive private accommodations to deluxe hotels. Numerous parties and traditional events ensure that boredom is virtually unknown in the home of "Ötzi", the legendary iceman.

## Ötztal's holiday resorts

extend from the entrance of the valley at 800 meters above sea level to the high alpine source of the Ötztal Ache. Each town has its own special flair and character. But as a general rule you could say that: from the start to the center of the valley the towns are family-friendly with a focus on moderate sports; the higher you get the more pronounced gets the sports and lifestyle scene.

**Haiming-Ochsengarten, Sautens, Oetz**

The first town at the entrance of the valley is Haiming, a town specializing in outdoor sports. Professional outdoor companies offer fun & action from morning till night and have plenty of tricks and tips in store as well as all the necessary equipment. The next town is Sautens, your gateway to the Ötztal. The quiet and family-friendly town is an ideal base for outings and excursions within the valley and to other places. Then comes Oetz, one of Tirol's most famous holiday resorts.

In the summer all three towns offer a wide range of fun-filled activities, wonderful hikes and walks, water fun at Lake Piburger and the outdoor swimming baths, as well as beautiful trails for mountain bikers and cyclists.

**Umhausen, Tumpen, Köfels, Niederthai**

These four towns match their natural surroundings in beauty. In the summer Umhausen, with its sister towns of Tumpen and Köfels, makes a perfect base for walkers and mountaineers. The special attraction here is the Stuiben waterfall, which, cascades down from 150 meters. From Umhausen you get to Niederthai, a small village at 1500 meters above sea level. The hiking area is characterized by outstanding scenic beauty as well as peace and quiet.

**Längenfeld, Huben, Gries**

In the center of the valley you find Längenfeld with Huben. The wide basin is popular with walkers and cyclists alike. Thanks to its central location the town also makes a great base for high alpine tours and the scenic beauties of the inner Ötztal. From Längenfeld it's only a short drive to

Gries, a village where you are 1600 meters closer to heaven than at sea level. Gries is especially popular with hikers, families with young children and nature lovers.

**Sölden, Hochsölden, Zwieselstein**

Some kilometers further to the south and a few hundred meters higher than the valley entrance are Sölden, the heart of the Ötztal, and the towns of Hochsölden and Zwieselstein. 300 kilometers of perfectly signposted hiking routes are waiting for Sölden's guests. They are spread all over the giant hiking area between 1377m and beyond 3000m.

**Vent**

The legendary mountain village at the foot of Wildspitze, Tirol's highest mountain, makes a perfect base for fantastic walks, hut hikes and mountaineering tours. Whether it's lush pasturelands or the eternal ice: lasting impressions and memories are guaranteed wherever you go.

**Obergurgl-Hochgurgl**

The Ötztal's crowning glory are the twin towns of Obergurgl-Hochgurgl. Austria's highest parish is famous for its superb walks and hikes, and is an excellent starting point for high alpine and glacier tours. In the summer Obergurgl-Hochgurgl have a special focus on health & high altitudes and "Nordic High Walking" with Europe's highest "Nordic High Walking Trail" at 1930 meters above sea level. The staff of the Ötztal's local information offices will happily provide you with all the assistance and information you need.  
(Addresses see page 10)

## Endless Adventure - Ötztal Card

The ultimate Ötztal Card includes all highlights within the valley.

Ötztal Card holders can choose from more than 40 excursion sites between 670m and 3,000m above sea level. One card for all attractions!

Pay only once, enjoy many adventures without extra costs.

**Indulge into the 67 km long holiday valley with a single Card:**

- All summer mountain lifts in and around the Ötztal
  - Museums and special sights
  - Car-free holidays (network of public bus lines all day long)
  - Timmelsjoch high Alpine road and panoramic glacier road (only by bus)
  - **NEW:** AREA 47 – Outdoor adventures in the Ötztal the ultimate Outdoor Playground - [www.area47.at](http://www.area47.at)
  - Hiker's shuttle buses and hut transfers
  - Swimming lakes and outdoor pools within the valley
  - Tirol Therme Aqua Dome Längenfeld: 3-hour admission to the Spa Center (incl. only with 7 and 10-day Ötztal Cards)
  - Freizeit Arena Sölden – adventurous swimming pool
  - Minigolf and pit-pat course
  - Mountain bike and bicycle rental
- Bonus partners & reduced rates (on presentation of your Ötztal Card you get even more special offers and discounts)

### Summer Rates 2010

The Ötztal Card is always valid on 3, 7 or 10 consecutive days.

**Validity: 19 June – 26 September 2010**

Adults 3 days: € 45,00

Adults 7 days: € 66,00

Adults 10 days: € 84,00

Children\* 3 days: € 24,00

Children\* 7 days: € 35,00

Children\* 10 days: € 43,00

\*Children born in 2004 or later free of charge

\*Children (born 1996 - 2003)

Discounts granted for 70%+ handicap (certificate required)

The exact rates will be announced nearer the time.

Up-to-date rates available at: [www.oetztal.com/oetztalcard](http://www.oetztal.com/oetztalcard)

**Ötztal Key Card:** The Ötztal Card is available as a hands-free card to ensure an even more comfortable use of all included services. Many attractions are easily accessible, with no need to insert the magnetic card into the turnstile as they open automatically.

**Key Card Deposit:** Purchasing the Ötztal Card you pay a single deposit of Euro 4.00. This deposit will be refunded if the card is returned in a reusable condition at the selling points or in the busses.

No refund in case of loss, technical breakdown or unforeseen non-operation of services!  
SUBJECT TO CHANGE OF DATES AND RATES!





# HIKING, WALKING, WELLNESS

From Ötztal's fantastic mountains right into the spa center of AQUA DOME - Tirol Therme: bathing fun and nature in Längenfeld!

At the heart of the Ötztal, embedded in the scenic Ötztal Alps, you find the 50,000 m<sup>2</sup> spa center of AQUA DOME with its elegant 4 Star Superior Hotel.

A true haven for all those in search of activity, unspoilt nature, bathing fun, spa and fitness programs with all highlights you can imagine.

A great choice of treatments offered at the AQUA DOME goes hand in hand with unlimited hiking and walking experiences: perfect rest and relaxation on some 2,200 m<sup>2</sup> water surface, indoor spa pools, activity pool, open-air thermal spa suspended on stilts (water jets, saltwater, massage), 25m sports pool, spacious outdoor area with deckchairs (sunblind). Separate child and family area with 90m water slide.

Wonderful sauna world with cave sauna, loft sauna, hay barn sauna, earth sauna, herbal steam bath, steam dome, saltwater steam bath, saltwater grotto, etc. Fitness center, beauty center coupled with culinary delights served in the restaurants promise a memorable spa day at AQUA DOME.

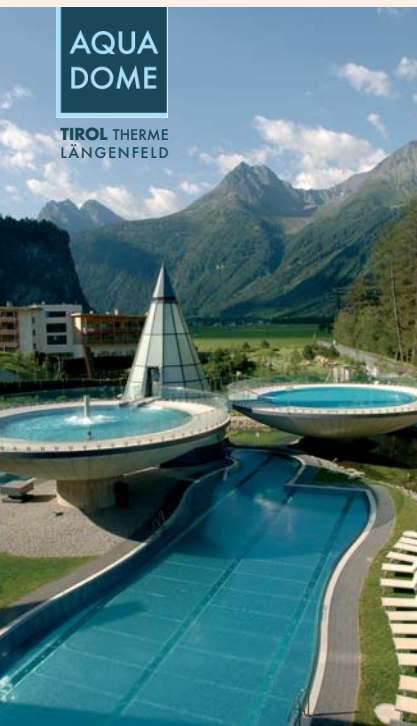
Mountains & Spa – Opposites attract!

Sat - Thu: 9:00 am - 11:00 pm

Fri: 9:00 am - midnight

More details and news at:  
[www.aqua-dome.at](http://www.aqua-dome.at)

**AQUA DOME -**  
Tirol Therme Längenfeld  
Oberlängenfeld 140  
A-6444 Längenfeld  
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F +43 5253 6400 480  
[office@aqua-dome.at](mailto:office@aqua-dome.at)  
[www.aqua-dome.at](http://www.aqua-dome.at)



**AQUA  
DOME**

**TIROL THERME  
LÄNGENFELD**



# Ötztal Hiking Recommendations

## Start Haiming-Sattele:

(accessible from Haimingerberg and Ochsengarten) - from Sattele (1690 m) via Felldringer Alm the trail ascends moderately to Faltegartenköpfl at 2184 m. Weather conditions permitting you can see the Inntal valley from Telfs to Karres, the Mieminger Plateau, Tschirgant, Acherkogel and Pirchkogel. A wonderful panorama view!

## Start Sautens:

### Drei-Kirchenblick Loop Trail

Past the church, along the forest edge to "Drei-Kirchenblick" vantage point (three churches), follow the forest path. Back to the village via Silbergasse or along the sled run (in winter). Walking time: 1 hour. Worth seeing: dreamlike view of Sautens, Oetz and Oetzerau. Ideal for families (resting areas and playgrounds).

## Start Oetz:

### Adventure Trail to Lake Piburger See:

The route travels via "Elsinger Weg" walking path from Oetz to lake Piburger See. **Starting point:** Oetz Information Office. From the village center across the bridge (Piburgerbrücke) - turn left after the carpenter's house and follow the broad forest trail up to lake Piburger See. Walking time: approx. 2 hrs; **Worth seeing:** Natural spring at "Kohlstatt" area Flora and fauna along the lakeshore Great panoramic views of the lake from "Seejöchl" area; **Stopover:** Inns/restaurants in the hamlet of Piburg;

## Start Umhausen:

Umhausen - Stuiböbele - Stuibenfall - Gasthof Stuibenfall - Niederthai - Umhausen. Starting point is the church in

Umhausen, walking time about 4 hours, highest point 1550 m; sturdy shoes required. Stopover: Waldcafe Stuiböbele, Gasthof Stuibenfall and inns in Niederthai. **Highlights:** Stuibenfall, Tirol's biggest waterfall (159 m), viewing platforms, loop trail.

## Start Niederthai:

Niederthai - Larstigalm - Bergmähder - Sennhof - Niederthai. From Niederthai along the right shores of Horlachbach and along a moderately climbing trail to Larstigalm. Return across Horlachbach and along a wide path through lush meadows via Sennhof farm to Niederthai. **Walking time:** 2-2.5 hours

## Start Längenfeld - Huben:

Starting point is Huben, walking time about 2 hours, highest point 1400 m, easy footpath. **Stopovers:** inns in Burgstein and Längenfeld. **Highlights:** beautiful views of Huben and Längenfeld. From Huben walk along the river shores to the hamlet of Runhof; cross the street and follow the road to Burgstein; continue along the old road to Längenfeld.

## Start Gries:

### Loop Hiking Trail

Turn left at Gst. Alpenfriede (end of the village), continue along the footpath to Winnebach road, across the small bridge. Follow the trail to the forest edge and the road to Sulztal. Northwards along the left Fischbach shore. Return to Gries.

**Walking time:** about 1 1/2 hours.

**Stopover:** Gasthof Winnebach

continued on page 14

**Start Sölden:****Panorama Trail**

From Gaislachkogel base terminal to Unterwald, further on to glacier road and the "Infang" junction. Follow the forest trail on the right (slightly descending) until you reach Bichl. Return along the road to the center of Sölden. **Walking time:** about 1 1/2 - 2 hours. **Worth seeing:** panoramic view of Sölden and the mountains.

**Start Obergurgl/Hochgurgl:****Obergurgl-Seenplatte-Küppelealm**

Across the bridge at the edge of the village, steep ascent to lake Soomsee (2500m). High-altitude trail via Lehnerkar to Küppelealm (Ramolweg trail). Return to Obergurgl. **Walking time:** about 3 1/2 hours. **Worth seeing:** scenic view of Obergurgl and its glaciers.

**Start Vent:****Vent-Ochsenkopf-Hörnle-Vent**

Towards Martin-Busch-Hütte you turn right at the first elevation. Across dwarf pine areas to Ochsenkopf. Winding trail up to Hörnle area. **Walking time:** about 2 hours. **Worth seeing:** unique view of Vent and the Stubai Alps.



Photo: Almhof Mareil

**Almhof Mareil**

**Ochsengarten - 1.748 m / map p. 12** 

Fam. Leitner Hubert

A-6433 Oetz, Ochsengarten 22

T +43 664 3823878, F +43 (0)5266 87419

T +43 664 3834270, hubert.leitner34@aon.at

☀ **Summer:** Whitsun – 1st Sunday in Oct., 🛏 12 beds, 🍷 Tirolean specialties, fresh farm products, fish pond, several farm animals, playground.

❄ **Winter:** self-catering house for 16 - 26 persons, 🚠 from Kühtai: via Kaiser-Franz-Josef trail, 🚡 Hochoetz: via Knappenweg trail, 🚡 Sattelle: via Marlstain, 🚗 along L237 federal road



Photo Bernd Ritschel

## Mountain Guide Offices in the Ötztal

### ASC Bergführerbüro

#### Längenfeld

T +43 (0) 664 5016864

[www.alpinesportsclub.at](http://www.alpinesportsclub.at)

### Bergsport & Erlebnisschule

#### Sölden

T +43 (0) 5254 236416

F +43 (0) 5254 3171

[www.bergfuehrer-soelden.com](http://www.bergfuehrer-soelden.com)

### Vacancia Outdoor

T +43 (0) 5254 3100

[www.vacancia.at](http://www.vacancia.at)

### Bergführerstelle Vent

T +43 (0) 5254 8106

[www.bergfuehrer-vent.at](http://www.bergfuehrer-vent.at)

### Alpinerlebnis Vent

T +43 (0) 5254 8108

[www.alpinerlebnis.at](http://www.alpinerlebnis.at)

### Bergführerstelle Obergurgl

T +43 (0) 5256 6236

[www.bergfuehrer-obergurgl.at](http://www.bergfuehrer-obergurgl.at)

### Bergsport Oetztal

T +43 (0) 5252 20068

[www.bergsport-oetztal.com](http://www.bergsport-oetztal.com)

## General Information Walking/Hiking Trails

### WALKING TRAILS

Easily accessible walking routes, broad paths with little change in altitude (ascents / descents).

**Hiking requirements:** No previous hiking experiences or special equipment needed.

#### ● Red Mountain Trail

Narrow routes of intermediate difficulty with steep sections; secured footpaths or short climbing sections.

**Hiking requirements:** Alpine experience, good physical shape, surefootedness and mountaineering equipment required.

#### ● Black Mountain Trail

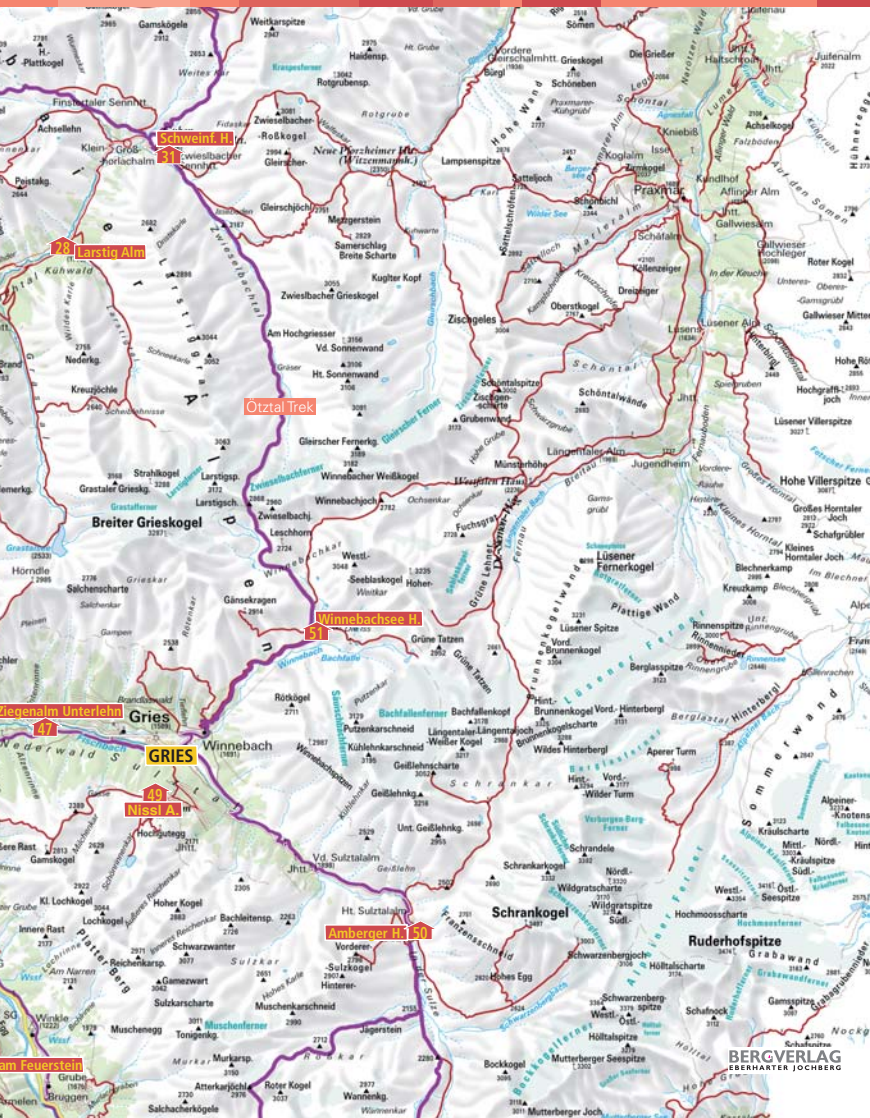
Very difficult and narrow paths with many steep sections and precipices; secured footpaths and longer climbing sections.

**Hiking requirements:** enough Alpine experience, excellent stamina, surefootedness, a good head for heights and expert hiking equipment absolutely required.

Fotos: Nösig









## Balbach Alm

Hochoetz - 1.957 m / map p. 12



Georg Schöpf, A-6432 Sautens  
Haderlehnerstraße 26

T+F 43 (0)5252 6026 oder 6157

balbachalm@aon.at,

www.balbachalm.at

☀ **Summer:** end of May - mid Oct,

**Winter:** mid Dec - mid Apr

🛏 20-bed dormitory,

from € 25 / half-board

🍴 mainly Tirolean meals

🚡 Via Acherkogelbahn to Hochoetz. From the top station along a well-maintained and easy footpath to Balbach Alm, T: 20 min, suitable for families.

🚗 by car or taxi to Ochsendgarten, along a steep trail to Balbach Alm, T: 1 hour; alternatively along a wide forest trail to Balbach Alm, T: 2.5 hours.

**The hut:** beautiful sun terrace, cozy parlor, shower, TV, playground

**Alternative routes:** via gondola from Oetz to Hochoetz; from here to Bielefelderhütte (approx. 30min.), on towards Wetterkreuz (1 hour), at the crossing (sign to Balbach Alm) take the signposted trail down to Balbach Alm (approx. 45min.) or by bus / car towards Kühtaile; at the bridge after the turn-off to Alpengasthof Mareil the trail first climbs steeply and then travels along a wide path to Balbach Alm (2.5 hours).



## Kühtaile Alm

Hochoetz - 1.988 m / map p. 12



Fam. Schöpf, A-6433 Oetz, Habichen 2a

T +43 (0)664 4346882

kuehtaile\_alm@gmx.at

www.kuehtaile-alm.at

☀ **Summer:** June - end of September

**Winter:** Christmas - Easter

🛏 approx. 20 guests,

double room and multi-bedrooms

🍴 Tirolean food

🚡 easily accessible on foot from the Hochoetz top station, T: approx. 15 min.

🚡 from the top station via "Rotes Wandl", T: approx. 30 min

🚗 from Ochsendgarten, T: approx. 1.5 hrs

**New Kühtaile Alm:** relax on the sun terrace, enjoy the wonderful views and great Tirolean specialties! Summer: trampoline and playground for children at the hut. Overnight stay for 20 persons in a holiday apartment.

**Old Kühtaile Alm:** renovated self-catering hut sleeping up to 15 guests. Superb location amid the Hochoetz ski and hiking area!



**ÖTZ  
TAL****HOCH  
OETZ**

## HOCHOETZ – A HIKABLE PASTURELAND

Right at the entrance to the Ötztal valley a truly unique Alpine paradise is waiting for all hiking fans and mountain enthusiasts. Stunning peaks offer great vistas, guaranteeing endless adventures for the whole family.

- Perfectly maintained network of trails: ranging from routes suitable for baby carriages to challenging peak tours!
- Knappenweg Theme Trail Kühtai – Ochsegarten – Hochoetz
- Trail of Senses within the Hochoetz pasturelands
- Quaint mountain huts: Bielefelder Hütte, Balbachalm, Acherbergalm und Kühtailealm
- Panorama Restaurant with large subathing terrace
- Web cams at [www.hochoetz.at](http://www.hochoetz.at)



### 2010 SUMMER HIGHLIGHTS

- 11 Jul: Musiktruchn Music Festival
- 22 Aug: Pasture & Mountain Fest
- 19 Sep: Oktoberfest feat. „Pfund Kerle“

### OPERATING TIMES

03 JUN 2010 - 10 OCT 2010

Daily 09.00 am – 12.00 noon + 12.45 pm – 4.30 pm

Lunchtime break 12.00 noon – 12.45 pm

### ALMENREGION HOCHOETZ

6433 Oetz T +43 (0) 5252 6385 F +43 (0) 5252 6385 15

[info@hochoetz.at](mailto:info@hochoetz.at) [www.hochoetz.at](http://www.hochoetz.at)



Photo: private Scheiring



## Berggasthof Schönblick

Oetz - 1.400 m / map p. 12



Fam. Georg Scheiring  
 A-6433 Oetz, Oetzberg 50  
 T +43 (0)5252 6810 oder  
 T +43 (0)650 7018237  
 www.berggasthof-schoenblick.at  
 ☺ open throughout the year  
 🛏 Apartment sleeping 4 - 10 people  
 🍽 hot meals all day, Tirolean specialties

🚗 from Oetz, **length:** 6 km -  
 accessible in summer and winter  
 🚠 from Oetz - Schlatt - Windegg to  
 the snack station, **T:** approx. 2 hours. or  
 🚠 from Oetzerau - along many steps  
 to the snack station, **T:** approx. 1.5  
 hours or 🚠 from Sautens - Oetzerau  
 to the snack station, **T:** approx. 2.5  
 hours, from the Habichen swimming  
 baths to the snack station, **T:** approx.  
 2.5 hours  
 🚠 gondola to Hoch-Oetz an via  
 Kühtaile Alm or Acherbergalm to the  
 snack station, **T:** approx. 1.5 hours

**New:** Ski run to the hut, snow guns ensure perfect conditions, winter hiking trail. From the sun terrace you have fantastic views of the Ötztal and the surrounding mountains. Where summer is at home and winter is no coincidence.

Photo DAV Sektion Bielefeld



## Neue Bielefelder Hütte

Hochoetz - 2.112 m / map p. 12



DAV Sektion Bielefeld  
 Tenant: Werner Schöpf  
 A-6433 Oetz, Dorfstraße 43  
 bielefelderhuetten@gmx.at  
 T Hut: +43 (0)5252 6926  
 T Valley: +43 (0)5252 6101  
 ☺ **Summer:** mid June - beginning of Oct  
 ☺ **Winter:** Christmas - Easter  
 🛏 beds (34), mattresses (27)  
 🍽 Tirolean cuisine



🌞 Large sun terrace, wonderful views of the Stubai, Ötztal and Lechtal Alps. A great selection of walks with many variations. Rossköpfe 2398 m - Wetterkreuz 2591 m - Windegg 2644 m - Acherkogel 3008 m

🚠 Acherkogelbahn lift to Hochoetz from the top station the trail climbs to the hut, **T:** 20 min

**Alternatively:** Bus Oetz - Ochsen-  
 garten, on along a steep trail via  
 Balbach Alm and Kühtaile Alm to the  
 hut, **T:** 2 hours

Photo Archives Acherberg-Alm



## Acherberg Alm

Hochoetz - 1.888 m / map p. 12

10

Elli and Gotthard Frischmann

A-6464 Tarrenz, Strad 14

T +43 (0)650 2317585

☉ Beginning of June - beginning of Oct.

🍴 All day hot meals

**Specialty:** homemade cheese and butter

🚶 via Acherkogelbahn to Hochoetz, along a road, T: approx. 30min

🚶 from Otz (swimming baths) along a signposted trail to the hut, T: 3 hours

**The hut:** wonderful views of the upper Ötztal and parts of the upper Inntal.

Photo: Archives Feldring Alm



## Feldring Alm

Haiming-Ochsen Garten - 1.888 m / map p. 12

03

Matthias Neurauter

A-6433 Oetz, Ochsen Garten 37

T +43 (0)5252 6203, F +43 (0)5252 6612

info@marlstein.com, www.marlstein.com

☉ June - late October, no closing day

🍴 Regional delights, fresh products from local farms

🚶 Hut taxi on request, ideal for groups up to 35 persons

🚶 Sattelle - Feldringalm trail no 10, Hm:

190, T: 45 min., 🚶 Marlstein

- Faltegartenkögele - Feldringalm, Marlstein trail no.10, altitude gain: 380, T: 3.5 hours.



Photo: Ötztal Tourismus



## Erlangerhütte

Umhausen - 2.550 m / map p. 16-17 23

DAV Sektion Erlangen e. V

Tenant: Christian Rimml

A-6481 St. Leonhard/Pitztal, Piösmes 248

rimmlchristian@gmx.at

T +43 (0)664 3920268

www.erlangerhuette.de

www.alpenverein-erlangen.de

☀ **Summer:** end of June to late Sept

🛏 beds (8), mattresses (40)

🚶 **lamb roast, regional meals, regional ingredients**

Specialty: lamb roast and ragout of wild goat. Member of DAV campaign ("Taste of the Mountains")

🚶 from Umhausen (1031 m) via Vorderer Leierstalalm (1798 m) approx.

4-5 hours (or by taxi to Vorderer Leierstalalm, approx. 2 hours)

🚶 from Tumpen (936 m) via Gehsteigalm (200 m), approx. 5 hours (or by taxi to Gehsteigalm, then approx. 3 hours)

🚶 from Roppen in the Oberinntal (706 m) to Maisalm (1634 m, privately owned and run), approx. 2 hours and from there along Forchheimer trail, approx. 6 hours

🚶 with the hut's taxi to Leierstalalm, on by foot, difference in **altitude:** 750 m, T: 1.5 hours



## Jausenstation Bichl

Niederthai - 1.600 m / map p. 16-17 32

Fam. Holz knecht, A-6441 Niederthai

T +43 (0)5255 5532

F +43 (0)5255 5532-33

bichl@riml.at, www.riml.com

☀ **Summer:** mid June - mid Oct,

**Winter:** mid Dec - Easter

🍽 Hot meals, snacks and refreshing drinks

🚶 for families easily accessible by car

🚶 short walk from the Niederthai village center

🚶 direct walking trail via Stuibenfall to Bichl

Trailhead for several walks and hikes (Narrenkogel peak, etc.), nice and safe destination also in bad weather.

**The Hut:** The hosts Hansjörg and Andrea serve tasty Tirolean specialties on the homey terrace or in the cozy Bichl-Stuben. Children's playground.

Dreamlike views of the central Ötztal valley and the majestic mountains.

Group special: "a room dedicated to leisure time" for seminars, workshops, all kinds of lectures.

Photo: private Falkner-Gigon



## Gasthof Stuibenfall

Niederthai - 1.482 m / map p. 16-17 **26**

Fam. Falkner-Gigon

A-6441 Umhausen, Niederthai 47

T +43 (0)5255 5512

F +43 (0)5255 5823

info@stuibenfall.at, www.stuibenfall.at

☺ **Summer:** May - October

**Winter:** Christmas - Easter

Sometimes closed on Tuesday

🍷 12 double rooms with shower/WC

3 family apartments

🍴 Regional meals, fresh trout, open all day, hot meals from noon to 2pm and 6pm to 8.30pm

➔ **A:** Umhausen - Ötzi-Dorf, at the waterfall along the footpath, above Stuibenfall it's about 5 min. to the inn (paths no: 100, 21, 19), **altitude gain:** 400 m, **2;** **Return:** old road or forest trail - Höfle.

➔ **A:** Umhausen to the inn (parking spaces available). Accessible in summer and winter; **length:** 7km, **altitude gain:** 500m.

**Inn:** old Tirolean inn with sun terrace overlooking the Ötztal Alps, cozy parlors, new wellness area.

**New:** Via ferrata next to the waterfall

**Winter:** cross-country skiing, snowshoeing

Photo Rhomberg



## Larstighof Alm

Niederthai - 1.778 m / map p. 16-17 **28**

Fam. Scheiber

A-6441 Umhausen, Niederthai 25

T +43 (0)5255 5178 (Hütte)

T + F +43 (0)5255 5590 (Tal)

larstighof@aon.at

☺ **Summer:** from mid June - mid Oct

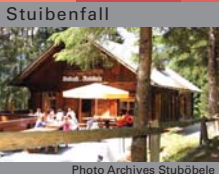
**Winter:** from 26 Dec (11am to 5pm) to Easter Monday

Winter closed on Mondays

🍴 Own farm produce, dumpling specialties

➔ **A** from Niederthai from the **P** at the information office; gently climbing footpath along the shores of Horlachbach, suitable for baby carriages, easy; ➔ via Sonnenweg trail, or ➔ through the forest past Grastalfeld to Larstighofalm, **altitude gain:** 228 m, **L:** 4 km, **T:** 1 hr, **1.** ➔ **A** taxi by prior arrangement; ➔ **A** from Umhausen via Hirschbergweg - pasture trail to Larstighofalm, **L:** 10km, **altitude gain:** 740 m

**The hut:** playground, petting zoo, sun terrace, daily fresh milk, parties welcome, winter trail to the hut, great outing destination even in not so good weather, safe ascent on the normal route. In the winter groomed sled track.



Stuibenfall

Photo Archives Stuböbele

## Waldcafé Stuböbele

Umhausen - 1.150 m / map p. 16-17 **21**

Fam. Marko Wilhelm  
A-6441 Umhausen, Tauferpuit 7  
T +43 (0)5255 5552 or +43 (0)664 4013663  
☉ **Summer:** May - end of October, **Winter:** December - March **T** All day hot meals, Tirolean specialties, hut parties by prior arrangement ☉ Quaint snack station on the way to Stuibenfall, with terrace and playground

🚶🏻 easily accessible from Ötztal, T: approx. 20 min. or 🚶🏻 via the Waalweg, T: approx. 40 min. 🚶🏻 from Umhausen along the panorama trail or the Lehrpfad, T: 1 hour



## Schweinfurter Hütte

Niederthai - 2.036 m / map p. 16-17 **31**

Fam. Falkner, Niederthai 85, A-6441 Niederthai T/F +43 (0)5255 50029, T valley: +43 (0)5255 5630, T +43 (0)664 8276754 Schweinfurter-huette@aon.at ☉ **Su:** mid Jun - early Oct **Wi:** Christmas - mid Feb (by day); mid Feb - late Apr (overnight) **🛏** 17 beds, 37 dorm beds, 12 winter room beds 🚶🏻 from Niederthai **P** at information office - hiking trail to the hut via Horlachtal, T: 2 hrs, L: 7 km, **altitude gain:** 500m 🚶🏻 Umhausen via Hirschberg trail, L: 13 km, **altitude gain:** 1.000m, 🚶🏻 Niederthai, L: 7 km, **altitude gain:** 500m



## Jausenstation Wiesle

Längenfeld - 1.535 m / map p. 16-17 **33**

Alexander Holzknecht  
A-6444 Längenfeld, Wiesle 72  
T +43 (0)664 4453430  
**Private:** A-6444 Längenfeld, Winklen 215  
T +43 (0)5253 6282  
☉ mid may to mid October, no closing day  
🍴 warm meals, snacks, mostly fresh products from local farms  
☀ Sunny terrace, playground, via ferrata nearby, groups welcome

🚶🏻 from Niederthai also suitable for prams, T: 1 hour, from Nößlach chapel via steep and narrow hiking path, T: 1 1/4 hours,  
🚶🏻 from Umhausen towards Niederthai to Panorama car park, easy foot-path, **Remaining T:** approx. 1 hour

**Crossings:** Hemerach Alpe **2**.  
**Peak tours:** Hemer Kogel **3**.

Photo: Archives Holzknecht: E.



## Wurzbergalm

Längenfeld - 1.573 m / map p. 16-17 **34**

Erich Holzknecht, A-6444 Längenfeld Unterried 69, +43 (0)664 9858307  
**T + F** +43 (0)5253 5309 ☺ **Summer:** beginning of June to beginning of October  
**Winter:** Christmas to Easter depending on snow conditions; no closing day 🍷 traditional Tirolean home cooking, farm owners  
 🛏 approx. 10 beds; 🚶🏻 Längenfeld: between Unterried and Winklen to the parking area, slightly climbing forest trail, T: approx. 1.5 hrs 🚶🏻 from Köfels along an easy elevation path, T: approx. 3/4 - 1 hrs, 📍 Köfels subject to charge 🚗 by taxi 🚶🏻 official route from the Winklen car park, **2** **The hut:** very quiet location, easily accessible, sled track in winter.

Photo Archives Stabele Alm



## Jausenstation Stabele Alm

Längenfeld - 1.908 m / map p. 16-17 **35**

Beni und Marisa Gstrein  
 A-6444 Längenfeld, Unterlängenfeld 9  
**T** +43 (0)664 5004375, **F** +43 (0)5253 6312  
 T Valley: +43 (0)5253 6312, ☺ Mid June to end of Sept. 🍷 R Good food at moderate prices 🛏 14 beds, 1 dorm 🚶🏻 **A:** Köfels - Wurzbergalm - Stabele Alm, T: approx. 3.5 hours, **1**, 🚶🏻 **A:** Köfels - Wurzbergalm - Stabele Alm, T: approx. 3 hours, **1** 🚶🏻 **A:** Lehn - Stabele A., T: approx. 2 hours, **2** 🚶🏻 **A:** Längenf. - Hauersee - Stabele A., T: approx., 4.5 hours, **3** 🚶🏻 Winklen, L: 10km, T: 2.5 hours, **altitude gain:** 700m, difficult



Photo Ötztal Tourismus



Photo Ötztaler Fotostudio

## Innerbergalm

Längenfeld - 1.946 m / map p. 16-17 **36**

Fam. Holzknecht Franz-Josef & Karin  
 A-6444 Längenfeld, Unterried 38a  
**T** +43 (0)664 9466998 or  
**T + F** +43 (0)5253 5988, 🛏 12 dorm beds  
 ☺ End of June - end of September  
 🍷 All day hot meals, cold cuts, homemade cakes, Kaiserschmarren  
 🚶🏻 Längenfeld via Pestkapelle - Hauersee - Innerbergalm, T: 4 hours, **3**  
 ☀ sun terrace (approx. 40 guests) overlooking the majestic Ötztal mountains, fantastic views, playground in front of the hut.



## Alpengh. am Feuerstein

Längenfeld - 1.535 m / map p. 16-17

38

Sabine and Manfred Santer  
A-6444 Längenfeld, Huben 240

T +43 (0)5253 20120

F +43 (0)5253 20120-20

T +43 (0)664 1822708 (mobile)

info@amfeuerstein.at

www.amfeuerstein.at

☉ **Summer:** June - mid October

**Winter:** mid December – mid April,  
closed on Tuesdays

↗ from Huben sports area – new,  
floodlit walking trail, T: 1 hour

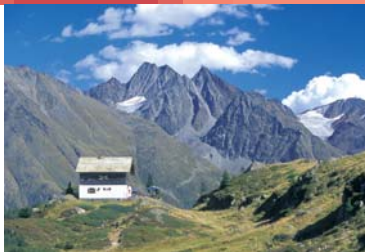
**The hut:** in summer the Alpengasthof is open daily 11.00 am to 6.00 pm, warm meals served from 11.30 am. Pig roast every Wednesday from 6.00 pm. Special highlight: "Fleur de Sel" gourmet corner in the wine cellar where gourmet menus are served on Fridays (advance booking required).

Attractions: floodlit night walking route, viewing platform, precious little chapel!

The Alpengasthof also makes a perfect location for weddings, anniversaries, etc.

Two seminar rooms suitable for meetings.

**Crossings:** Pollestal valley, on the bike approx. 1 hour to the hut or further on to Rettenbach glacier (signposted trail) or via Polles to Hahlkogelhaus and back to Huben  
T: 2 hours each route



## Hahlkogelhaus

Längenf./Huben - 2.042 m / map p. 16-17

46

Tenant: Marlies Marwan

A-6444 Längenfeld, Huben 16

T +43 (0)5253 5897

T +43 (0)664 1130754

☉ Mid June - end of September

🛏 beds (7), please call ahead

🍲 traditional Tirolean home cooking

☀ sun terrace, beautiful views, high moor 5 minutes away, mountain lake 45 minutes, Hahlkogel 1.5 hours. Descent via Polltal, Breitlehn or Polles-Alm

↗ Huben Fun Park, T: 2.5 hours. The Ötztal Pasture Trail leads across the forest and past Alpine rose fields to the hut. Good physical shape required. Trail start at Huben Nature Campsite, T: 2.5 hours

**Crossings and peak tours:** Rüsselsheimer Hütte, Braunschweiger Hütte, Hahlkogel, Breitlehnekogel;

**The hut:** privately run hut at Ötztal's Geigenkamm, in the foothills of Hahlkogel. Located at the edge of a scenic plateau with great views of the central Ötztal and the 3,000m peaks.



Photo Jst. Siggli-Fam. - Reindl



## Jausenstation Siggli

Burgstein - 1.474 m / map p. 16-17 40

Familie Reindl, A-6444 Längenfeld, Burgstein 63, T + F +43 (0)5253 5397, [www.burgstein.at](http://www.burgstein.at)

☉ open throughout the year  
 🍷 traditional Tirolean home cooking  
 🚶🏔️ from Längenfeld (center) via a forest trail to Burgstein, T: 1 hr  
 🚶🚗 from Huben via Runhof to Burgstein (road), T: approx. 1.5 hrs

**The snack station:** an old farmhouse with a cozy parlor and a beautiful beer garden where you can relax over a drink and good food. Sample homemade Kaiserschmarrn, cold cuts or enjoy a cup of coffee.

Photo Archives Nissl Alm



## Jausenstation Nissl Alm

Längenf./Gries - 2.045 m / map p. 16-17 49

Albrich & Albertina Haller  
 A-6444 Längenfeld, Winkle 38  
 T +43 (0)676 5618561

☉ open all year, hot and cold meals served all day long; 🛏️ Overnight stays are not possible; 🍷 Scenic destination also in the winter, toboggan run, 🚶🏔️ T: 1.5 hrs, A: Gamskogel peak 2,813 m, Schönrippen-karsee lake 2,353 m.

Photo Klockler digital



## Breitlehn Alm

Längenfeld - 1.874 m / map p. 16-17 44

Hans Koll, A-6444 Längenfeld-Huben, Gottsgut 82, T +43 (0)5253 5665  
 F +43 (0) 5253 5665, T +43 (0)676 3372080

☉ 20 Jun - approx. 30 Sep  
 🍷 hot meals all day long, butter milk, scrambled pancake, homemade sweets, barley soup, homemade sausage, muesli  
 🍷 via ferrata at approx. 1200 m 🚶🏔️ A: Huben Fun Park, gravel trail (cars) with shortcut via Polltal-Alm, walking path to Mühl-Alm, **altitude gain:** 600 T: approx. 2 hrs, **1** 🚶🚗 only by taxi; 🚶🚗 official trail from Huben Fun Park, L: 7.5km, T: 1.5 hrs, **altitude gain:** 600, **gradient:** 13%.

©Verlag Photo Lohmann Oetiz



## Ziegenalm Unterlehn

Gries - 1.474 m / map p. 16-17 47

Fam. Gleirscher, A-6444 Längenfeld Gries 3, T +43 (0)676 4243348, T +43 (0)5253 64818 [wildbach@egerdach.at](mailto:wildbach@egerdach.at), [www.egerdach.at](http://www.egerdach.at)

☉ **Summer:** early May - Oct, **Winter:** no closing day 🍷 Traditional Tirolean meals, fresh farm products, goat milk delights, homemade honey; 🛏️ approx. 10 persons;

🚶🏔️ from Längenfeld, T: approx. 1 hr 🚶🏔️ from Gries 20 min, nice hiking tour 🚶🚗 directly to the farm 🅇 available; **The hut:** scenic location on a rushing brook, splendid sunbathing terrace  
 🍷 Folk music, St. Mary's chapel

Photo privat Riml Nina



## Winnebachseehütte



Längenf./Gries - 2.362 m / map p. 16-17 **51**

Fam. Michael Riml  
A-6444 Längenfeld/Gries  
T + F +43 (0)5253 5197oder  
T +43 (0)5253 5966 (Tal)  
winnebachseehuette@aon.at

☉ **Summer:** end of June to beginning of Oct. **Winter:** beginning of March to beginning of May

🛏 beds and dorm, luggage transport for overnight guests possible

🚶 trail to the hut, T: 2 hrs

**The hut:** a quaint and cozy mountain hut with a friendly atmosphere. Wonderful location at Lake Winnebachsee, surrounded by mighty peaks, near an impressive waterfall. Great outing destination for families and hut hikers. In the summer great base for mountaineers, in the winter for ski mountaineers.

Climbing garden in vicinity to the hut.

**Crossings:** Schweinfurter Hütte approx. 5 hrs, Westfaltenhaus approx. 3 hrs, Amberger Hütte (glacier experience required) approx. 5 hrs.

**Peaks:** Gänsekragen approx. 1.5 - 2 hrs, Hoher Seebaskogel approx. 3 hrs. With previous mountaineering experience and glacier equipment: Breiter Grieskogel approx. 3-4 hrs, Winnebacher Weißkogel approx. 3-4 hrs, Hohe Winnebachspitze approx. 3 hrs, Bachfallenkopf approx. 3 hrs (easy climbing in the upper part)

Photo Peter Freiburger



## Amberger Hütte



Gries im Ötzt. - 2.136 m / map p. 16-17 **50**

Tenant: Gstrein Serafin & family  
A-6450 Sölden, Seestr. 10  
T +43 (0)5253 5605  
T +43 (0)5254 30354 Valley  
info@seldon.at

www.ambergerhütte.at  
☉ **Summer:** beginning of June - beginning of Oct.

**Winter:** Christmas and beginning of February - beginning of May  
🛏 beds (8), mattress dorm (60), winter room with dorm beds (16)

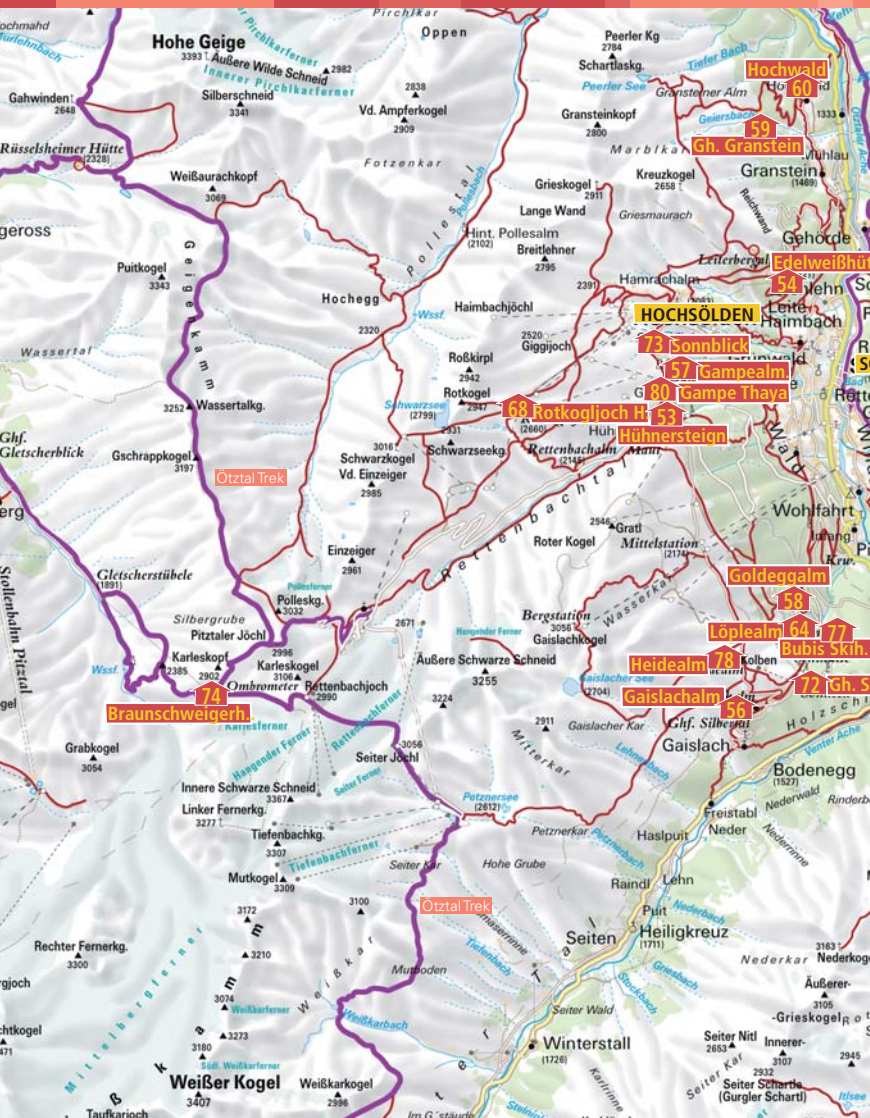
🚶🚗 parking lot at the end of Gries, along a road to the hut; **altitude gain:** 560 m, L: 6 km, T: 2 hrs., **1**

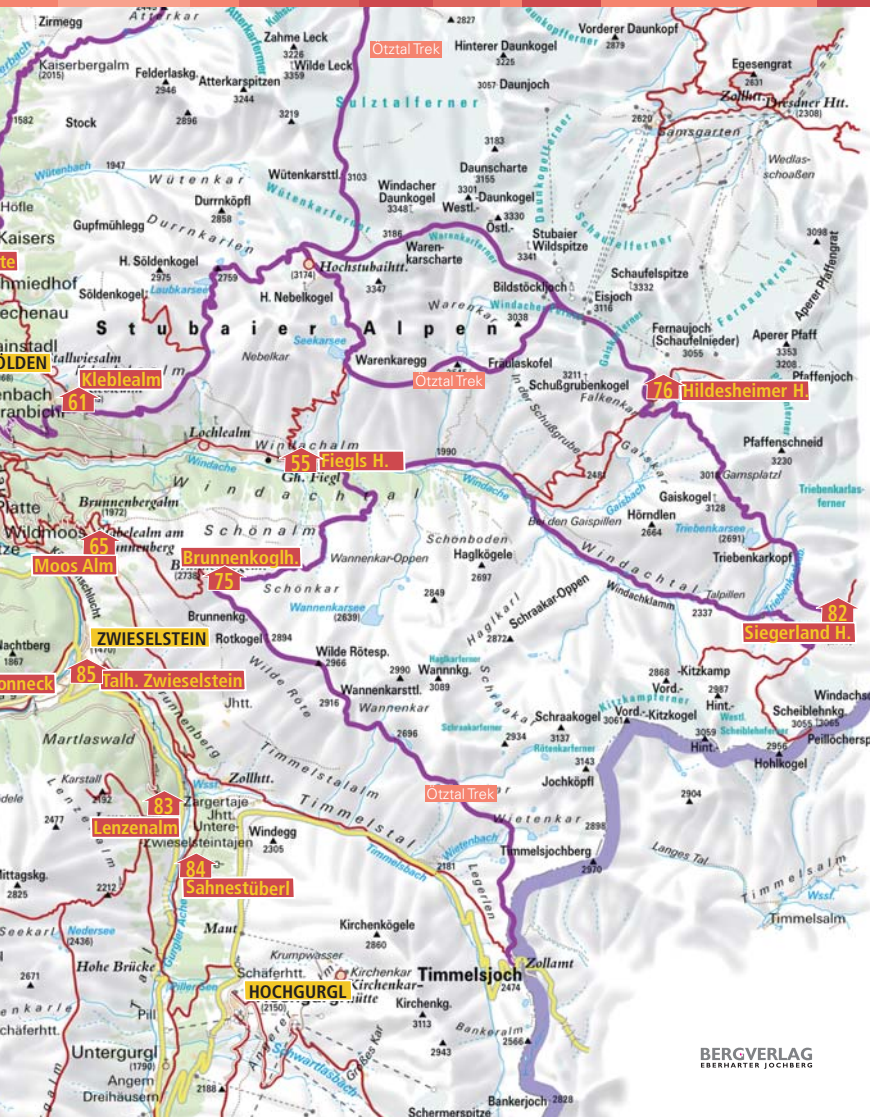
🚶🚲 Official route, **altitude gain:** 560 m, **gradient:** 12%, **2**

**The hut:** in the winter the hut is an ideal base for wonderful ski mountaineering tours, in the summer for great mountain and glacier hikes. The hut is easily accessible and makes for a great sledding outing in the winter; in the summer ideal outing destination for families. The team is looking forward to welcoming you!

**Crossings and peak tours:** Schrankogel, Hinterer Daunkopf, Windacher Daunkogel, Wilde Leck, Kuhscheibe, Sulzkogel etc.







## The most beautiful high elevation trails

### Tiefenbach - Vent Panorama Trail

Beautiful high alpine panorama trail from 2800 m to 1900 m. Starting point is the **P** of Tiefenbach glacier. This wonderful trail is suitable for all sure-footed walkers. This hike is recommended in good and stable weather conditions only. L: 11 km, T: 4-5 hrs. Tip: the "Hiking Ticket" includes the bus ride from Sölden to Tiefenbach glacier plus toll fee, and bus ride from Vent - Sölden. The ticket can be bought in the bus.

### Dr. Bachmann Weg

Wonderful hike in a quiet and peaceful mountain region. Chairlift - Hochsölden - Dr. Bachmannweg - Lake Peerler See - Hochwald - Granstein - Sölden. Starting point: Hochsölden, Walking times: 2.5 hrs to Peerler See; 1.5 hrs to Hochwald, 1.5 hrs back to Sölden.

### Hochstubaï Panorama Trail or Timmelsjoch - Sölden Trail

From Rasthaus Timmelsjoch (2474 m) the trail climbs moderately in a northern direction past several small ponds. Cross Wietenkar and Rötenkar to get to Unteres Wannenkarsattel. The trail now climbs steeply to Wannenkarsattel (2916 m). Fantastic views of the crystal-clear Lake Wannenkarsee. The trail leads along the ridge to Wilden-Röte Spitze (2966 m), the highest point of this panorama trail. Continue to Rotkogel (2894 m) and via Hinterer and Vorderer Brunnenkogel to Brunnenkogelhaus

(2738 m). Some parts of the trail use steel cables for protection. Walking time 4 hours. Difference in altitude: 344 m. (Sure-footedness and a good head for heights are required.) Descent to Sölden: 2 hrs

### Seenplatte (2500 m)

The beautiful trail leads across the Pirchhütter creek and on to the Seenplatte. The steep but scenic mountain slopes with their lush green meadows makes for a perfect picnic stop. Walking time: from Obergurgl (1930m): 2.5 hrs one way.

### Gurgl - Ramoljoch - Vent

From Obergurgl the trail first climbs steeply via Achbrücke towards "Beilstein" then to Kuppele-Schäferhütte; continue to Ramolhaus and via Ramolferner through very rocky fields in about 30 minutes to the access point of Ramoljoch. From here a trail with steel cables and ladders leads to Ramoljoch. From Ramoljoch first climb down through very steep and rocky terrain, then along an easier trail to Ramolalm. Continue down to Vent. Do this hike in good weather and with the appropriate alpine equipment only. Sure-footedness and a good head for heights are required.

From Obergurgl to Ramolhaus: 3 - 4 hrs; from Ramolhaus to Ramoljoch: approx. 1 hr; Ramoljoch - Vent: 3.5 - 4 hrs.

**Waalweg Fundus**

Starting at Frischmannhütte you head towards the upper Fundustal, proceed in eastern direction to Köfler Scharte at 2088m above sea level, then north-eastwards to Hintere Fundusalm. The Waalweg in the upper part of Fundustal is really unique thanks to its exposed location above the timberline and the scenic landscape (more than 50% covered with detritus of primary rocks) Perfectly signposted!

Walking time: 1.5 hours

**Schweinfurter Hütte - Winnebachseehütte**

From Niederthai towards Schweinfurter Hütte and uphill across Zwieselbachtal valley. Keep to Zwieselbach glacier before you reach the ridge, crossing the tiring stone area. The highest point of the tour is Zwieselbachjoch at 2868m. After the ridge you continue downhill (steep!) on gravel fields to Winnebachkar cirque and further on to Winnebachseehütte.

Walking time: 6 hours

**Forchheimer Weg**

From Roppen along the broad trail to Maisalm (1,631m), follow the cart trail and footpath to Muthütte and Mutkopf (1,990m). Continue southwards on the ridge until you get to Forchheimer Bivouac (2,443m, about 2 hours from Maisalm). Down the saddle between Weiter Karkopf and Murmentenkar-spitze, descending to Weites Kar and uphill again through rocky areas to the eastern ridge of Äußerer Hoher Kogl. Downhill (south-east) towards the well-secured precipice to Erlanger Hütte (2,541m). Walking time: 7 hours, altitude gain: approx. 2000m (ascent)

**„Wilhelm Oltrogge Weg“****Hochoetz – alte Bielefelder Hütte – Achplatte – Schweinfurter Hütte**

Demanding hike for early risers.

Take the first mountain gondola to Hochoetz, follow Besinnungsweg (Trail of Senses) to the old Bielefelder Hütte. Via Achplatte and Wilhelm Oltrogge Weg to Schweinfurter Hütte.

Walking time: 7-8 hours



Photo: private Prantl



## Jausenstation Hochwald

Hochwald - 1.580 m / map p. 30-31 60

Prantl Adelgunde and Johann  
 A-6450 Sölden, Hochwald 2  
 T +43 (0)5254 2095 or  
 T +43 (0)664 9154286  
 Private: A-6450 Sölden, Kaiserstr. 21  
 F +43 (0)5254 3635  
 ☺ from 20 June to 30 September  
 🍷 all day hot meals, traditional home  
 cooking, snacks, speck,  
 Kaiserschmarren, homemade sausages

🚗🚶 by car to the snack station or on  
 foot from Sölden - Leite - Granstein -  
 Hochwald, altitude gain: 200 m, T: 3/4  
 hrs, **1**. ascend via Hochsölden chairlift  
 and then along trail No. 35a Dr. Bach-  
 mann Weg - Peerler See - Alpe Gran-  
 stein Jausenstation Hochwald -  
 Granstein - Sölden, T: approx. 3 1/2 hrs,  
**altitude gain: 380 m.**

**The hut:** old farmhouse in a quiet and  
 beautiful setting with sun terrace and  
 great views of Nederkogel and Hoch-  
 gurgl.

**Crossings:** Peerler ridge above Lake  
 Peerler See, **2**

Photo Grüner



## Gasthof Granstein

Sölden/Granstein - 1.517 m / map p. 30-31 59

Fam. Ernst Grüner, A-6450 Sölden  
 Gransteinstr. 20, T + F +43 (0)5254  
 2404 info@gasthofgranstein.com  
 www.gasthofgranstein.com  
 ☺ open throughout the year 🍷 traditio-  
 nal cooking; 🛏 total of 20 beds,  
 1 apartment, 8 double rooms, break-  
 fast/half-board, sun terrace;  
 🚗🚶 by car from Mühlau along  
 signposted road (No A3, Granstein) to  
 Gsth. Granstein  
 🚶🚶 or on foot from Sölden via  
 Leite to Granstein, T: 3/4 hr  
 🚶🚶 from Hochsölden along high eleva-  
 tion trail via Leiterbergalm to Gsth.  
 Granstein, T: 1.5 hrs

Gasthof Granstein is located at the entrance to  
 Sölden. Explore the fascinating Ötztal  
 mountains and enjoy the superb panorama  
 views!

Photo Adventure Team Tirol





Photo Archives Riml



## Sonnblick

Sölden - 2.074 m / map p. 30-31



Martin Riml GmbH, A-6450 Sölden

T +43 (0)5254 501-60

F +43 (0)5254 501-160

info@riml.at, www.riml.com

☉ **Summer:** mid June - early Oct.,

**Winter:** early Dec - mid April

🍷 warm meals, snacks and refreshing drinks

➔ by bus to Hochsölden,  
 🥾 hiking trail directly from Giggijoch top station, trails continue to Gampe Thaya, trailhead for countless walks and hikes (Rotkogeljochhütte, Edelweißhütte, etc...), also if the weather is not so good, winter hiking trail; located on the ski slope, 360°C panorama  
 ➔🚗 for families easily accessible by car/bus

**The Hut:** Enjoy Tirolean specialties on the panoramic terrace. Cozy parlors, large playground for children with many games, sand pit, swing, 20m tunnel slide, water games, petting zoo, etc. Jovial hut evenings for groups can be booked in advance.

Photo Archives Edelweißhütte



## Edelweißhütte

Sölden - 1.821 m / map p. 30-31



Arnold Peter, A-6450 Sölden

Leiterbergalm 3

T +43 (0)664 3587647 or T +43 (0)5254 2647

info@veronika-soelden.at

www.veronika-soelden.at

☉ late Jun - late Sep,

🍷 homemade Ötztal specialties, warm meals all day long!

☀️ sun terrace, stunning views, groups welcome.

➔🥾 church Sölden - Grünwald (forest walk) - Edelweißhütte, T: 1,5 hrs ➔🥾 Granstein - slightly ascending forest trail to Edelweißhütte, T: 1 hr

➔ by taxi right to the hut

➔🚗 to Hochsölden, follow panoramic trail, T: 1/2 hr ➔🚗 official route, Sölden - Granstein - slightly ascending forest trail to Edelweißhütte, T: 1 1/4 hrs **2**;

**The hut:** wonderful panoramic view of Sölden and the Ötztal!

**Peak tours:** Edelweißhütte - Hochsölden - Giggijoch - Griefkogel, **3**

# The most beautiful Vista Mountains

## Faltegartenköpfl 2184m - Ochsegarten

Follow the forest trail until you reach Feldringalm at 1,888m, along the footpath to Feldringer Böden area and the summit cross of Faltegartenköpfl (2,184m). Beautiful vantage point! Descend via Grünwaskreuz to Marlstein and along Kaiser-Franz-Josefweg trail back to the trailhead.

Starting point: Sattel, 1,690m, car park with information panel. Altitude gain: 500, trail length: 10km. Walking time: approx. 3.5 hrs (entire loop). Equipment: mountain walking equipment. Difficulty: easy walking tour. Type of trail: gravel, Alpine pastures, signposted trails (Alpine terrain).

## Blose 2536m - Sautens

The starting point is located above the Sautens parish church. From here you head across the fields to Knappensteig trail. Slightly ascending route past Knappenlöcher area and Opferstein to the fork-off into the new forest path. Uphill to the return point and along a steep forest footpath to Bärenthalhütte 1,650m (not serviced). Continue uphill on the transverse trail until you reach Karalm 2,122m (not serviced). From here you can continue further on to the picturesque Blose peak (2,536m.) Awe-inspiring views of Sautens, Oetz, Oetzerau, Hochoetz, Imst and the central Inntal valley await you here. Walking time: approx. 8 hrs (both ways).

## Wetterkreuz 2591m - Oetz

Starting point: Oetz-Hochoetz gondola, base terminal. Further on to Bielefelder Hütte (2,150m), a perfectly passable hiking trail leads to Wetterkreuz (2,591m). There are two alternative descent routes:

- 1) Return trail to Roßköpfe peaks, steeply rising footpath to Balbachalm (surefootedness required). Along Höhenweg route towards Kühtaile Alm and back to the lift station.
- 2) From Wetterkreuz back to Bielefelder Hütte and further on to Acherbergalm. Back to the lift station.

Walking time: 2.5 – 3 hours

## Fundusfeiler 3079 m - Umhausen

Starting point: Hintere Fundusalm. Leisurely hiking tour to Frischmannhütte, further on to Feilerscharte 2,926m following the steep path. From here you can proceed to the mighty peak of Fundusfeiler.

Walking time: 3 hours

## Narrenkogel 2309 m - Niederthai

Starting point: Niederthai Information Office. First you take the precipitous trail to Bergele area, past a hunter's lodge and lush green meadows. Here you turn right proceeding on the steep footpath leading across the Alpine forest until you reach the timberline. Always keep to the ridge and follow the path to the peak. Walking time: 2 hours

## Gamskogel 2813m – Längenfeld's most popular mountain

Starting point: Gries near Längenfeld (1,570m). Walking time: 1 ¼ hours to Nisslalm, another 2 ¼ hours to Gamskogel. From Gries village center southwards to the forest edge, across Fischback brook. Steep and winding trail to the fork-off on the forest road. Through the stone pine forest towards Nisslalm (2,051m). From Nisslalm past scenic Alpine pasturelands, then across a narrow gorge. Leaving behind stone ledges and gravel fields you reach lake Schön rinnensee (2,353m). Alternative route: from Nisslalm on a leisurely trail (one steep section), along green meadows, to the edge of Milchenkar cirque. Precipitous route up to the north-eastern peak, past giant blocks of rock. Awe-inspiring views of the Ötztal and its majestic mountains. Descent: back to Nisslalm and Gries. Alternative return route: along the footpath (fork-off at 10 minutes below the peak) down to Burgstein near Längenfeld.

**Hahlkogel 2655m - Huben near Längenfeld**

Starting point: Huben near Längenfeld  
 Parking area: next to football field (close to campsite).

Walking time: 2 ½ hours to Hahlkogelhaus, another 2 hours to Hahlkogel. A newly installed walking trail takes hikers towards Alpengasthof am Feuerstein (45 mins), before reaching the inn you turn right into the steeply rising footpath, towards Alpine pastures and sparse forests. Via pasturelands you get to Hahlkogelhaus (2,042m). From Hahlkogelhaus you follow the path through grass-covered hills, further on past easy precipices (upper part) to the conical Hahlkogel summit – one of the area's most picturesque vantage points. Descent: back to Hahlkogelhaus, alternative descent route via Polltalalm to Huben.

**Vorderer Sulzkogel 2796m - Gries near Längenfeld**

Starting point: Gries near Längenfeld  
 Walking time: 2 ½ hours to Amberger Hütte, another 1 ¾ hours to Sulzkogel. From the car park at the very end of the village you follow Sulztal valley along the broad cart trail, next to the rushing mountain waters. Past Sulztalalm (1,898m) on the slightly rising route to the pasturelands of Hintere Sulztalalm. After a rocky ledge you can see Amberger Hütte (2,136m). Behind the hut the steeply rising trail leads up to Sulzeck area. Proceed along the precipitous footpath which leads directly to the picture-book peak of Sulzkogel. Descent: same route.

**Nederkogel (3163 m) - Sölden's landmark**

Nederkogel is Sölden's local mountain. It stands sentinel at the end of the valley, just above the fork in the Ötztal Ache. A steadily climbing trail via Lenzenalm and Lake Nedersee takes you to the peak where you are rewarded with awe-inspiring views of the mighty three thousand meter high peaks of the Ötztal and Stubai Alps. **Walking time:** from Lenzen Alm (1896 m): 3 1/2 hrs, return 2 1/2 hrs, from the main road (1670 m): 4 hrs, return 3 hrs

**Söldenkogl (2902 m) - Sölden**

The view from Söldenkogl of Sölden and the majestic peaks of the Ötztal Alps rewards for the strenuous ascent. Those who prefer it a bit more leisurely can take a taxi to Kleble Alm or to Fiegl's Hütte. **Walking time:** from Sölden (1370 m): 4 hrs, return 3 hrs; from Kleble-Alm (1983 m): 3 hrs, return 2 hrs (taxi service to Kleble Alm); from Fiegl's Hütte (1956 m): 3 hrs, return 2 hrs (taxi service to Fiegl's Hütte).

**Hangerer (3021 m) - Obergurgl-Hochgurgl**

The trail leads through lush pastures to Schönwieshütte. Here you continue through rock strewn grass slopes to the peak of Hangerer. 300 m below the peak you have to cross a snow field. The ascent is a bit strenuous but well worth it for the magnificent views of the Ötztal Alps.

**Walking time:** from Obergurgl (1930 m): 3 1/2 hrs; from Schönwieshütte (2.262 m): 2 1/2 hrs

**Kreuzspitze (3457 m) - Vent**

Kreuzspitze is one of the highest peaks of Ötztal Alps which can be reached via a footpath and without having to cross any ice fields. From the peak you enjoy superb panorama views of all surrounding glaciers and huts. **Walking time:** from Martin Busch Hütte (2501 m): 2 1/2 hrs, return 2 hrs; from Vent (1900 m): 5 hrs, return 4 1/2 hrs

**Wildes Mannle (3019 m) - Vent**

Wonderful hike from Breslauer Hütte or Stablein Alm. The Wilde Mannle is a mountain consisting of primary rocks and gravel; therefore both ascension trails use fixed steel ropes for protection. From the wooden summit cross you can see the Rofenkar glacier, the Wildspitze, and the Ötztal and Stubai Alps. from Breslauer Hütte (2848 m): 2 hrs, return to the hut 1.5 hrs, from Stablein Alm (2364 m): approx. 2 hrs, return to Stablein Alm approx. 1.5 hrs

# Ötztal Hiking Deals

Discover the scenic Ötztal valley together with certified walking and hiking guides. They can tell you everything about the region's varied fauna and flora. Our hiking package deal includes 12 tours to choose from, depending on ability levels and preferences. Theme trails, easy walks or challenging peak tours are on the program – Ideal for families, adventurers, passionate mountain fans and leisurely walkers. All package bookers receive a Mammut Hiking Boot Voucher worth Euro 20 which can be used up in several expert partner shops all over the Ötztal.

This hiking program is organized by the Ötztal Nature Park.

## Services included

- 3 or 5 nights in the category of your choice
- 2 guided hikes
- certified hiking, mountain guides
- Euro 20 Mammut hiking boot voucher

### 3-day accommodation incl.

breakfast	from € 76,00
half board	from € 121,00
self-catering apartment	from € 70,00

### 5-day accommodation incl.

breakfast	from € 120,00
half board	from € 195,00
self-catering apartment	from € 110,00

Package bookable from 02 June to 15 October 2010

- Watch out:  
Normal daily rate for hiking guide Euro 150.  
DATES & RATES SUBJECT TO CHANGE!

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# UNDER CONTROL

It's really important that you can trust 100% in your hiking gear. Choose the appropriate mountain sports equipment suitable for your skills. No matter if you prefer The North Face, Jack Wolfskin, Salomon or other brand-name articles. Drop by at Intersport Glanzer and you will have everything under control.



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Gaislachkogelbahn • Tel. 05254 2223  
soelden@glanzer.at - [www.glanzer.at](http://www.glanzer.at)

## Oetz Mountain Lifts

### Acherkogelbahn

**820 m - 2.020 m, 03 Jun to 15 Oct 2010**

In a few minutes only Acherkogelbahn whisks you away from everyday life and into the bucolic pasturelands of Hochoetz. At 2020 meters above sea level - a bit closer to heaven - a superb hiking area awaits you with wonderful views, four idyllic mountain huts and the Hochoetz panorama restaurant with a large sun terrace. From Hochoetz you can also take the Kühtai-Ochsengarten-Hochoetz trail (2 different routes).

#### Information / Rates:

Bergbahnen Oetz

A-6433 Oetz

Tel. +43 (0) 5252 6385

Fax +43 (0) 5252 6385-15

[www.hochoetz.at](http://www.hochoetz.at)

[info@hochoetz.at](mailto:info@hochoetz.at)

## Kühtai Mountain Lifts

### Drei-Seen-Bahn, chair lift, Kühtai

**2.000 m - 2.420 m, 19 Jun to 26 Sep 2010**

The top terminal of the 4-person chair lift (wind protection system) is a perfect starting point for hikes to the Finstertal water reservoir or the picturesque mountain lake route. Next to the panoramic Pochkogel via ferrata you find a children's playground; Kneipp facilities in Kühtai.

**NEW:** water power exhibition in the station's house at 2350 m.

#### Information / Rates:

Bergbahnen Kühtai GmbH & Co.KG

A-6183 Kühtai 48

[bergbahnen@lifte.at](mailto:bergbahnen@lifte.at), [www.lifte.at](http://www.lifte.at)

T Summer +43 (0) 5239 5212-10, 5229,

5222 Fax +43 (0) 5239 5229-21

## Sölden Mountain Lifts

### Gaislachkogelbahn 1.377 m - 3.058 m

**Not in operation in summer 2010!**

### Giggijochbahn

**19 Jun to 26 Sep 2010**

The Giggijoch mountain gondola takes you from Sölden to Hochsölden, located on a sunny high Alpine plateau. In the summer months this region turns into a colorful sea of flowers. Shuttle buses are running between Sölden and Hochsölden several times a day. Contact the local Information offices of Ötztal Tourismus for detailed bus schedules.

### Rotkogel Double Chairlift 2070 m - 2414 m

**19 Jun to 26 Sep 2010**

The double chairlift takes you from Hochsölden up to 2329 m where you find a launch point for paragliders. From the top station a footpath leads down to the valley and/or up to Rotkogeljochhütte and the surrounding mountain peaks.

#### Information / Rates:

Bergbahnen Sölden, A-6450 Sölden

T +43 (0) 5254 508, [www.soelden.com](http://www.soelden.com)

[bergbahnen@soelden.com](mailto:bergbahnen@soelden.com)

## Vent Mountain Lifts

### Wildspitze Double Chairlift

**1.900m - 2.365 m, 19 June to 26 Sep 2010**

Enjoy lift assisted hiking in the Ötztal Alps boasting Tirol's highest peak, the Wildspitze (3774 m). Explore alpine landscapes and glaciers of outstanding natural beauty. A great selection of footpaths and hiking trails gives access to a unique mountain landscape. Refreshment stop: Stableinalm.

**Information / Rates:**

Venter Seilbahnen, A-6458 Vent  
Tel. +43 (0) 52 54 8154 and 8153  
bergbahnen-vent@aon.at  
www.vent.at

**Obergurgl Mountain Lifts****Hohe Mut Mountain Gondola**

**1.930m – 2.670m, 26 Jun to 26 Sep 2010**

Obergurgl is set amid flower-filled grass slopes and 20 majestic three thousand meter high mountains. The chairlift takes you up to Hohe Mut (2670 m) where breathtaking views of 20 glaciers and a great selection of easy footpaths await you.

**Obergurgl-Hochgurgl Hiking Region  
Bergbahnen Obergurgl**

Gurglerstraße 93, 6456 Obergurgl  
T +43 (0) 5256 6260  
bergbahnen@obergurgl.com  
www.obergurgl.com

**Hochgurgl Mountain Lifts**

**Hochgurglbahn I + II - Top Wurmkogel II -  
1.790 m - 3.080 m**

**24 Jun to 10 Sep 2010**

Tue, Thu & Fri 09.00 am - 4.00 pm  
At 3080 m the new Top Mountain Star juts out into the sky, a fantastic futuristic panorama bar on a viewing platform (360°).

**Information / Rates:**

Obergurgl-Hochgurgl Hiking Region  
Bergbahnen Hochgurgl  
T +43 (0) 5256 6265  
F +43 (0) 5256 6265-10  
www.obergurgl.com

Photo: Nösig

**Braunschweiger Hütte**

**Ötztal Alp. - 2.759 m / map p. 58-59 74**

Cilli Auer  
A-6481 St. Leonhard, Stillebach 236  
T +43 (0)664 5353722 or  
+43 (0)5413 87535  
office@braunschweiger-huette.at  
www.braunschweiger-huette.at  
☉ Mid June - late September 10 menu  
available 🛏 beds (30), dorm (90)  
⚠️ from Mittelberg, T: 3-4 hours,  
⚠️ from Pitztal cable car, T: 2 hours,  
⚠️ Rettenbach glacier - Pitztaler Jöchli,  
T: 2 hours,, 3 - 4

**Sölden Mountain Sport  
and Adventure School**

You are strongly recommended to enlist one of Sölden's certified guides for hikes, glacier tours or peak tours in summer and winter alike.

**Information:** Gstrein Martin, mountain & ski instructor

A-6450 Sölden / Plattestr. 3  
T +43 (0)5254 2948  
F +43 (0)5254 2948-16  
info@bergfuehrer-soelden.com  
www.bergfuehrer-soelden.com

**During peak season:**

Sölden Mountain Guide Office  
T +43 (0)5254 2364-16  
F +43 (0)5254 3171



## Gampe Alm

Sölden - 2.000 m / map p. 30-31

57

Fam. Roland Grüner  
A-6450 Sölden  
T Hut: +43 (0)664 3840667  
F +43 (0)5254 3253  
Private: A-6450 Sölden,  
Ausserwaldstr. 35  
T+43 (0)5254 30404 F 304044  
info@royal-soelden.at  
www.royal.soelden.at

☀ **Summer:** 10 Jun - 14 Oct

**Winter:** 1 Dec - April

🍴 traditional hut meals, daily set lunch menus, milk drinks, homemade pastries, ploughman's lunch etc.

**The hut:** Gampe Alm offers cozy parlors, a sun terrace with deck chairs, a unique playground, and a traditional mountain hut ensemble dating from 1788. Gampe Alm is a great place for a relaxed and enjoyable evening with friends. Groups should book in advance! Taxi service by prior arrangement.

➔ the beautiful Gampe Alm can be reached on foot: in 15 min. (Rettenbach Straße - Stabele), 35 min. (turn-off Hochsölden Straße) or in 45 min. (Hochsölden)



## Gampe Thaya

Sölden - 2.000 m / map p. 30-31

80

Fam. Prantl, A-6450 Sölden  
T +43 (0)664 240024-6  
F +43 (0)5254 501-160  
gampethaya@riml.at  
www.gampethaya.at  
**Summer:** mid Jun – early Oct,  
**Winter:** early Dec - mid Apr  
🍴 warm meals, snacks, refreshments

➔ by bus to Hochsölden, hiking trail directly from Giggijoch top station

🚶 leisurely walk via Sonnblick to Gampe Thaya

➔ 🚗 glacier road - toll station, 🚶 walking tour to Gampe Thaya

➔ 🚗 road towards Hochsölden until you reach the turn-off to Gampe, 🚶 leisurely walk to Gampe Thaya, also if the weather is not so good, winter walking trail to the hut, located on the ski slope.

**The Hut:** At Gampe Thaya only local produce from our own farms is used to prepare typical Ötztal specialties which are served in the cozy wooden parlors or on the wonderful sunbathing terrace. In the "Gampe Ladele" all local products are available for sale. Jovial hut evenings for groups can be booked in advance. Breakfast on the hut on request!



Photo: private archive Rotkogeljochhütte



## Rotkogeljochhütte

Sölden - 2.666 m / map p. 30-31

68

Gstrein Fender GmbH, A-6450 Sölden  
info@rotkogel.com

T +43 (0)664 4428105

T +43 (0)5254 30477

F +43 (0)5254 2549

☼ **Summer:** beginning of July – mid Sep

**Winter:** as soon as ski lifts operate  
approx. end of Nov. - end of April

🍴 traditional, regional meals

🛏 no overnight stays

🚶 from Rettenbachtal (turnpike to glacier), T: 2 h, **2**, from Hochsölden, altitude gain: 600 m, T: 2 hrs, **2**

🚶 from Hochsölden, remaining T: 2 hrs

🚶 via Rotkogel chairlift, remaining T: 1 hrs . 🚶 Sölden glacier road - turn right at the silo, T: 3 hrs, **altitude gain:** 1300 m, **2**

**The hut:** Newly renovated in 2009, ample sunbathing terrace. Fantastic views of Wildspitze, Rettenbach glacier and Stubai Alps (Zuckerhütli).

Picturesque mountain church with Madonna located nearby.

**Peak hikes:** Rotkogel, T: 1 hr, **3**.

Schwarzkogel, T: 1.5 hrs, **2**.

Schwarzsee, T: 0.5 hrs, **1**.

**Winter:** umbrella bar

Photo Nösig



## Hühnersteign

Sölden - 2.012 m / map p. 30-31

53

Annemarie Grüner  
Glacier road, toll station  
A-6450 Sölden

T +43 (0)5254 2872

T +43 (0)5254 38060

F +43 (0)5254 380630

www.huehnersteign.at  
info@huehnersteign.at

☼ from the beginning of July to end April, 10am to 6pm, no closing day

🍴 Tirolean specialties, traditional home cooking

🚶 from Hochsölden, leisurely panorama trail, in 45min. or |

🚶 from Sölden through the forest,

T: approx. 1 hrs

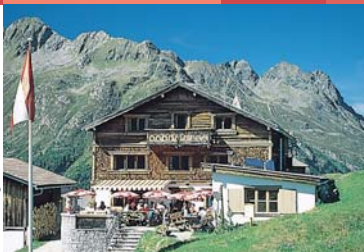
🚶 by car along the glacier road to the turnpike

🚶 Gaislachkogelbahn to the mid station, remaining walking time approx. 45 min.

🚶 official route along Ötztal trail

**The hut:** very rustic with plenty of old wood, Kneipp facilities, coach parties welcome, hut nights, 130 indoor seats, and 200 terrace seats. Bikers welcome! Also accessible in the winter!

Photo Nösig



## Kleblealm

Sölden - 2.015 m / map p. 30-31



Norbert Riml  
 A-6450 Sölden, Kleblealm  
 T +43 (0)664 2141575  
 F +43 (0)5254 30445  
 Privat: A-6450 Rechnaustraße 17  
 T +43 (0)5254 3245  
 F +43 (0)5254 30445  
 ☺ Mitte Juni - Ende September  
 🛏 Betten (18), Matratzenlagen (12)  
 🍴 gantztg. warme Küche mit Tiroler  
 Spezialitäten, Produkte aus eigener  
 Landwirtschaft

🚠 Sölden - Rechenau - Kleblealm.  
 Sölden - Stallwiesalm - Kleblealm.  
 Sölden - Granbichl - Kleblealm, **Hm**:  
 700, **L**: 6 km, **Z**: 1,5 Std., 🚠 Sölden,  
**Rest-Z**: 1,5 Std. Taxifahrt mögl.,  
 🚠 von Freizeit Arena in Sölden, **L**: 6  
 km, **Z**: 1 1/4 Std., **Hm**: 700, Steigung:  
 14%

**Die Hütte**: Urige Hütte ohne Strom mit  
 einer Sonnenterrasse und wunder-  
 barem Panoramablick.

**Übergänge**: Fiegl's Gasthaus **1**, Lochle  
 Alm, **1**, Stallwiesalm, **1**.

**Gletscherwanderungen**: Söldenkogel,  
**Z**: 2,5 Std, **2**. Laubkarsee, **Z**: 2 Std.,  
**2**. Hoch-stubaihütte, **Z**: 3,5 Std., **2**.

Photo G &amp; N Verlag

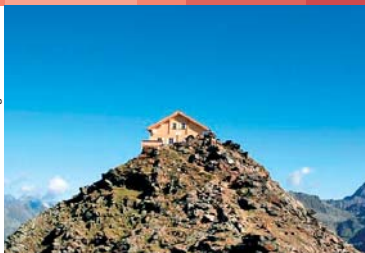


## Gasthof Moosalm

Sölden - 1.500 m / map p. 30-31



Familie Riml  
 A-6450 Sölden, Moosalmstr. 2  
 T +43 (0)5254 2572  
 F +43 (0)5254 30345  
 www.moosalm-soelden.com  
 moosalm@direkt.at  
 ☺ Summer and Winter season  
 🛏 rooms with bath, WC, TV, some with  
 balcony  
 🍴 Tirolean food, fresh produce from  
 own farm  
 🚠 or 🚡 from the base station of Gais-  
 lachkogelbahn to Moosalm, **L**: 1km  
**Loop trail 1**: from Sölden via  
 Innerwald, Gaislach Alm, Bodeneegg,  
 Zwieselstein, Kühtrain gorge to  
 Moosalm - Sölden, **T**: 4 hrs  
**Loop trail 2**: Stabelealm -  
 Brunnenbergalm - Kleblealm (from here  
 you can also climb Söldenkogel or walk  
 to Hochstubaihütte) - Stallwiesalm -  
 Moosalm  
**The hut**: quaint holiday hut with great  
 views of the valley. Wood paneled  
 parlors, rustic bar. Great snow  
 conditions from the beginning of  
 November to the end of April ensure  
 first-class skiing fun with mulled wine  
 and Jagatee.



## Brunnenkogelhaus

Sölden - 2.738 m / map p. 30-31

75

Martin Gstrein  
A-6450 Sölden

T hut: +43 (0)664 1234206

Private: A-6450 Sölden, Dorfstr. 131

T +43 (0)5254 2642 F 2642-60

europa@soelden.at

www.brunnenkogelhaus.at

☉ Mid June – late September,  
no closing day

🍴 Excellent home cooking, warm  
meals served all day, half board  
available

🛏 beds (12), mattress dorm (12),  
shower

**The hut:** newly built in 2007, located in Sölden's quiet part, Brunnenkogelhaus offers picturesque views of the Alpine scenery. Sunbathing terrace, homey parlor. ideal for birthday parties, school outings, etc.

🚡 from Sölden - Moos via Brunnenberg to Brunnenkogel. T: about 3.5 hours,, 🚡 from Fiegls Gasthaus to Brunnenkogelhaus, T: 2.5-3 hours, 🚡 from Windachalm via Wannensee and Wannenkar saddle to Rötkeogel. Further on to Hinterer Brunnenkogel and to Brunnenkogelhaus, T: about 4.5 hours, 🚡 from Timmelsjoch along the ridge to Brunnenkogelhaus, surefootedness and a good head for heights required, T: 4-5 hours



## Fiegls auf der Windachalm

Sölden - 1.985 m / map p. 30-31

55

Ernst Riml, A-6450 Sölden,  
Gemeindestr. 24, T +43 (0)664 5233309 o.  
+43 (0)5254 2571 ☉ Early July – early  
October 🚡 starting point for splendid hikes  
and hut tours: Hochstubaithütte, Sieger-  
landhütte, Hildesheimerhütte, Brunnen-  
kogelhaus or picture-book lake Wannenkar-  
see. 🚡 T: about 2 hours from Sölden

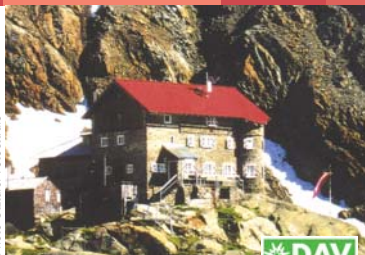


## Hildesheimer Hütte

Sölden - 2.899 m / map p. 30-31

76

DAV-Sektion Hildesheim,  
**Tenant:** Gustav Fiegls, A-6450 Sölden  
T+F +43 (0)5254 2300, T Private:  
+43 (0)5254 2090, F Private: ext -15 ☉ End  
of June - approx. 20 Sept, 🛏 beds (24),  
mattress dorm (56) 🍴 all day hot meals,  
🚡 from Sölden into Windachalm and to  
the base station of the goods lift. **Trail 1:**  
flat Aschenbrenner trail, **Trail 2:** steep  
Gaiskarweg, **altitude gain:** 1500 m, T: 4-5  
hrs, 🚗 🚡 taxi to Fiegls Gasthaus, **alti-  
tude gain:** 1000 m, remaining T: 2-3 hrs  
**The hut:** quaint hut with a terrace offering  
magnificent views of the Ötztal Alps. Climbing  
garden next to the hut. **Crossings:** Siegerlandh.,  
T: 2.5 hrs, Hochstubaith., T: 3.5 hrs., Müller H., T:  
4 hrs., Becherhaus. **Peaks:** Zuckerhüt, T: 3 hrs.,  
Schaufelspitze, T: 1.3 hrs., Stubaier Wildspitze, T:  
3 hrs., Schußgrubenkogel, T: 1.3 hrs.



## Siegerlandhütte



Sölden - 2.710 m / map p. 30-31

82

Hermann Fiegl  
 6450 Sölden, Siegerlandhütte  
 T + F +43 (0)5254 2142  
 Private: A-6450 Sölden  
 T + F +43 (0)5254 2189  
 Appartementhaus-Hemmi@soelden.at  
 www.app-hemmi.at  
 ☉ End of June to 20 September  
 🛏 beds (30), mattress dorm (30)  
 🍽 all day hot meals

🚶🚰 from Sölden through Windachtal Trail No. 27, AV 135, T: 5 hrs, **altitude gain**: 1400 m, or by taxi, remaining T: 3 hrs, **altitude gain**: 710m

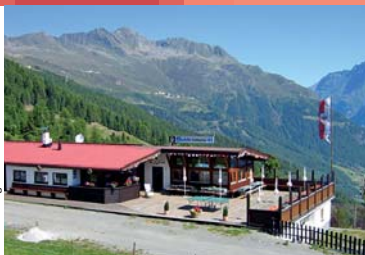
**The hut**: 23 beds and 26 dorm mattresses

**New**: winter room for 10 persons.

**Special feature**: own climbing garden

**Crossings**: Hildesheimer Hütte, T: 3 1/4 hrs, 2899 m, **2**, Becherhaus, T: 3, 3/4 hrs, 3195 m, **4**, Müllerhütte, T: 3 1/2 hrs, 3.148 m, **4**, to South Tirol - Moos in Val di Passiria, **2**

**Peaks**: Scheiblehnekogel, T: 1 1/2 hrs, **altitude gain**: 350 m, **2**, Geißkogel, T: 2 3/4 hrs, **altitude gain**: 420 m, **3**, Hinterer Kitzkogel, T: 2 3/4 hrs, **altitude gain**: 353 m



## Bubi's Schihütte

Gaislachalm/Sölden - 1.951 m / map p. 30

77

Klaus Soukopf, A-6450 Sölden  
 T +43 (0)664 442811  
 ☉ Early July to early September  
 🍽 hot meals, Tirolean snacks, homemade cakes, Kaiserschmarren

🚶🚰 from Sölden towards Gaislach, T: approx. 10min.

🚶🚰 footpath from "Stiegele", T: approx. 1 hr, 🚶 from the Gaislach mid station - footpath to Bubi's Schihütte, T: approx. 30 min., 🚶 a short detour from the European Hiking Trail No. 5

**The hut**: Bubi's Schihütte is in a wonderful location amid the Ötztal mountains and in the Gaislach region. Guests especially appreciate our hearty Tirolean snacks and homemade cakes. Friendly and relaxed ambiance. The hosts take every care to make you feel welcome!

Photo Nöstig



## Löple Alm

Sölden - 1.912 m / map p. 30-31

64

Hermann Plörer  
 A-6450 Sölden, Gaislach  
 T +43 (0)5254 30327  
 T +43 (0)664 3331591  
 Private: A-6450 Sölden, Dorfstraße 206  
 loeple-alm@aon.at, www.ploerer.com  
 ☉ **Summer:** mid June - mid Sep.  
 ☄ **Winter:** mid Dec - mid April  
 🍷 hearty Tirolean meals all day hot meals

🚶🏔️ Sölden: along a signposted forest trail, T: 1 hr. From Hochsölden along a beautiful panorama footpath via Rettenbachalm and the mid station - Löple Alm.

🚠 Gaislachkogelbahn to the mid station - signposted footpath, remaining T: 20 min

🚲 Sölden along mountain road, L: 6.5 km, T: 1.5 hrs, **altitude gain:** 660 m

**The hut:** cozy parlor with old masonry stove, a sun terrace and a playground.

**Crossings:** Bubis Skihütte, Heidealm, Gaislachalm, Goldeggalm and Sonneck Alm

**Special feature:** European Hiking Trail No 5 leads past the hut.

Photo Archives Goldeggalm



## Goldeggalm

Sölden - 1.912 m / map p. 30-31

58

Claudia and Andreas Gritsch  
 A-6450 Sölden, Goldegg-Alm 1  
 Private: A-6450 Sölden, Infangstr. 1  
 T+F +43 (0)5254 3788  
 T +43 (0)664 3009350  
 Privat: A-6450 Sölden, Infangstr. 1  
 ☉ **Summer:** : mid June - mid Oct  
 ☄ **Winter:** 20 Dec - Easter  
 🍷 warm meals served all day, specialty: roast potatoes

🚶🏔️ Sölden center via Innerwald towards Gaislachalm, fork-off to Goldeggalm, **altitude gain:** 526 m, L: 5 km, T: 1.5 hrs

🚶🏔️ from Hochsölden via Gampealm - Rettenbachalm - past middle station to Goldeggalm, T: 2.5 hrs

🚠 with Gaislachkogel mountain gondola to middle station, **altitude gain:** 45 m

🚲 from Sölden, L: 5 km, **altitude gain:** 526 m, gradient 14%

**Crossings:** Goldegg Alm - Heidealm, Gaislachsee - Gaislachkogel

**Winter:** ski mountaineering tour, starting point in Sölden, **altitude gain:** 526 m, L: 5 km, T: 1 hr



## Heidealm

Sölden - 1.970 m / map p. 30-31

78

Gritsch Gastronomiebetriebe GmbH  
A-6450 Sölden

T+F +43 (0)5254 30414

Private: A-6450 Sölden, Infang

T +43 (0)664 5048641 or

T +43 (0)664 2665265

☼ **Summer:** mid July - late Sept.

**Winter:** mid December - Easter

🍴 traditional cooking, partly fresh produce from own farm

🚰 Sölden - via Innerwald along the footpath to Gaislachalm and on to Gast. Gaislachalm - from here the trail leads straight to Heidealm, **altitude gain:** 753 m, L: 9 km, T: 2.5 hrs, **2**, from Zwieselstein before Bodeneegg turn-off to Gaislachalm - past Gast. Silbertal - footpath to Heidealm, **altitude gain:** 660 m, L: 6 km, T: 2 hrs, **2**

🚰 directly to the hut

🚰 from Sölden - Gaislachalm - Heidealm - mid station - Rettenbachtal - Hochsölden - Sölden, L: 25 km, T: 3 hrs, **altitude gain:** 797 m, **gradient:** 15 %, **2**

**The hut:** beautiful new hut built in old Tirolean style, great location on a sunny plateau in the scenic Gaislach region. Playground, unique flora. Great views of the Ventertal. The hut can be rented for all kinds of activities.



## Alpengasthof Sonneck

Sölden - 2.000 m / map p. 30-31

72

Anita Fender

Gaislachalm 12, 6450 Sölden

T +43 (0)5254 2905

F +43 (0)5254 3208

gasthofsonneck@aon.at

☼ **Summer:** beginning of July - mid Oct. **Winter:** 1st week before Christmas - 1st week after Easter

🍴 Tirolean specialties, all day hot meals

🛏 25 beds; rooms: WC/shower/TV, some with balcony, half-board available

🚰 from Sölden 1.5 hrs, from Zwieselstein T: 2.5 hrs, from Tiefenbach glacier T: 2 hrs, from Hochsölden T: 2.5 hrs

🚰 Gaislachkogel gondola to mid station, T: 45min.

🚰 8km from Sölden, T: 15 min.

🚰 from Sölden, L: 8 km, T: 1 hr, **altitude gain:** 690 m, **gradient:** 12 %

**The hut:** wonderful location amid the Ötztal mountains, in the Gaislach-Alm area. Pleasant ambiance, large sun terrace with panorama views of the Ventertal and the Ötztal Alps. Comfortable rooms, wellness area. In the winter the Sonneck is located in the ski area.



## Alpengasthof Gaislachalm

Sölden - 1.968 m / map p. 30-31



Gstrein Family  
 A-6450 Sölden, Auweg 2  
 T +43 (0)5254 2914, F 27588  
 Privat: 6450 Sölden, Hotel Alpenland  
 T +43 (0)5254 2050, F 20505  
 info@gaislachalm.com  
 www.gaislachalm.com  
 ☉ **Summer:** end of June - end of Sep.  
 ☄ **Winter:** 18 Dec - 1 week after Easter  
 🛏 beds (50), bath or shower/WC  
 🍴 Tirolean home cooking

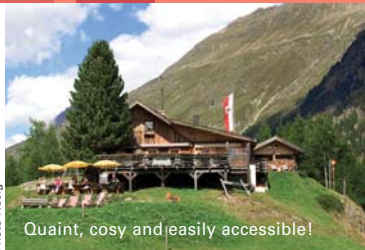
🚶🏔 Sölden T: 2.5 hrs, from Zwieselstein, T: 2 hrs, from Tiefenbach glacier, T: 2 hrs, from Gaislachkogel, T: 2.5 hrs, from Hochsölden T: 1.5 hrs

🚶🏔 Gaislachkogelbahn to the mid station, remaining T: 45 min.

🚗 by car and/or taxi

🚶🏔 from Sölden, L: 8 km, T: 1 hr,  
**altitude gain:** 690 m, **gradient:** 12 %

**The hut:** common room with satellite TV, infrared cabin, pool billiards, sauna, steam room, a sun terrace with deck chairs. In our restaurant we stage musical brunches and BBQ dinners with live music. Petting zoo, fishing pond.



Quaint, cosy and easily accessible!

## Lenzenalm

Zwieselstein - 1.896 m / map p. 30-31



Fam. Ribis  
 A-6456 Obergurgl, Schlossweg 3  
 T +43 (0)664 4502861  
 info@hotel-obergurgl.at  
 www.lenzenalm.at  
 ☉ early June - October  
 🍴 all day hot meals, traditional meals, dinner by prior arrangement

🚶🏔 3 different ascents between Zwieselstein and Obergurgl, T: approx. 45 min. or loop trail from Zwieselstein, T: 1.5 hrs, from Obergurgl via Lake Piller See, T: 1,5 hrs, from Obergurgl via Lake Nedersee, T: 4 hrs. The Ötztal-Card can be used on those hikes.

**The hut:** two sun terraces with wonderful panorama views of the Gurgl mountain and glacier world. Cozy parlors, garden with sunbathing area and playground.

**Crossings:** Karstall with great views of Sölden, T: 1 hrs, Lake Nedersee, T: 1.5 hrs, Nederkogel, T: 4 hrs



## Talhütte Zwieselstein

betw. Sölden + Gurgl - 1.472 m / map p. 30-31 85

Tenant: Jutta Fender, DAV-Sektion Regensburg A-6450 Sölden, Gurglerstr. 4, T+F +43/(0)5254/2763

info@alpenverein-regensburg.de

www.alpenverein-regensburg.de

☺ open all year, beds (17), mattress dorm (18), washroom with hot showers

📞 Reservation via DAV Office in Regensburg. Long-distance walking trail E5 (from Oberstorf to Bozen) with overnight stay at Talhütte Zwieselstein. **The hut:** sunny terrace, day room with tiled stove, central heating, self-catering facilities (kitchen) 🍳🚗 to the hut, parking area **crossings:** Braunschweiger Hütte (E5), Timmelsjoch (E5), Vernaghütte, Langtalereckhütte



## Sahnestüberl

Zwieselstein - 1.650 m / map p. 30-31 84

Fam. Prantl

A-6450 Zwieselstein, Hochstattweg 21

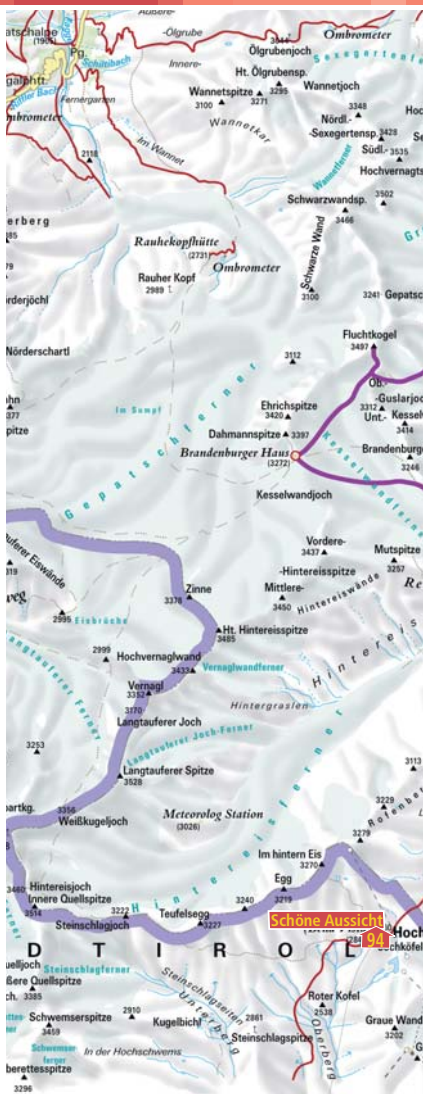
T +43 (0)680 2036948

☺ Whitsun – All Saints, no closing day

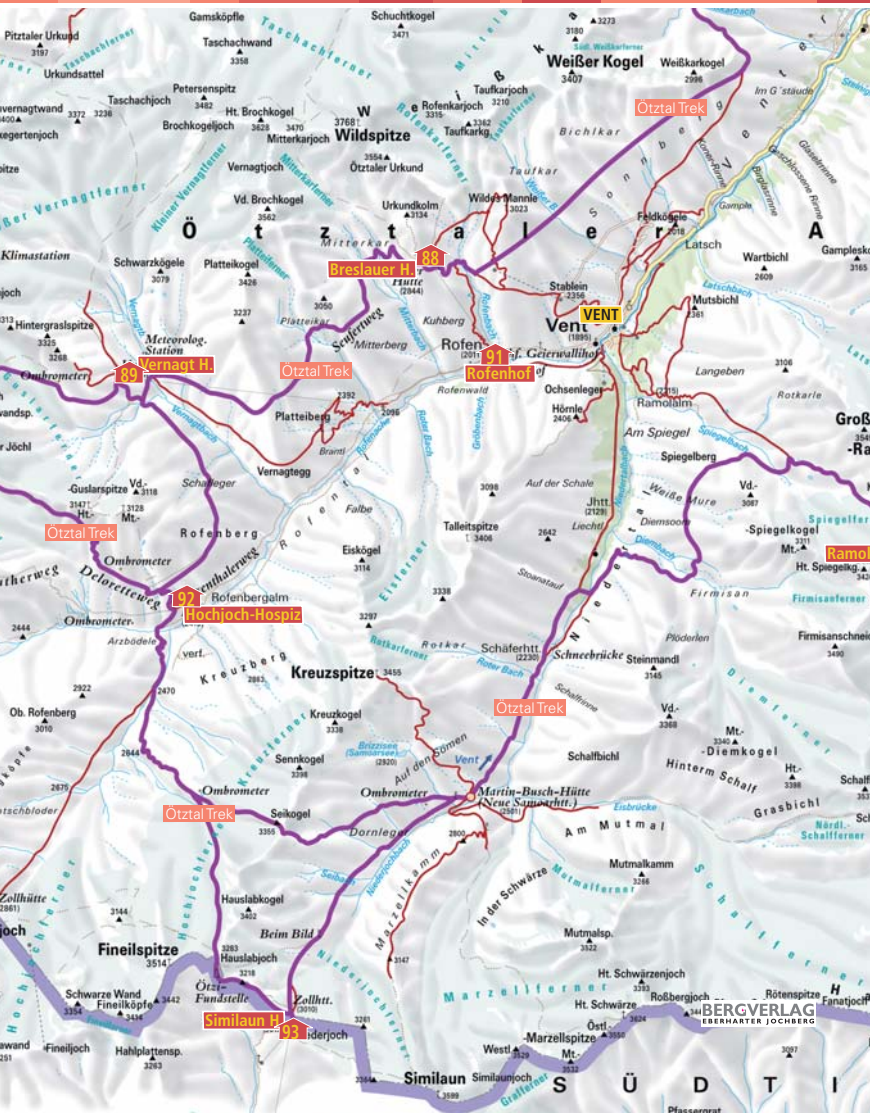
🍷 Tirolean specialties, warm meals served all day long

🚗🚗 from Sölden past mountain gondola terminal, across Kühtrainschlucht to Zwieselstein. Slightly rising trail from Hale to Sahnestüberl, T: approx. 1.5 hrs

🚗🚗 accessible by car, parking area directly at Sahnestüberl.









## Breslauer Hütte

at the foot of Tirol's highest mountain  
Environmental Seal of Quality  
awarded November 2002



Vent - 2.844 m / map p. 50-51, SEKTION BRESLAU - Sitz Stuttgart - Deutscher Alpenverein E.V.

88

Fam. Alexander Scheiber, A-6458 Vent

T +43 (0)664 5300898

F +43 (0)5254 30117

info@venterbergwelt.at

www.venterbergwelt.at

☉ 25 Jun – 27 Sep - closed in

the winter, winter room open

🛏 beds (40), mattress dorm (120),

new winter room accommodating

30 people

🍲 traditional home cooking, pasta

dishes, meat dishes, pastries, salads

🚠 Vent via Wildspitze double  
chairlift to Stablein Alm (10 min.) to  
Breslauer Hütte, T: 1.5 hrs, L: 3 km,  
altitude gain: 484 m

🚲 from Vent to Stableinalm  
(panorama restaurant with sun terrace)  
on to Breslauer Hütte, **2**, T: 1 hrs,  
altitude gain: 460 m, gradient: 15%

**The hut:** from Breslauer Hütte You  
enjoy fantastic views of the Ötztal  
glacier world. Jovial get-togethers with  
traditional music. Group discounts. We  
offer guided hikes, ice climbing,  
in-house mountain equipment rental,  
views of the icefall. Goods lift for

rucksack transport. In the summer  
Breslauer Hütte is a popular base to  
climb the Wildspitze (3774 m), **altitude  
gain:** 930 m, L: 4 km, T: 3.5 hrs, **3-4**

**Crossings:** Sonnberg high-altitude trail  
to Vent, T: 3-4 hours, Vernaghthütte, T:  
2.5 hrs, **1**, Hochjochhospiz, T: 5hrs, **1**,  
Braunschweiger-Hütte, T: 6 hrs, **3** **Peak  
climbs:** Wildspitze, **3-4**; Taufarkogel,  
**3-4**, Hinterer Brochkogel, **3-4**,  
Wilder Mann, **2**, Vorderer Brochkogel  
3-4 hrs



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## ASC Mountain Guide Office Längenfeld

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Office: next to Information Längenfeld.  
Summer season:  
open 4.30 pm - 6.00 pm

T +43 (0)664 5016864,  
E-mail: oetzta1@alpinestportsclub.at  
Internet: www.alpinestportsclub.at



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## Gasthof Rofenhof/Alt Rofen

Vent - 2.014 m / map p. 50-51



Familie Klotz  
A-6458 Vent Rofenstraße 3  
T +43 (0)5254 8103  
F +43 (0)5254 30125  
info@rofenhof.at, www.rofenhof.at  
☉ **Summer:** end of May - mid October

**Winter:** 20 Dec to 1 week after Easter  
🛏 beds (18)

🍴 all day hot meals, Tirolean specialties, speck dumplings, apple strudel,...

🚗 2 km from Vent, only a short car drive away; **New:** bus parking

🚠 in about 45 minutes along a beautiful meadowland trail and across an idyllic suspension bridge.

**The Rofenhöfe** (2014 m), located at the foot of Tirol's highest mountain, the Wildspitze (3774 m), are the highest constantly inhabited farmhouses in Austria. Great base for walks, mountaineering tours and peak climbs. In-house mountain guide.

**Other attractions:** private climbing garden, climbing trail (also suitable for beginners), Flying Fox. There are 7 mountain huts nearby.

**Winter:** groomed walking trails, small ski area in Vent, ski mountaineering.



## Vernagthütte

Vent - 2.755 m / map p. 50-51



Martin Scheiber  
A-6458 Vent  
T +43 (0)664 1412119  
Private: A-6458 Vent  
T+F +43 (0)5254 8128  
info@wieshof.at, www.wieshof.at  
☉ **Summer:** end of June - mid Sep.

**Winter:** beginning of March - beginning of May

🛏 beds (60), mattress dorm (60)  
🍴 regional and Tirolean food

🚠 from Vent in a south-western direction past Rofenhöfen and to the goods lift. Continue along the trail across Platteibach and walk to Platteiegg (roadside Calvary), or through Vernagtal to the bridge and on to the hut. **T:** approx. 3 hrs, **altitude gain:** 850 m, **L:** 8 km, **2**

**Winter:** ski route from Vent  
**Peaks:** Wildspitze (3.770 m), Fluchtkogel (3.500 m), Schwarzwandspitze (3.467 m), Hochvernagtpitze (3.550m) u. v. m.

**Crossings:** Breslauer Hütte, Hochjochhospiz, Brandenburgerhaus



## Hochjoch Hospiz

Vent - 2.413 m / map p. 50-51

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DAV Sektion Berlin

**Host:** Thomas Pirpamer/mountain guide

T+43 (0)664 5402574

A-6450 Sölden/Dorfstraße 129

T Hut +43 (0)720 347821

T Hut +43 (0)676 6305998

🛏 beds and mattress dorm

🍽 traditional meals available all day,  
half-board possible

☀ **Winter:** 06 Mar - approx. 05 May  
**Summer:** 15 Jun - approx. 28 Sep

🚶 from Vent - Rofental - through the romantic Rofen gorge. Altitude gain:

513 m, T: 2 hrs, **1** 🚶 from Vent via

Rofen - very difficult, **altitude gain:**

513 m, **4**

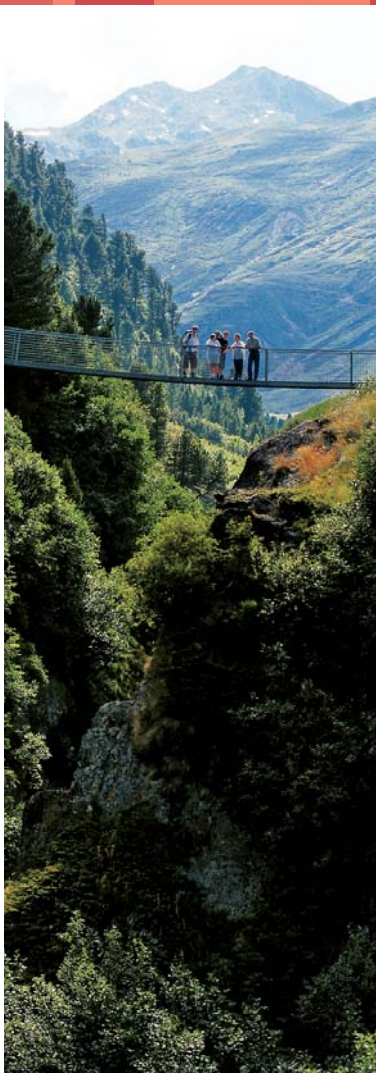
**The hut:** Hochjochhospiz occupies a beautiful location on a hill, surrounded by the majestic three thousand meter high peaks of the Ötztal Alps. The hut is a popular base for all kinds of mountain tours. **Winter:** base for classic Ötztal ski mountaineering loop from Rofen (always inquire about route conditions), **altitude gain:** 513 m, T: 3 hrs

**Crossings:** Martin-Busch-Hütte - Saykogel, **2**

Schöne Aussicht, **1**, Vernaghütte, **1**, Similaunhütte, **2**

**Peaks:** Weißkogel, **4**, Guslarspitzen, **2**,

Fluchtkogel, **4**





## Vent Mountain Guide Office

For demanding hikes and mountain tours, especially glacier crossings and peak tours, you are strongly recommended to contact the certified experts of the Vent Mountain Guide Office

Information: Haus Hubertus

T +43 (0)5254 8106,

F +43 (0)5254 30121,

E-mail: [info@bergfuehrer-vent.at](mailto:info@bergfuehrer-vent.at)

Internet: [www.bergfuehrer-vent.at](http://www.bergfuehrer-vent.at)



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**Tel. 05254-501-130 / [sport@riml.at](mailto:sport@riml.at)**

Photo Sektion Berfin - Schröder Berndt



## Similaun Hütte

Vent/Niederjoch - 3.019 m / map p. 50-51 

Markus Pirpamer / mountain guide  
I-39020 Schnalstal - Südtirol  
T +39 0473 669711  
Private: A-6458 Vent  
T +43 (0)5254 30122 or  
T +43 (0)676 5074502  
F +43 (0)5254 81194  
info@similaunhuette.com  
www.vent-hotel-post.com  
☺ **Summer:** 10 June - beginning of Oct.  
**Winter:** 15 March - beginning of May  
🛏 beds and mattress dorm  
🍴 good food, half-board available  
🍷 top wines from South-Tirol  
🚡 from Vent through Niedertal - via Martin Busch Hütte - across the glacier, **altitude gain:** 1120 m, L: 14 km, T: 4 hrs., **1**  
**The hut:** Similaunhütte was built over 100 years ago and is a popular base for peak climbs. The site where "Ötzi" the Iceman was found is only a 1 hr walk from the hut. Sheep drive in June + Sept. **Winter:** ski tour from Vent to the hut; highest base for the classic Ötztal ski mountaineering loop. **Altitude gain:** 1120 m, L: 14 km, T: 5 hrs, **2**, **Übergänge:** **Crossings:** Hauslabjoch - Schöne Aussicht, Saykogel - Hochjochospiz, crossing from North Tirol into South Tirol (also for mountain bikers), **Peaks:** Similaun, **altitude gain:** 3607 m, **2**, Finalspitze, **2**, crossing - Similaun - Marzellspitze - Hintere Schwärze, **4**

Photo privat Paul Grüner



## Schöne Aussicht/Bella Vista

Schnalstal - 2.845 m / map p. 50-51 

Paul Grüner, I-39020 Schnals,  
Karthaus 29, T+F +39 0473 662140  
info@schoeneaussicht.it  
www.schoeneaussicht.it  
☺ **Summer:** 20 June - 5 October  
**Winter:** 01 December - 10 May  
🛏 beds (53), mattress dorm (19)  
🍴 sumptuous lunches with local specialties, choice of dinner menus (meat or vegetarian)  
🚡 from Vent through meadows and across a suspension bridge to Rofenhöfe farms; on through the spectacular Rofen gorge and along a moderately climbing trail to Hochjoch Hospiz. Continue down on a steep trail to the bridge across Hintereisbach; from here the trail climbs in switchbacks to Schöne Aussicht. T: from Vent approx. 5.5 hrs, **altitude gain:** 940 m, L: 15 km  
🚡 from Kurzras to the parking. 🚡 with the Schnalstal glacier gondola to Grawand, down to the hut, T: 1.5 hrs, altitude gain: 400 m.  
**The hut:** approx. 72 beds, a sauna bath, a hot pool, panorama showers, Internet, a meeting room, sun deck, snowmobile service from Hintereis chairlift, goods lift.  
**Crossings:** Hochjoch Hospiz T: 2 hrs, **1**. Similaunhütte, T: 3 hrs, **2** - **3**. **Winter:** ski tour to the hut; from Kurzras in Schnalstal, **altitude gain:** 840 m / 940 m, L: 3.5 km / 6.5 km, T: 2 hrs / 4 hrs. **1**. From Vent, L: 15 km, T: 5,5 hrs.  
**Variante of E5 and Via Alpina:** from Vent via Hochjoch Hospiz to Schöne Aussicht, further on to Kurzras and Meran. Challenging MTB downhill trail!







Photo ARCHIV SCHÖNWIESHÜTTE



## Schönwieshütte







Obergurgl - 2.270 m / map p. 60-61 u. li.  97


Gerhard Gstrein, 6456 Obergurgl  
 T +43 (0)664 4428113  
 F +43 (0)5256 65244  
 T +43 (0)5256 6524 (valley)  
 altposchach@utanet.at  
 www.tiscover.at/alt.poschach

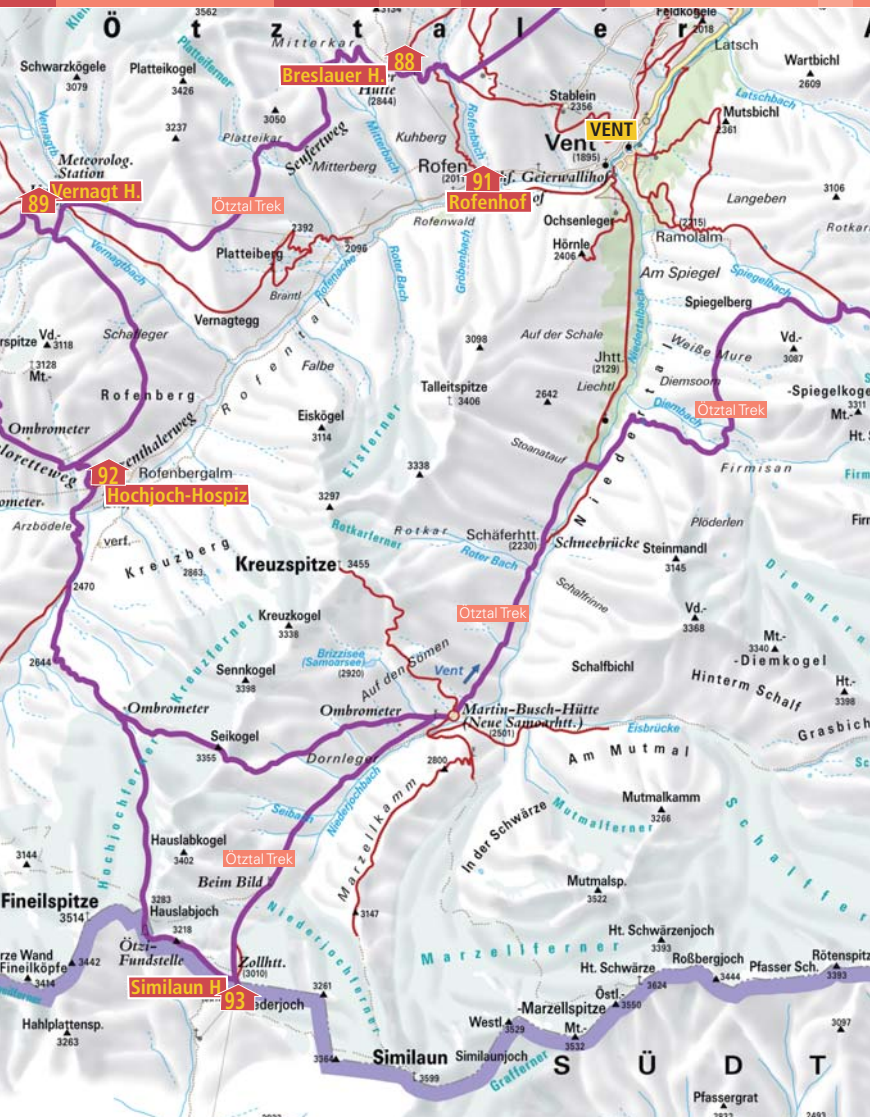
☉ **Summer:** early Jun – early Oct  
 weather conditions permitting,  
 no closing day.

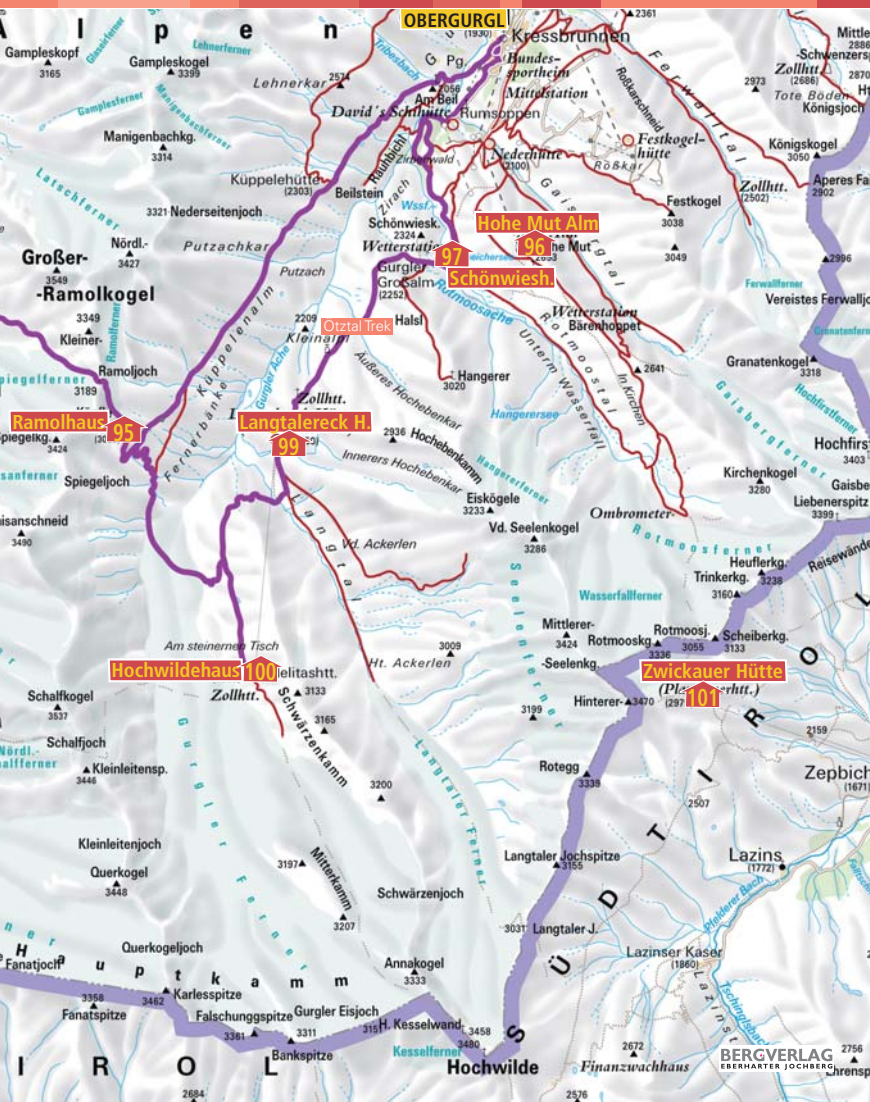
**Winter:** from 20 Feb, open 5x per  
 week

🍷 Tirolean specialties, all day hot  
 meals, large sun terrace with table  
 service

🚡 from Obergurgl along the road to  
 Gaisberg bridge, continue along a well-  
 maintained gravel road towards  
 Rotmoostal, cross the bridge towards  
 Schönwieshütte, trail No. 7, L: approx. 3  
 km, altitude gain: 340 m, T: approx. 1.5  
 hrs,  parking in Obergurgl   
 with Hohe Mut gondola, section I + II  
 up to Gaisberg or Hohe Mut, continue  
 on foot to Schönwieshütte, T: approx. 1  
 hr  official route, L: approx. 3km, T:  
 approx. 45 min. **Crossings:** Karlsruher  
 Hütte , Hochwilde Haus , Ramol-  
 haus 

**Peaks:** Hangerer 3.021 m , Schönwies-  
 kopf 2.320 m , Hohe Mut 2.670 m 







## Langtalerreck Hütte (Karlsruher Hütte)



Obergurgl - 2.450 m / map p. 60-61

99

Georg Gufler

A-6444 Längenfeld, Burgstein 60 a

T +43 (0)664 5268655 or

T +43 (0)664 1647715

T Private: +43 (0)5253 5396

F Valley: +43 (0)5253 5396

☀ approx. 20 June - 5 October

🛏 beds and mattress dorm

🍷 Tirolean cuisine, meat specialties, pasta dishes, vegetarian dishes, typical hut meals, meat and milk products from our own farm, half-board available

🚠 from Obergurgl towards Schönwieshütte - Gufler Alm - Langtalerreck Hütte (wide gravel road), T: 2 hrs, L: 7 km, 🚶, Obergurgl - Zirbenwald - Schönwieshütte - Langtalerreck Hütte, L: 7 km, T: 2 hrs, 🚠 🚡 Festkogel gondola or from the gas station in

Obergurgl; 🚠 Gaisberglift double chair lift to Hohe Mut, remaining T: 1 hr, altitude gain: 300 m

🚶🚲 Ötztal Trail to Langtalerreck Hütte, L: 7 km, T: 1.5 hrs, altitude gain: 500 m

**The hut:** the hut is located at the entrance of Langtal and offers great views of the Gurgl glaciers. The hut is serviced summer and winter. **Winter:** ski tour to the hut, Obergurgl - Schönwieshütte, altitude gain: 500 m, L: 6 km, T: 2 hrs, 🚶

**Crossings:** Ramolhaus - Hochwildehaus; **Peaks:** Eisseekogel, altitude gain: 800 m, Mittlerer Seelenkogel, altitude gain: 1000 m, Hinterer Seelenkogel, altitude gain: 1050 m, Falschungspitze, altitude gain: 950 m, Hochwilde, altitude gain: 1020 m, Schalfkogel, altitude gain: 1100 m.



## Ramolhaus

Obergurgl - 3.006 m / map p. 60-61

95

### DAV Sektion Hamburg/Niederelbe

Tenant: Lukas Scheiber

A-6456 Obergurgl,

T +43 (0)5256 6223

F +43 (0)5256 6449

☉ beginning of July - end of Sept.

🛏 beds (22) from E13, dorm beds (32) from E10

🚶🏔 from Obergurgl - Beil - Kuppele to Ramolhaus, **altitude gain:** 1000 m, L: 6 km, T: 3 hrs, **2**

🚗 by car or taxi to Obergurgl, car parking in the center of town

**Crossing:** to Vent via Ramoljoch T: approx. 3 hrs, to Hochwildehaus, T: approx. 1.5 hrs, to Langtalereck Hütte, T: approx. 2 hrs, to Martin-Busch-Hütte, T: approx. 6 hrs, **2, 3**

**Peaks:** Ramolkogel, T: approx. 3 hrs, Schalkkogel, T: approx. 3 hrs, Spiegelkogel, T: approx. 2.5 hrs, Firmisanschneid, T: approx. 2-3 hrs, **3, 4** guided tours, for information contact the Scheiber family

**The hut:** was built by the mountain guide Martinus Scheiber in 1881 on Köpfle below Spiegelkogel.

Newly refurbished hut and guest parlor. Wonderful view from the sunny terrace overlooking the valley and its glaciers.

The "Gurgler Ferner" glacier - you can almost touch it!



## Hochwildehaus



Obergurgl - 2.866 m / map p. 60-61



Georg Gufler

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T +43 (0)664 5268655 or

T +43 (0)664 1647715

T Private: +43 (0)5253 5396

F Valley: +43 (0)5253 5396

☉ approx. 30 June - 25 September

🛏 beds and mattress dorm

🍴 Tirolean food, meat dishes, pasta dishes, vegetarian meals, typical hut meals, meat and milk products from our own farm, half-board available

🚶🏔 from Obergurgl - past Schönwieshütte, towards Langtalereck Hütte, on to Hochwildehaus, **altitude gain:** 936 m, **L:** 14 km, **T:** 4 hrs, **2**

🚶🏔 Obergurgl through the pinewood Zirbenwald to Schönwieshütte - towards Langtalereck Hütte via

Schwarzenkamm, past Gurgler glacier to Hochwildehaus, **altitude gain:** 936 m, **L:** 14 km, **T:** 4 hrs, **3** 🚠 to Festkogel gondola - entrance of town 🚠 Gaisberg lift to Hohe Mut, remaining **T:** 3 hrs, **altitude gain:** 936 m 🚶🏔 Ötztal Trail to Langtalereck Hütte, **L:** 7 km, **T:** 1.5 hrs, **altitude gain:** 520 m.

**The hut:** the Hochwildehaus was built in 1900 and makes an ideal base for a great number of tours.

**Crossings:** : Schönwieshütte, Langtalereck Hütte, Ramolhaus.

**Peak climbs:** Hochwilde, Schalfkogel, **altitude gain:** 1100 m, Mittlerer Seelenkogel, **altitude gain:** 1000 m, Karleskogel, Falschungsspitze, **altitude gain:** 950 m, Firmisanschneid, Großer Ramolkogel.



## Obergurgl-Hochgurgl Hiking Area

### Top Mountain Star 3080 m

- Modern Panorama Bar with scenic "Gamssteig" viewing platform
- Unlimited 360°-degree view of the Dolomites, Ötztal and Stubai Alps
- 3000m-mountain vista in 15 min – secured footpath to the summit cross of Wurmkogel peak
- Easily accessible with Hochgurgl gondola and Wurmkogel chairlift

### Hohe Mut Alm 2670 m

- Restaurant with table service incl. sunbathing terrace where regional specialties are served
- Fascinating panorama of glaciers and 21 peaks beyond 3000m
- Hiking base for easy tours to Rotmoostal and Gaisbergtal valleys
- Comfortably reachable with 8-person gondola from the village center

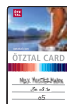
### Opening Times:

Obergurgl: Hohe Mut, 26 Jun – 26 Sep 2010, daily 09.00 am – 4.00 pm

Hochgurgl: 24 Jun – 10 Sep 2010, Tue/Thu/Fri 09.00 am – 4.00 pm

#### OBERGURGL-HOCHGURGL HIKING AREA

Gurglerstraße 93 6456 Obergurgl T +43 (0) 5256 6260  
 bergbahnen@obergurgl.com www.obergurgl.com





## Zwickauer Hütte

Moos/Pass - 2.989 m / map p. 60-61 

Fontana Irmgard

I-39013 Moos/Pass, Pfelders

T +39 0473 646002, T valley: +39 0473



643545, F 0473 648691,

zimmeri.gufler@rolmail.net

© 01 Jul - 30 Sep,  28 beds, 44 dorm

beds,  Tirolean home cooking, warm

meals all day

  from Pfelders trail no. 6A, T: 4 hrs, or

from Hohe Mut T: 4 hrs., **Crossings:** Stettiner

Hütte 2875 m, approx. 4 hrs. Langtalereck

Hütte 2438 m, approx 5-6 hrs. Gasth. Hoch-

first 1860 m, approx. 7-8 hrs. Schönwies

Hütte 2328 m, approx. 2 hrs;



## Hohe Mut Alm

Obergurgl - 2.670 m / map p. 60-61 

Liftgesellschaft Obergurgl

Gurglerstraße 104

T +43 5256 6396-32


hohemut@liftgesellschaft.at

www.hohemutalm.at



Facebook


 **Summer:** mid Jun – end of Sep

**Winter:** mid Nov – early Apr

 traditional home cooking on a high level

  from Obergurgl center, T: 2.5 hrs

or   with Hohe Mut Bahn mountain gondola, T: 10 min

 from Festkogel car park, 7 min walking time to Obergurgl's village center

**The hut:** easily accessible thanks to the top modern 8-person mountain gondola; short hikes from/to Hohe Mut Alm. From the top terminal you also reach the glacier easily, **2**, T: 1 hr; Amenities: suitable for handicapped persons, stunning panoramic views of 21 glacier peaks, large sun terrace, parlors for special events.



# ÖTZTAL HIKING BADGE

## How to obtain the wonderful "Ötztal Hiking Badge"?

If you conquer the following number of mountain huts in the Ötztal Alps you receive:

1. The Ötztal Hiking Badge in BRONZE for three huts
2. The Ötztal Hiking Badge in SILVER for eight huts
3. The Ötztal Hiking Badge in GOLD for sixteen huts
4. The hiking badge is available from all local Information Offices within the Ötztal on presentation of the required number of hut stamps collected in the stamp book.
5. The hut stamps for the Ötztal Hiking Badge can be collected during several stays in the Ötztal.



The Ötztal Hiking Badge is available for € 1.00 per pin at all Information Offices of Ötztal Tourismus.

## Tips for Safe Mountain Hiking

1. No hiking tour without proper planning: trail description, length, difficulty level.
2. Obtain information on weather conditions and trust in warnings of local hikers.
3. Do not wear light shoes or slippers in the mountains. Always take warm clothes and raingear with you.
4. Inform your host down in the valley about the tour and when you plan to be back.
5. Eat and drink plenty on your tour, and take dressing material with you.
6. Never leave the marked trail as there is always a high danger of falling.
7. Respect nature and help to maintain our natural landscapes. Do not throw away anything.
8. You have to be fit to go hiking and not to get fit by hiking. A certain physical shape is absolutely required for all mountain tours.

# Hut Hikes

## Windachtal, Sölden

**Day 1:** Ascent via Brunnenbergalm to Brunnenkogelhaus. Overnight stay at 2738m. **Walking time:** 4 hours

**Day 2:** Descent to Schönkar and ascent to lake Wannenkarsee. Down to Windachtal valley, further on to Siegerlandhütte, 2710m. **Walking time:** 5 hours.

**Day 3:** Dreamlike hike across Gamsplatzl at 3019m. Short descent to Hildesheimer Hütte at 2900m. Dinner and overnight stay. **Walking time:** 3.5 hours

**Day 4:** Ascent to Gaiskar glacier past Jochdohle area, further on to Windacher Ferner. Descent via Fräulasköfel to the area below lake Seekarsees at 2600m. Ascent to lake Seekarsee along Himmelsleiter to Hochstubai Hütte.

**Walking time:** 4.5 hours

**Day 5:** Descent via lake Laubkarsee to Kleble Alm and back to Sölden. Plenty of picture-book images will stay with you forever!

## Obergurgl, Vent

**Day 1:** From Obergurgl on a broad, slightly rising trail, past the ski lifts, to Schönwieshütte and further on to Langtalerreckhütte. Towards Hochwildhaus until you reach the fork-off to Gurgler Ferner glacier. Down along the glacier snout to the opposite band in north-western direction. A short track on the trail to Obergurgl, turn left into winding route up to Ramolhaus.

**Walking time:** 5 hours

**Day 2:** Footpath to the nearby Ramolferner, follow the ice for a bit, then turn left (Venter Joch) into the rocks. Either along one long or two short but easier stepladders across the rocks up to Ramoljoch col. Downhill on the snow or gravel slope, right of the glacier, until you reach the fork-off to Diemweg trail (difficult to find, on the left). In south-western direction into Niedertal valley, across the bridge and uphill to the small road. Continue up the valley past Schäferhütte to Martin-Busch Hütte.

**Walking time:** 5 hours

**Day 3:** Turn right behind the hut (left: Similaunhütte at Niederjoch), follow the ascending footpath and the signposted route to the eastern ridge of Saykogel. Further on to the peak along short climbing sections (blocks, grade I) to its highest point. Return on the same route for a few meters, then cross the steep flank westwards to the longish ridge. Down to a small mountain lake = rain gauge (easy climbing, grade I).

Descent to the brook of Hochjochferner and across the bridge. Continue northwards on the winding trail, down to the next bridge over the Rofenache. Then uphill again to the nearby Hochjoch Hospiz. **Walking time:** 5-6 hours

**Day 4:** Ascend on the footpath in north-western direction, turn right at about 2620m and circle Guslarspitzen peaks until you reach the area some 100m below Vernagthütte. Head to the brook of Vernagtferner glacier (bridge) and take the upper trail (Seufert Weg), a splendid high elevation route, to Breslauer Hütte. **Walking time:** 4 hours.

There are 2 return alternatives:

Along the normal route to the top station of Wildspitze chairlift (2356m), and on foot or by chairlift down to the village. Or on the steep path down to the Rofenhöfe farms (2014 m) and further on to Vent (1900m). **Walking time:** normal route (1.5 hr), to the lift's top station (1 hr), via Rofenhöfe (1.5 - 2 hrs)

### Oetz, Lower Ötztal

**Day 1:** Uphill ride with Acherkogel gondola, via Kühtaile and Balbach Alm along the Knappenweg trail (eastwards). After approx. 2 hours you get to Obere Issalm, another 20-min ascent to Knappenhaus (both not serviced). Continue eastwards towards Dortmunderhütte. **Walking time:** 3.5 hours

**Day 2:** From Dortmunder Hütte past Finstertal water reservoir to Finstertaler Scharte (2777m). Descent to Schweinfurter Hütte. **Walking time:** 4 hours

**Day 3:** "Wilhelm Oltrogge Weg", long hike from Schweinfurter Hütte to Hochreichscharte (2912m), past Lauser to Achplatte area. Follow the steep trail down to the old Bielefelder Hütte, the Trail of Senses and back to Bielefelder Hütte near Hochoetz. **Walking time:** 8.5 hours



# Geigenkamm Crossing

**00** = Hut info No, see pages 5-7

Hut tour from the River Inn to the Rettenbach Glacier along Forchheimer and Maynzer Höhenweg. This multi-day trek requires good physical condition, previous high alpine hiking experience, and a good head for heights.

**Stage 1:** Roppen (724 m) - Forchheimer Weg **Erlanger Hütte** **23** (2.541 m), Walking time: approx. 7 hours. From Roppen walk along a wide road to Maysalm (1631 m). Continue to Mut-hütte and Mutkopf (1990 m) and follow the ridge in a southern direction to Forchheimer Biwak (2443 m). In the saddle between Weiter Karkopf and Murmentenkarspitze head down into Weites Kar and walk through scree up to the eastern ridge of Äußerer Hoher Kogel. Walk down and continue southwest along a trail that uses steel cables for protection to get to Erlanger Hütte (2541m). Altitude gain: approx. 2000 m

**Stage 2:** **Erlanger Hütte** (2.541 m) - Frischmannhütte **22** (2192 m), Walking time: approx. 5 hours. Walk south past Lake Wettersee and continue along the ridge into a hollow. Hike the western side of the Leiertal towards the south and climb steeply to Feilerscharte (2926 m). Weather conditions permitting you should climb Fundusfeiler (3080 m) from where you enjoy superb views. Continue down to Feilerscharte and Funduskar; walk through gentle pastures to Frischmannhütte (2192 m). Altitude gain: approx. 600 m

**Stage 3:** **Frischmannhütte** **22** (2192 m) - Hauerseehütte (2383 m). Walking time: approx. 6 hours. The trail travels east of the Griesköpfe and in a southern direction past Blockkogel and then climbs steeply to Felderjöchl (2794 m). From Felderjöchl the trail drops down to Lake Weisser See and on to Hauerseehütte (2383 m). Altitude gain: approx. 1000 m. Hauerseehütte is a self-catering hut.

**Stage 4:** Hauerseehütte (2383 m) - Rüsselsheimer Hütte (2328 m). Walking time: approx. 6 hours. From the hut a trail lead to Hauerferner glacier which is moderately steep in the lower part and flat in the upper part. Walk along the western edge of the glacier to Luibisscharte (2914 m). Easy climbing to Luibiskogel (3112 m). The trail drops steeply from Luibisscharte and continues east of Mitterkopf in a southern direction via Sandjoch and southern Luibiskar to Breitlehnjoch (2637 m); on via Rötkarljoch (2709 m) and through Rötkarle to the Gahwinden (2648 m) vista point; continue to Rüsselsheimer Hütte (2323 m). Altitude gain: approx. 900 m.

**Stage 5:** **Rüsselsheimer Hütte** (2.323 m) - Mainzer Höhenweg - **Braunschweiger Hütte** **74** (2.758 m), Walking time: approx. 9 hours. The trail climbs very steeply to Weißmaurachjoch (2953 m). Continue in a southern direction and cross a small glacier field. Descent down to the glacier (beware of crevasses!) just below Puitkogel.

Continue along a moderately steep glacier section (crampons might be needed in late summer) up to the Rheinland-Pfalz bivouac on.

Follow the ridge across Gschrapkogel (3197 m) and Wurmsitzkogel (3079 m). Descend to Braunschweiger Hütte (2,758m) via Franz Auer footpath. The trail to Rettenbach glacier travels past Pollesjoch ridge and a steep rift valley secured with iron chains.

Here the trail drops steeply to a glacier field below Pitztaler Jöchl. Hike up to Pitztaler Jöchl (3032 m) through this

glacier field and descent to Braunschweiger Hütte 74 (2758 m). If you plan to hike down to the restaurant on Rettenbach glacier, then you don't need to hike on the glacier field. From Rettenbach glacier several buses per day leave for Sölden. Altitude gain: approx. 1300 m. Since the Maynzer Höhenweg is a difficult, high alpine trail, we ask you to contact the host of Rüsselsheimer Hütte (+43 (0)664 2808107) and/or Braunschweiger Hütte regarding trail and weather conditions.

## Pinewood Forest Theme Trail

The nutcracker, a small bird, accompanies you on your walk through the Obergurgl Pinewood Forest. This beautiful loop trail was designed to familiarize you with the nature and culture around Obergurgl. Thanks to its outstanding natural beauty and ecologic importance this 20-ha pinewood forest has been protected under Tirolean conservation laws since 1963. An information panel at the entrance to the pinewood forest provides information on the natural surroundings as well as a route description. 12 small-sized interpretive panels along the way provide information on naturalistic themes including moors, birds and marmots.

A 32-page strong accompanying brochure contains in-depth information on the trail. Each station is presented on a double-page spread and presents details on the region's special natural as well as culture-historical features. Additional information is offered on the Ötztal Nature Parke and the Gurgler Kamm Biosphere Park.

This theme trail travels along already existing footpaths and hiking trails (T: 2 hrs; L: 4 km, altitude gain: 170 m). Trail-head is at Davids Hütte at the entrance to the pinewood forest. The information on the panels and in the brochure is available in German and English. Explore and enjoy the natural and cultural diversity in Obergurgl!

**Further Information and brochures**  
(€ 3,00 / brochure.)

**Naturpark Ötztal**, Gurglerstr. 104  
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T +43(0)664 1210350  
[www.naturpark-oetztal.at](http://www.naturpark-oetztal.at)

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Tel. +43 (0) 57200 100  
[www.obergurgl.com](http://www.obergurgl.com)

# Alpine Ecology Trail

... learn how plants and animals have to struggle to survive in the Alps!

Enjoy summer in the mountains.

Discover the beauty of our surroundings along the "1st Alpine Ecology Trail". The detailed panels along this interpretive trail provide information on the struggle for survival of the flora and fauna in a high Alpine environment.

The theme trail travels mainly along the natural tree line, the transition zone between sub-alpine forest regions and sub-alpine dwarf shrub heaths, which both form an important component of the high alpine ecosystem.

The "High Alpine Ecology Trail" consists of two sections:

## SECTION 1:

### Mid Station - Base Station of Gaislachkoglbahn

- A Theme: MOUNTAIN ANIMALS  
Introduction: mountain animals - mountain guests
- B White grouse and mountain hare
- C Alpine vertebrates
- D Rock climbers: chamois and ibex
- E Hunters and the hunted: eagle - marmot
- F Grouse: wood grouse and black grouse
- G Hunt in Sölden
- H Hunter and the hunted: fox - badger
- I Forest climbers: woodpeckers and others
- J Forest insects and the dynamism of mountain forests
- K Small birds in mountain forests

## ROUTE DESCRIPTION:

**Distance:** 4.6 km (6.2 km to Sölden)

**Difference in altitude:** 520 m (800 m to Sölden), **Walking time:** 2 to 25 hrs

The "**Mountain Animal**" trail leads from the mid station down to the base station of the Gaislachkogel gondola (2170 m - 1377 m). At first the trail travels above the tree line for about 1.5 km, winding its way through scree, Alpine rose bushes and dwarf shrubs, and later meadows and pasturelands. The trail then descends moderately through a sparse forest down to Gaislachalm mountain hut **56** (1968 m) and on through pasturelands and clearings to a sub-alpine forest. The forest trail back to Sölden varies in grade. The upper and steeper part of the track leads through a pine, spruce and larch forest rich in lichens and dead wood. The path then winds its way through a pine larch forest with a more acidic soil. The last interpretive panels are located at approx. 1650 m. The trail continues through open strips, commercial forest land, and, finally manmade landscapes down to the base station, the head of the theme trail.

**SECTION 2: Hochsölden -****Mid Station****Theme: ENVIRONMENTAL  
SYMBIOSES**

- A Introduction: Men in Alpine surroundings
- B The higher, the sturdier (1)
- C The higher, the sturdier (2)
- D Water pipits: Mohicans of the heaths
- E Ecology of ericaceous plants
- F The Ötztal glaciers
- G Snow valleys and snow drifts
- H Ecology of the timberline vegetation
- I Ski slopes and greening
- J Lichens - born survivors
- K Forms of growth: Small is beautiful, round is healthy
- L Adaptation to UV rays

**ROUTE DESCRIPTION**

**Distance:** 5,5 km

**Altitude gain:** 70 m

**Walking time:** 1,5 bis 2 h

The trail starts in Hochsölden (2100 m) and travels above today's tree line along a southeastern slope to Rettenbachalm mountain hut 67 (2145 m). After crossing a brook, the trail climbs gently along the northern ridge of Gaislachkogel mountain passing through scree, Alpine rose bushes and a sparse pine forest before ending at the mid station of Gaislachkogel gondola (2170 m). The main part of the trail is along the natural timberline, i.e. the transition zone between sub-alpine forest regions and sub-alpine dwarf shrub heaths, which both form an important component of the high alpine ecosystem.



# Geology Trails in the Ötztal

## Längenfeld - Winkelberg: Geology trail, animal trail

this is all you need for a great and fun-filled family outing! Hidden away in a forest above Winklen is pretty Lake Winkelbergsee where you find an interesting Water Park. Kids love the small waterwheels, the trail through the lake, and the raised hide which they can climb. To get to the trailhead you leave the hamlet of Au and take a left towards Winklen. There is a large free parking lot before you get to the bridge crossing the Ötztal Ache. From the parking lot you follow the road for a bit until you get to the "Wasserpark" signs. Follow these signs on the well-maintained and easy footpath through the forest. The trail features taxidermied animals with information plates, and a gingerbread house. The last part of trail descends down to idyllic Lake Winkelbergsee and the Water Park. It takes about 1.5 hours to get to the lake, including stops at the various attractions. To get back you best take the path behind the lake, signposted "Winklen." This path leads into a trail which takes you back to town in about 30 minutes.

## Winkelberg-See water park:

Lake Winkelberg-See is a natural gem amid an unspoilt mountain forest setting. Starting in the hamlet of Winklen it takes about 1.5 hours to get to the moor lake. When starting at the Ötztal Ache you can walk along an attractive Geology Trail through a fascinating landslide area. The trail runs through millennia-old boulders and erratic blocks, and provides interesting information on the region's unique geologic history. Here and there taxidermied animals are hidden away in trees and behind rocks. At the lake's inflow you will find lovingly designed waterwheels and water-powered mechanisms. Other attractions include a raised hide on a boulder and a small slide. The lake makes for an idyllic outing for the whole family. Tip: bring food and drinks as there are no refreshment stops around the lake.



Photo Ötztal Tourismus



### Ötztal Bahnhof:

**Starting point:** Ötztal Bahnhof, "Kanzel" area, road bridge over the Ötztaler Ache

**Walking time:** 2 hours (loop hike)

**Altitude gain:** about 100m

**Type of trail:** narrow driving trails, ascending forest trails, short narrows

**Special features:** mighty rockslides, natural pine forest, irrigation system

**Tip:** detailed brochure available at the Information Office.

Some 3000 years ago giant masses of rocks came down from Tschirgant's southern ridge. In the "Kanzel" area, next to the road bridge over the Ötztaler Ache, you find an information panel. The rock rupture amid the so-named "White Wall" can be seen from far. Unique hiking trail across the natural rockslide area and stone pine forests. The outstanding Tschirgant rockslide can be explored either from Ötztal Bahnhof or from "Kanzel". Many wonderful spots along the scenic route. In close contact with unspoilt nature.  
[www.geozentrum-tirol.at](http://www.geozentrum-tirol.at)

### Sautens:

**Starting point:** car park at Kreuzkapelle (football field), turn right on the trail to Roppen after 10 minutes (signposts).

**Alternative:** Sautens swimming pool (car park)

**Walking time:** 4 hours (entire loop)

Sautens nestles on the western edge of the Tschirgant rockslide area. The unspoilt region of awe-inspiring beauty can be found between Kreuzkapelle (north) and Rammelstein. The precipice down to the federal road is called Dürrberg, a foreign part which is a remain of the Ötztal crystalline rocks polished by the glacier. Parts of ancient limekiln and caves can be admired. A really varied hike through the Forchet area in Sautens is guaranteed.



# Adlerweg

**00** = Hut info No, see pages 5-7

**Stage 1: Oetz - Acherkogelbahn - Hochoetz - Knappenweg - Dortmundhütte**, Walking time: 3.5 hours (plus lift ride with Acherkogelbahn), altitude at start: 2020 m (top station of Acherkogelbahn), altitude at destination: 1949 m, approx. 350 m climbing, approx. 400 m descending; highest point: 2100 m. Red mountain trail, no previous hiking experience needed. Ride with Acherkogelbahn from Oetz to Hochoetz - down to Balbachalm - towards the entrance of Mittertal valley - down to Dortmundhütte (+43 (0) 5239 5202)

**Stage 2: Dortmundhütte - Finstertaler Scharte - Guben - Schweinfurter Hütte**, Walking time: 4 hours, altitude at start: 1949 m, altitude at destination: 2028 m, approx. 850 m climbing, approx. 800 m descending; highest point: 2777 m. Red mountain trail, sure-footedness and a good head for heights required. Walk to Finstertaler Reservoir - continue along the reservoir - climb (partly steep trail) to Finstertaler Scharte - walk down to **Schweinfurter Hütte** **31**.

**Stage 3: Schweinfurter Hütte - Zwieselbachjoch - Winnebachseehütte** **51** Walking time: approx. 4.25 hours, altitude at start: 2028 m, altitude at destination: 2361 m, approx. 850 m climbing, approx. 500 m descending; highest point: 2868 m; Red mountain trail, some stamina required, otherwise no difficulties; The trail climbs (mostly) moderately from the Schweinfurter

Hütte through the Zwieselbachtal valley to Zwieselbachjoch saddle - walk down to Winnebachseehütte

**Stage 4: Winnebachseehütte - Winnebach - Sulztalalm - Amberger Hütte**, Walking time: approx. 3.5 hours, altitude at start: 2361 m, altitude at destination: 2136 m, approx. 500 m climbing, approx. 700 descending; highest point: 2361 m. Red mountain trail, a bit of stamina but no special hiking experience needed. The trail descends gently from the Winnebachseehütte to the hamlet of Winnebach - on to Sulztal - up to Sulztalalm **48** - on to Amberger Hütte **50**

**Stage 5: Amberger Hütte - Atterkarjochl - Sölden**; Walking time: approx. 7 hours, altitude at start: 2136 m, altitude at destination: 1368 m; 850 m climbing, approx. 1600 descending; highest point: 2976 m; Black mountain trail, good physical conditions, sure-footedness and a good head for heights required. The last part of the trail up to Atterkarjochl leads across a flat glacier field - ice screws or light crampons might be needed depending on weather conditions; the trail down from Atterkarjochl drops steeply through loose stones and gravel (no ropes for protection); ascent is through pastures, moraine ridges and across a glacier field to Atterkarjochl - very steep trail down to Atterkar - down to Kaiserbergalm - on to the hamlet of Kaisers and the center of Sölden

**Stage 6: Sölden - Restaurant Tiefenbach (Busfahrt) - Breslauer Hütte;**

Walking time: approx. 4.5 hours (plus approx. 30 min. bus ride from Sölden to Tiefenbach Glacier Restaurant). Altitude at start: 2789 m (Tiefenbach Restaurant), altitude at destination: 2844 m, approx. 700 m climbing, approx. 650 m descending, highest point: 2844 m. Red mountain trail, a bit of stamina but no previous hiking experience needed; bus ride from Sölden to Tiefenbach glacier - the trail travels above the Venter Tal and climbs moderately up to Stableinalm and (partly steep) on to Breslauer Hütte **88**

**Stage 7: Breslauer Hütte - Vernagthütte - Hochjochhospiz - Vent**

Walking time: 7 hours, altitude at start: 2844 m, altitude at destination: 1895 m, approx. 300 m climbing, approx. 1250 m descending; highest point: 2855 m. Red mountain trail, good physical condition but no previous hiking experience needed; some parts use steel cables for protection. Cross to Vernagthütte **89** (the trail climbs and falls moderately) - down to Hochjochhospiz **92** - down to Vent

**Stage 8: Vent - Ramoljoch - Ramolhaus;** Walking time: 5 hours, altitude at start: 1895 m, altitude at destination: 3006 m, approx. 1300 climbing, approx. 200 m descending; highest point: 3189 m; Black trail, sure-footedness, a good head for heights and previous alpine hiking experience required; the section between Ramoljoch and Ramolferner uses steel ladders and cables for protection; light crampons might be necessary for the flat and short part

across Ramol glacier (no crevasses); (partly steep) ascent from Vent via Ramolalm - steep descent (steel cables, ladders) to Ramolferner - on to Ramolhaus **95**

**Stage 9: Ramolhaus - Ramolweg - Obergurgl;**

Walking time: 3 hours, altitude at start: 3006 m, altitude at destination: 1907 m, approx. 1100 m descending; highest point: 3006 m. Red mountain trail, no previous hiking experience needed. (Mostly gentle) descent from Ramolhaus across meadows to Obergurgl (this stage always follows Ramolweg).



# Knappenweg

## Hochoetz - Ochsengarten - Kühltai

This historically interesting footpath runs at 2500 meters and takes you on a journey into the past when copper pyrites, pyrites and lead sulfate were mined here some 350 years ago. The footpath starts at the Hochoetz panorama restaurant and leads via Bielefelder Hütte **13** - Wetterkreuz - Wörgetal the Miners' House with Crushing Works - on via Obere Issalm - Balbachalm **12** - Kühltailealm **11** return to the Hochoetz panorama restaurant. It takes about 6 hours to walk the approx. 12-km long Knappenweg. For detailed information, route variations and access points visit: [www.knappenweg.at](http://www.knappenweg.at)

The Miners' House with Crushing Works at Lake Puchersee (2002 m) is an exact replica of the original construction. In the first part you learn about the hard life and working conditions of the miners at those times; the second part accommodates a small museum (guided tours only, information at Ötztal Tourismus and the Oetz info office. Effigies of miners, mine cars, tools, pictures and much more testify to the Wörgetal's mining history.

**INFORMATION:** Bergbahnen Oetz  
T : +43 (0) 5252 6385  
[www.knappenweg.at](http://www.knappenweg.at)



Photo Bergbahnen OETZ



## Umhausen

### Steppsteig

The NEWLY designed Steppsteig Theme Trail & Arzwinkel Waalweg Trail, above Umhausen, can be found on the left side of the valley. Great vistas! On both routes you get to know more about the variety of local trees and bushes in the Ötztal. Start your tour at the church in Umhausen, follow Rosslachgasse lane until you reach the Steppsteig trail. Also suitable for baby carriages with sporty tires. Continue past Waldcafe Stuiböbele until you reach the Arzwinkel Waalweg trail. Return to Umhausen by leaving behind the Kneipp facilities and the Kneipp station.

### Waalweg Fundus / Köfler Waal

"Waal" trails used to be former irrigation ditches for meadows, fields and pasturelands. Due to its very exposed location at 2100m above sea level, the "Köfler Waal" amid Fundustal valley ranks among the very special highlights in Tirol. On this route passionate walkers are warmly invited to enjoy a journey back in time. Start: car park in Köfels. Walk from Köfels along the hiking trail towards Frischmannhütte, past "Schachtele" area and further on to Waalweg Fundus trail, in direction of Frischmannhütte. Here you can hike down to the valley or take a taxi. Walking time: approx. 3 1/2 hours. Difficulty level: intermediate

### Arzwinkel Waalweg

From the Bischofsplatz car park (Ötzi Village) you walk past the Kneipp station across the forest. There you reach the century-old, handmade irrigation ditch leading to the Stuiben Falls. You find this small path right above the broad trail, after approx. 1 km the Waal trail leads back to the main path. Even today some of these old watering systems are still used by the local farmers. Following the route you will get to know more about the traditional farming methods of our ancestors. Benches along the trail invite you to take a rest.

## Pilgrimage Road to Santiago

### Haiming - Oetz - Sautens - Roppen

**Route description:** from Haiming you follow this idyllic part of the pilgrimage route along the Ötztaler Ache river to Oetz (8km) and further on to Habichen where you cross the river. Proceed to lake Piburger See and the village of Sautens. Along the main road until you reach the edge of the village (chapel), across the forest to Roppen. Walking time: about 4.5 hours



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## Safety Tips for Hikers

**The most important emergency numbers for Alpine accidents:**

- 140 Mountain Rescue**
- 144 Ambulance**
- 112 Europe-Wide Emergency Call**

When placing an emergency call always give the following information first:

**WHAT** did happen? (crevasse fall, fall, ....)

**WHERE** did it happen? (give exact location, altitude, GPS coordinates)

**HOW** is the condition of the victim? (unconscious, severely injured ...)

Give your name and phone number to the operator and don't hang up as the operator might still have more questions! Make sure you can be reached on the phone until the rescue team or helicopter arrive. Please note: answer all questions clearly, and don't put down the phone until you are told to. The operator can provide you with important information on how to treat the victim

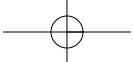


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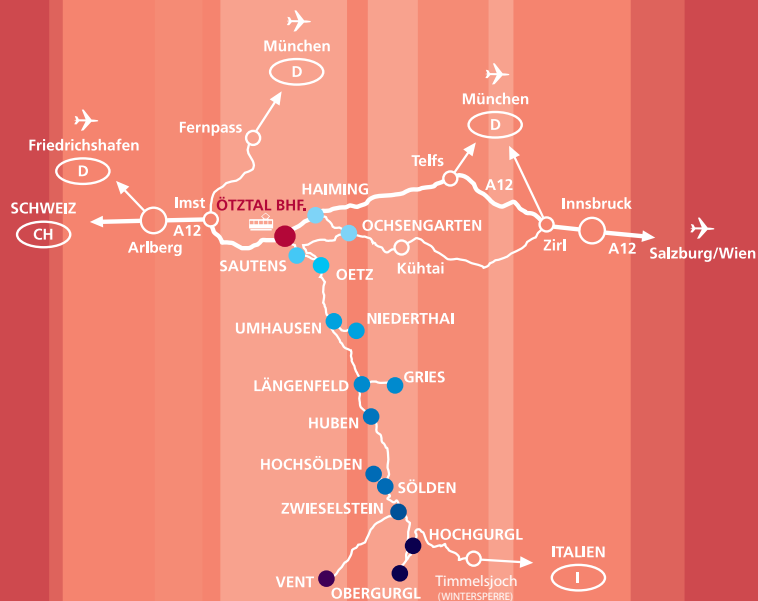
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# Huts & Hiking Tips

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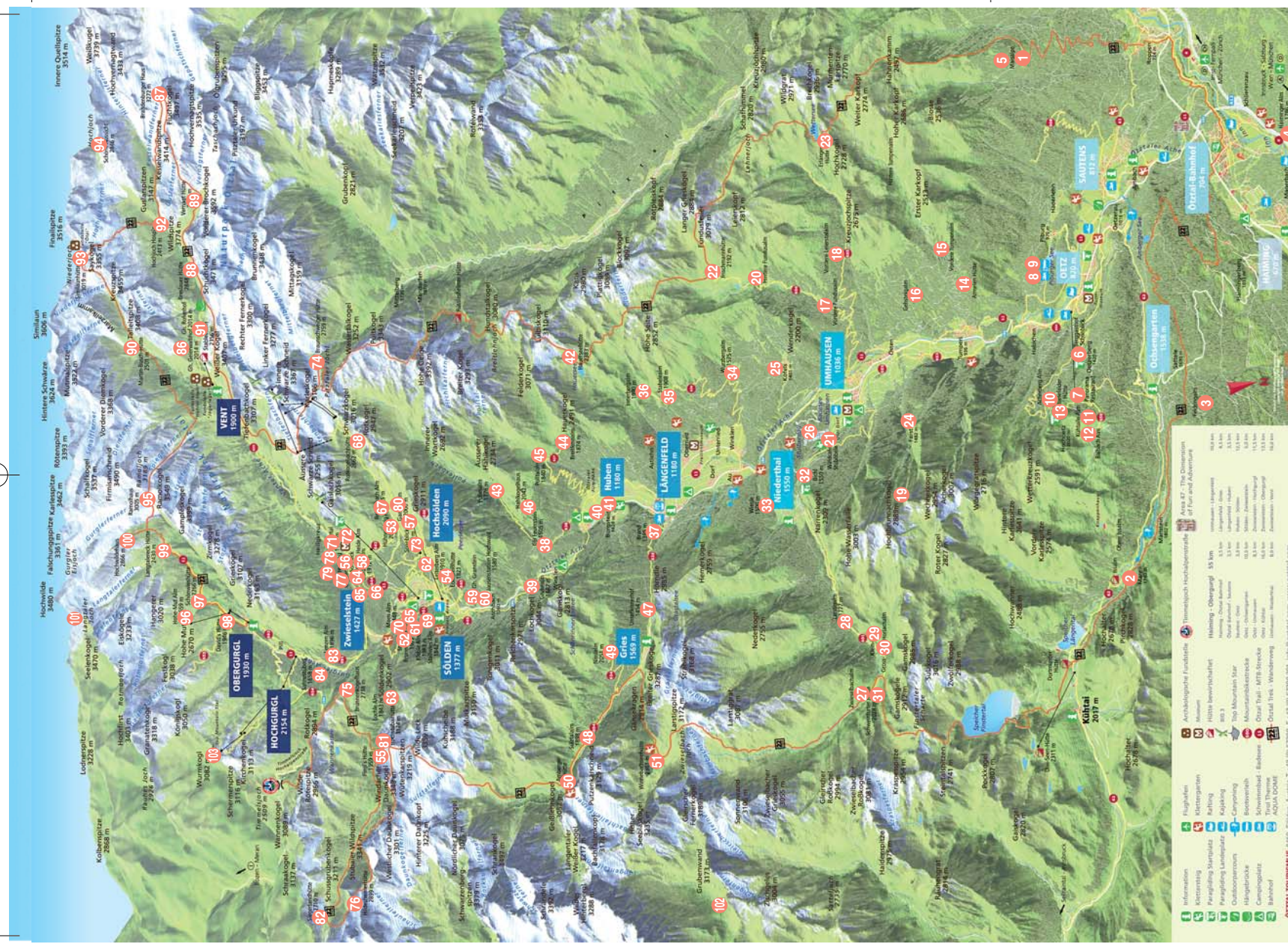
This 2010 edition contains an entire list of huts, snack stations and mountain inns within the Ötztal valley, including also further information on infrastructures and other highlights – such as theme trails or mountain lifts. Trail maps help to plan your tour even more easily. Please note the information about the Ötztal Hiking Badge on page 67.

Special thanks to all mountain inn keepers and alpine hut tenants for their great collaboration. **The next edition will be updated and published in spring 2011.**

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### INDEX-KEY

- board
- overnight accommodation
- phone / F Fax
- open (from – to)
- ascent
- gondola
- chairlift
- on foot
- bike
- car access to ...
- Z: walking time
- remaining T:** remaining walking time
- L:** distance in kilometers
- 1 ascent EASY**  
(suitable for novices)
- 2 ascent MODERATE**  
(reasonable physical condition and hiking experience of advantage)
- 3 ascent DIFFICULT**  
(sure-footedness and good physical condition required)
- 4 very difficult, for mountaineers only**  
(beware of Alpine dangers!)



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