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ÖTZTAL TOURISMUS
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ÖTZTAL SÖLDEN
 Imprint:

Sölden. Hot Spot in the Alps.

Highlights in Sölden – BIG3

GAISLACHKOGL (3,058 M)
 A three thousand meter high peak accessible to visitors since 1966. Wonderful platform offering splendid panoramic views of the Alps.

SCHWARZE SCHNEID (3,370 M)
 360°-degree panorama including Zugspitze peak, the Dolomites, Ortler summit... A natural viewing platform at 3,300 m.

TIEFENBACHKOGL (3,309 M)
 A 25-meter footpath high above the glacier fields, and the Wildspitze - Tirol's highest mountain – as lovely backdrop.

Sports & Activities

ARTIFICIAL ICE RINK AT THE SÖLDEN SPORTS FIELD
 Ice skating and ice curling

Open daily 2.00 pm - 9.00 pm (closed on Saturday)
 Equipment/rental: on the spot (ice rink) or in the sports shops
 Contact: T +43 (0) 5254 2514 or 2514-500

CROSS-COUNTRY SKIING
 Sölden/Zwieselstein - length: 16 km – classic/skating style

RECHENAU – KAISERS 5 km
 Difficulty: intermediate.
 Loop track along the forest edge to Kaisers and back.

HOFER BÖDEN SÖLDEN (WINDAU) 3 km – thereof 1.5 km skating
 Difficulty: easy
 From Hotel Hubertus via Hofer Böden area, across the Ache river, to Windau and back.

ZWIESELSTEIN 8 km – thereof 3 km skating
 Difficulty: intermediate.
 Scenic route leading from Gasthof Brückenwirt along the Venter Ache brook to Bodeneegg.



Holy Mass

Saturday 8.30 pm
 Sunday 10.00 am and 5.30 pm

Hut Evenings & Live Music

ALM-FERIENCLUB SILBERTAL
 Monday – Friday, from 7.00 pm transfer to the hut, toboggan rental, tobogganing (11.00 pm – 01.00 am) and live music
Contact: T +43 (0) 5254 2987 www.almhuette.net

ALPENGASTHOF GAISLACHALM
 Tuesday and Thursday transfer to the hut, toboggan rental, tobogganing (11.00 pm – 01.00 am) with live music
Contact: T +43 (0) 5254 2914 www.gaislachalm.com

SONNBLICK
 Every Tuesday, transfer from Sölden Postplatz square at 6.30 pm
Contact: T +43 (0) 5254 50120 www.riml.com

GRÜNER'S ALMSTUBE
 Every Tuesday (from January)
Contact: T+43 (0) 5254 2214 www.gruener-soelden.com

GASTHOF GRANSTEIN
 Every Tuesday, transfer available
Contact: T +43 (0) 5254 2404 www.gasthofgranstein.com

DIE ALM
 Every Thursday, from January the 8th 2009
Contact: T +43 (0) 5254 2401 www.die-alm.at

ON REQUEST
 Heidealm T +43 (0) 5254 304 14
 Hühnersteign T +43 (0) 5254 2872 www.huehnersteign.at
 s'Pfandl T +43 (0) 5254 3607 www.spfandl.com

Wellness & Spa

FREIZEIT ARENA SÖLDEN
 A full range of recreational activities: indoor pool, sauna parlor, sunbeds, tennis courts, gym, fitness studio, bowling, indoor shooting range,
Open daily: 11.00 am - 9.00 pm
 Sauna and tennis 11.00 am – 11.00 pm
 Fitness: closed on Sundays and public holidays
Contact: T +43 (0) 5254 2514 freizeitarena@soelden.at
 www.freizeit-soelden.com

AQUA DOME Spa Center – TirolTherme Längenfeld
Contact: T +43 (0) 5253 6400 office@aquadome.at
 www.aqua-dome.at
Opening times: daily 09.00 am – 11.00 pm,
 sauna 10.00 am – 11.00 pm

Horse Carriage Rides

Contact: Hotel Liebe Sonne Dorfstraße 58 T +43 (0) 5254 2203
 www.liebesonne.at

Restaurants

Name	Phone number	Grid square on the map
Alpenriede	T +43 (0) 5254 2308	Plan A1
Alpenland	T +43 (0) 5254 2365	G2
Alpina Stub'n	T +43 (0) 5254 5012 0	G2
Bäckelar Wirt	T +43 (0) 5254 2183	D3
Bellevue	T +43 (0) 5254 2444	G1
Brückenwirt	T +43 (0) 5254 2769	Plan B
Corso	T +43 (0) 5254 2498	H3
Die Alm	T +43 (0) 5254 2401	G2
Dominic	T +43 (0) 5254 2646	H2
Enzian	T +43 (0) 5254 2252	Plan A1
Gasthof Felsenüberl	T +43 (0) 5254 3217	E1
Gasthof Granstein	T +43 (0) 5254 2404	N2
Gasthof Zwieselstein	T +43 (0) 5254 3503	Plan B
Giggi Tenne	T +43 (0) 5254 3039 4	H2
Grand Pit	T +43 (0) 664 1412894	F2
Grauer Bär	T +43 (0) 5254 2564	D3
Grüner's Almstube	T +43 (0) 5254 2214	F1
Gusto	T +43 (0) 5254 2272	G2
Hacienda	T +43 (0) 5254 3526	G3
Heiner's	T +43 (0) 5254 2467	H3
Hubertus	T +43 (0) 5254 2489	F2
La Tavola (Hotel Rosengarten)	T +43 (0) 5254 2674	G3
Mangia Bene	T +43 (0) 5254 501 150	H2
Marco Polo (Castello Falkner)	T +43 (0) 5254 2600	E3
Moosalm	T +43 (0) 5254 2572	C4
Neue Post	T +43 (0) 5254 2910	Plan B
Nudeltopf	T +43 (0) 5254 2010	E2
Onkel Tom	T +43 (0) 5254 2644 300	G3
Otzi Wine & Dine	T +43 (0) 5254 2240	F2
Otztaler Stube (Central Hotel)	T +43 (0) 5254 2260 0	G2
Philipp	T +43 (0) 5254 2351 0	F1
Rauthalm	T +43 (0) 664 3840 657	D2
Regina	T +43 (0) 5254 2301	E2
Saitensprung	T +43 (0) 5254 2011	C4
Salino	T +43 (0) 5254 3179	I3
Schnalserstube (Liebe Sonne)	T +43 (0) 5254 2203 0	H2
Sonnenhotel Hochsölden	T +43 (0) 5254 2229 0	Plan A1
s'Pfandl	T +43 (0) 5254 3607	F1
Sunny Sölden	T +43 (0) 5254 2491	I3
Törggele Stub'n	T +43 (0) 5254 3535	G2
Valentin	T +43 (0) 5254 2267	E2
Waldcafé	T +43 (0) 5254 2319	E1
Windau	T +43 (0) 5254 2297	E3

Après Ski

Name	Phone number	Grid square on the map
Almrausch	T +43 (0) 5254 2203	H2
Bierhimmli Partyhaus	T +43 (0) 5254 501 120	H2
Bla-Bla	T +43 (0) 5254 2646	H2
Black & Orange	T +43 (0) 664 3412 006	F2
Die Bühne	T +43 (0) 5254 2183	D3
Fire & Ice	T +43 (0) 5254 2203	H2
Giggi Tenne	T +43 (0) 5254 3039 4	H2
Heiner's	T +43 (0) 5254 2467	G2
Jack's Glühweinhütt	T +43 (0) 5254 2252	Plan A1
KPS & Friends	T +43 (0) 664 3043 327	H2
Kuckuck	T +43 (0) 676 3421 865	H2
Marco's	T +43 (0) 664 4212 040	G2
Mogul	T +43 (0) 5254 2771	H2
Philipp	T +43 (0) 5254 2351 0	F1
Schirmbar Sölden	T +43 (0) 5254 2203 0	H2
Snow Rock Café	T +43 (0) 5254 2451 2	F2
Tino's Eisbar	T +43 (0) 5254 2267	E2



Hochsölden 2,090 m

Doorstep skiing right to your hotel is guaranteed all winter long. Premium four-star accommodations, homey guesthouses or apartments, sunbathing terraces, top infrastructure await you here. Sports shops, ski rental, ski kindergarten and ski schools on the spot. The „Golden Gate to the Glacier“ ski lifts take you from Hochsölden right to the glacier ski area.

Night Clubs / Bars

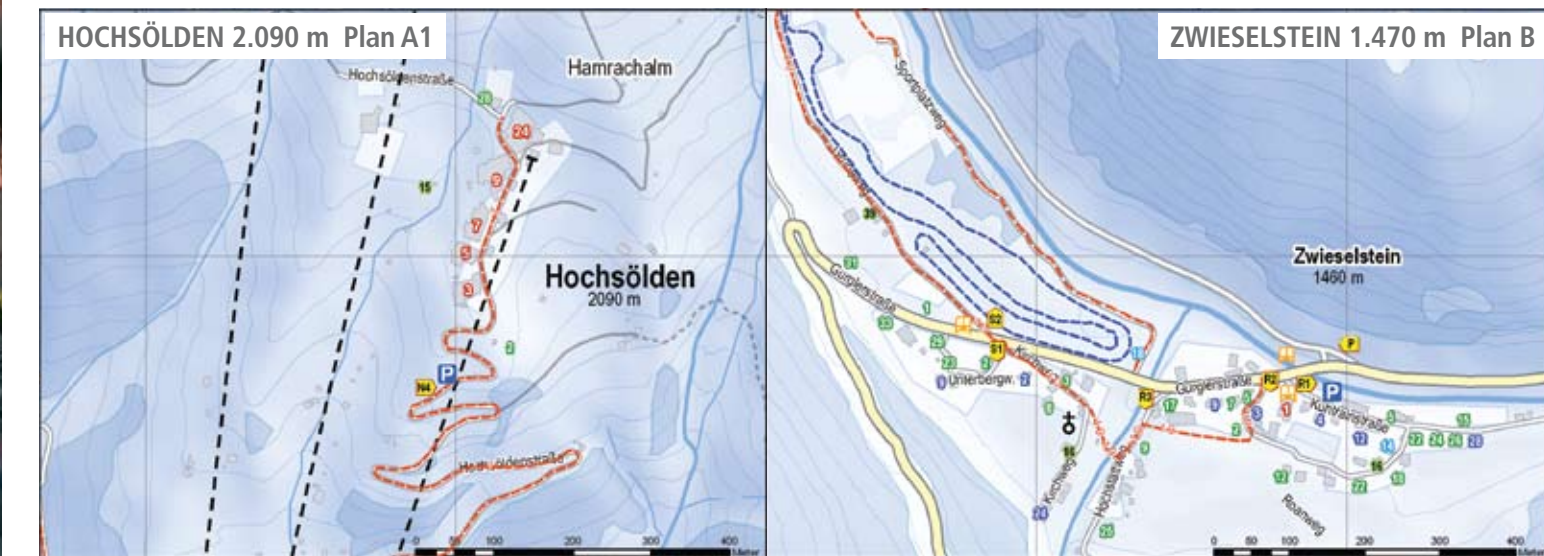
Name	Phone number	Grid square on the map
BAR-RIQUE	T +43 (0) 5254 501 0	H2
Bierhimmli Partyhaus	T +43 (0) 5254 501 120	H2
Black & Orange	T +43 (0) 664 3412 006	F2
Café & Cocktailbar Carola	T +43 (0) 664 1020684	G2
Chris & Co	T +43 (0) 5254 3778	F2
Cocktailbar Nanu	T +43 (0) 5254 2062	G3
Fire & Ice	T +43 (0) 5254 2203	H2
Fuchsloch	T +43 (0) 5254 2489	F2
Grizzly	T +43 (0) 5254 2288	G2
Hasenhütte	T +43 (0) 664 1614 087	H2
KPS & Friends	T +43 (0) 664 304 3327	H2
Kuhstall	T +43 (0) 664 3555 727	G2
Marco's	T +43 (0) 664 4212040	G2
Mirage	T +43 (0) 676 9405 642	G2
Mogul	T +43 (0) 5254 2771	H2
Post Pub (So, Di, Fr)	T +43 (0) 5254 2221	Plan A1
Rodelhütte	T +43 (0) 664 1614 087	E2
Snow Rock Café	T +43 (0) 5254 2451 2	F2
s'Pfiff	T +43 (0) 5254 2218	G2
The Lucky Shag	T +43 (0) 664 2703 876	H2
Weinfaßl	T +43 (0) 664 4424 848	H3

Cafés

Bäckerei Gstrein	T +43 (0) 5254 2369	D3
Bäckerei Ötztal Arena	T +43 (0) 5254 2482	F2
Café & Cocktailbar Carola	T +43 (0) 664 1020684	G2
Cocktailbar Nanu	T +43 (0) 5254 2062	G3
s'Rimele	T +43 (0) 5254 501 121	H2

Zwieselstein 1,470 m

A little mountain village 3 km south of Sölden, in the foothills of Naderkogel peak. The valley's small basin does not leave much space but the flair is truly unique. Zwieselstein is a paradise for those in search of rest and recreation far away from the hustle and bustle of everyday life. Enjoy ultimate holidays amid 3 wonderful ski areas: Sölden 3 (3 km), Obergurgl-Hochgurgl (10 km), Vent (14 km). Free skibus shuttle service in 20-minute/60-minute intervals.



Important phone numbers

Slope rescue T +43 (0) 5254 508 825
 Fire brigade T 122
 Police T 133
 Ambulance T 144

Sölden Lift Company T +43 (0) 5254 508
 Snow Phone T +43 (0) 57200 203

Lost & Found Sölden (administration) T +43 (0) 5254 2225

MEDICAL ASSISTANCE

Dr. Leys T +43 (0) 5254 2040
 Dr. Wutscher T +43 (0) 5254 2207
 Medalp Sportklinik T +43 (0) 5254 3000 3
 Dr. Drapela T +43 (0) 5254 3039 9
 Dr. Gamper T +43 (0) 5254 3039 9
 Dr. Praxmarer (dentist) T +43 (0) 5254 2172
 Pharmacy T +43 (0) 5254 2670

TAXI SERVICE

Taxi-Quaxi T +43 (0) 5254 3737
 Taxi Lenz T +43 (0) 5254 2133
 Funktaxizentrale (radio cabs) T +43 (0) 5254 2626
 Taxi Streiter Raimund T +43 (0) 5254 2992
 Taxi Förg T +43 (0) 5254 1718

CAR RENTAL

Shell Gas Station T +43 (0) 5254 2168

FOOD STORES

M-Preis T +43 (0) 5254 3049 822
 Spar-Markt T +43 (0) 5254 5205 7
 Kaufhaus Köll T +43 (0) 5254 2258
 Spar-Markt Ennemoser T +43 (0) 5254 5205

INTERNET POINTS

Ötztal Tourismus T +43 (0) 57200 200
 „P“ – Internet und Bar T +43 (0) 676 7031 561

PUBLIC LIBRARY

Internet access T +43 (0) 5254 2397-13
 Mon 2.00 pm – 6.00 pm, Thu 5.00 pm – 7.00 pm
 Sat 8.15 pm – 9.00 pm, Sun 10.45 am – 11.30 am

