



Ötztal, The Peak of Tirol.



Umhausen-Niederthai

Resort Information Summer

Culture and History

UMHAUSEN – Altitude 1,036 m
The oldest settlement in the Ötztal. A flax blossom is the village's heraldic symbol as flax used to be the most important trade product. Another highlight: the 159 m high Stuiben Falls – Tirol's biggest waterfall. Many attractions!

NIEDERTHAI, Ötztal's Sunshine Plateau – Altitude 1,550 m
Picture-book surroundings, landscapes of awesome natural beauty, peace and silence and accommodations for all tastes make Niederthai a true insider tip. Here you experience genuine hospitality!

TUMPEN – Altitude 936 m
Tumpen lies at the entrance to Umhausen, offering many awe-inspiring nature treasures: the Tumpen waterfall, the mystic Engelswand rock face, the mighty Achplatte rockslide area and countless chapels.

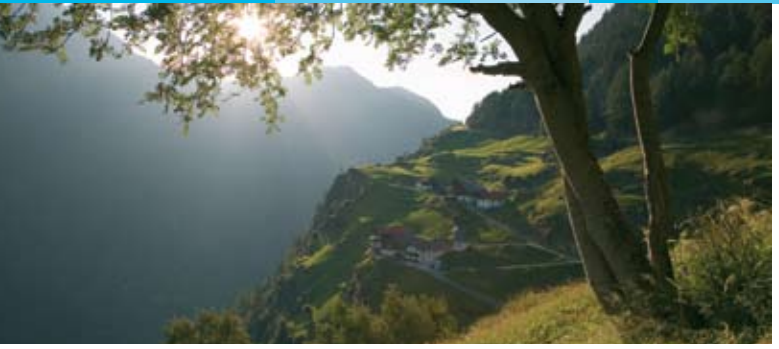
KÖFELS – Altitude 1,400 m
An idyllic hamlet far away from the hustle and bustle of everyday life. Ötztal's geological highlight: the Köfels rockslide area ranks among the biggest of its kind in the Alps. At the roadside you still find plenty of molten Köfelsit rocks – similar to pumice stone.

FARST, ÖTZTAL'S EYRIE – Altitude 1,482 m
Farst, above the legendary Engelswand rockface, is one of Ötztal's oldest settlements. If you dare ascending on the serpentine that have been cut into the steep rock (60-minute walk), you are rewarded with a fantastic panoramic view.

Old Crafts

Sheep's wool and linen as a natural product have a great importance in the Ötztal valley. The old crafts of making sheep's wool and rag rugs as well as real Ötztal linen can nowadays only be found in two crafts shops in the village of Umhausen.
Artist blacksmiths – In their long history they worked metal, copper, bronze, iron and precious metals by applying old forging and hammering techniques.
Glass painting – Production of colored windows, glasses and vases decorated with wonderful images.
Köfels waterwheel – Former driving wheel of the Köfels sawmill; among the biggest buildings of its kind and one of the most important artistic, cultural and historical attractions in Tirol.

- The following craft shops can be visited on prior arrangement:
- SHEEP WOOL CENTER**
T +43 (0) 5255 5293 www.schafwolle.com
 - HAND WEAVING CILLI DOBLANDER**
T +43 (0) 5255 5213 www.handweberei-oetztael.at
 - ÖTZTAL ARTIST BLACKSMITH / UMHAUSEN**
T +43 (0) 5255 5659
 - OLD VILLAGE SMITHY / NIEDERTHAI**
T +43 (0) 5255 5536
 - GLASS PAINTING**
T +43 (0) 650 9800 893
 - KÖFELS WATERWHEEL**
T +43 (0) 5255 5297 WWW.OETZTAL-MITTE.COM



Easy/Intermediate Hiking Trails

1 STUIBEN FALLS
Starting point: Umhausen / Mure car park → Trail along Sandgasse → leading right to the Stuiben Falls → back to Umhausen either on the walking trail to Niederthai 1,550 m or along Arzwinkl Waalweg and past Ötzi Village.

2 STEPPSTEIG - WIENERSTEIG
Starting point: Umhausen / Mure car park → towards Farst → fork-off to Wienersteig trail → Wienersteig → Steppsteig → back to Umhausen or in direction Stuiben Falls.

3 UMHAUSEN – OLD NIEDERTHAI ROAD - NIEDERTHAI
Starting point: Umhausen / Mure car park → along Rosslachgasse to the fork-off „Alte Niederthai Straße“ (old federal road) → ascending forest trail to Niederthai.

4 UMHAUSEN HIGH ALTITUDE TRAIL (DR. BERNHARD VOGEL WEG)
Starting point: Umhausen / Mure car park → along Rosslachgasse → past the fork-off „Alte Niederthai Straße“ (old federal road) → towards Hirschberg → Niederthai.

5 UMHAUSEN – LEHN/PLATZL - TUMPEN
Starting point: Umhausen / Mure car park → across meadows towards Farst → fork-off to Östen → „Maria Schnee“ chapel → Lehn Platzl → past „Engelswand“ rock face → Tumpen

6 LOOP TRAIL: ARMELENHÜTTE - TUMPENALM - GEHSTEIGALM
Starting point: Tumpen → along the forest trail, past the Tumpen waterfall → fork-off to Armelenhütte (right) or Vordere Tumpener Alm (left) and Gehsteigalm mountain huts.

7 UMHAUSEN – FARST „ÖTZTAL'S EYRIE“
Starting point: Umhausen / Mure car park → flat meadow trail to the mountain's foothill → steeply ascending and winding trail to Ötztal's eyrie – uninterrupted views of Umhausen and the stunning Alpine scenery.

8 UMHAUSEN – LEIERSTAL & FUNDUSTAL
Starting point: Umhausen / Mure car park → towards lbetaal → across the Ötztaler Ache river following the ascending forest trail (approx. 1.5 hrs) → fork-off to Fundustal / Leierstal. Turn right to Leierstal (Vordere Leierstallalm, Erlanger Hütte) or left to Fundustal (Vordere & Hintere Fundusalm, Frischmannhütte).

9 NIEDERTHAI – HÖFLE – BICHL
Starting point: Niederthai Information → across Hoarlachbach brook (wooden bridge) → cart trail to Höfle (hamlet) → turn right towards Bichl (hamlet) and the splendid vantage point on the ledge. Stunning panoramic views of the Innthal valley, the main Alpine chain and the Italian border.

10 NIEDERTHAI - BERGMÄHDERWEG
Starting point: Niederthai Information → across Hoarlachbach brook (wooden bridge) → past the fire department on the left → turn right after approx. 200 m into Bergmahderweg meadow trail → on the sunny forest trail along Hoarlachtal valley until you reach Larstigalm hut.

11 NIEDERTHAI - HORLACHTAL
Starting point: Niederthai Information → always follow Hoarlachbach brook → slightly ascending trail to Larstigalm → further on to Hoarlachtalm pasturelands and Schweinfurter Hütte.

12 TAUFERBERG LOOP
Starting point: Niederthai Information. The flat, wooded area in the west of Niederthai is called Tauferberg, stretching across the Ötztal valley between Umhausen and Längenfeld. A great variety of walking trails for all preferences can be found here. It is not recommended to leave the marked trails.

13 KÖFELS – WURZBERGALM
Starting point: Köfels car park
Köfels 1,400 m → old sawmill → Stubenweg trail → into the woods → Wurzburgalm snack station (Waldesruhe – 1,575 m).

Ötzi Village

The ultimate Ötzi Village is an archaeological open air park displaying the daily life at the time of Ötzi – the famous iceman – some 5000 years ago. Families are warmly invited to take a journey back in time: prehistoric buildings, Neolithic hunting equipment and working tools, old breeds of domestic animals and many more highlights and attractions can be admired here. Guided tours are already included in the ticket.

OPENING TIMES: May to October; groups should book in advance

Umhausen Swimming Lake

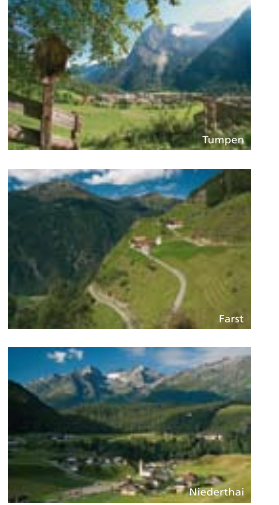
Wonderful get-wet pleasures in pure drinking water (hardness: 0) at temperatures up to 24°C in a truly unique biotope. Large sunbathing lawn, beach volleyball field, 2 tennis courts, children's playground, diving platform, Italian Pizzeria with huge terrace.

OPENING TIMES: June to September
Reduced admission rates on presentation of the parking ticket.

More details on **Cycling & Mountain Biking, Family Destinations & Excursions, Hiking, Climbing, Ötztal Card and Sights in Umhausen-Niederthai** and surroundings are available at the Umhausen and Niederthai Information.



UMHAUSEN NIEDERTHAI



- Zeichenerklärung**
Legend
- Information
 - Aussichtspunkt Stuibenfall
 - Vantage point Stuibenfall
 - Klettersteig
 - Via ferrata
 - Paragliding Startplatz
 - Paragliding start area
 - Paragliding Landeplatz
 - Paragliding landing area
 - Campingplatz
 - Campsite
 - Tauernstation
 - Ski lift station
 - Kneippanlage
 - Kneipp trail
 - Rieten
 - Horseback riding
 - Sportplatz
 - Sports ground
 - Tennisplatz
 - Tennis court
 - Schießplatz
 - Archery
 - Klettergarten
 - Climbing garden
 - Museum
 - Museum
 - Swimming lake
 - Parkplatz
 - Car park
 - Hütte bewirtschaftet
 - Serviced hut
 - Plattform Stuibenfall
 - Stuibenfall platform
 - Stuiben Nannsee
 - Sagenfigur
 - Stuiben Nannsee - mystic figure
 - Wanderweg
 - Hiking trail
 - Mountainbikestrecke
 - Mountain bike route
- ÖTZTAL TOURISMS INFORMATION UMHAUSEN-NIEDERTHAI**
6441 Umhausen Austria
T +43 (0) 57200 400 F +43 (0) 57200 401
info@oetztael-mitte.com www.oetztael-mitte.com

Stuiben Falls

Tirol's biggest waterfall features a total height of 159 meters. The wonderful one-hour hike to Niederthai leads along the rock faces of the Stuibenfall waters. 5 scenic viewing platforms and a suspension bridge have been installed, offering stunning views of this nature spectacle. You shouldn't miss out on the most breathtaking natural spectacle of the Ötztal valley. The federal road to Niederthai (rising road; 6 km from Umhausen) offers a car park for coaches, which makes Tirol's biggest waterfall and the panoramic platform easily accessible for everyone. To the left of the falls, a family-friendly via ferrata guarantees unforgettable adventures of a special kind: dare devils can cross the waterfall on almost invisible steel ropes.

From late May through mid October the Stuiben Falls are floodlit every Wednesday. Free torchlight hikes are scheduled – Advance booking required!

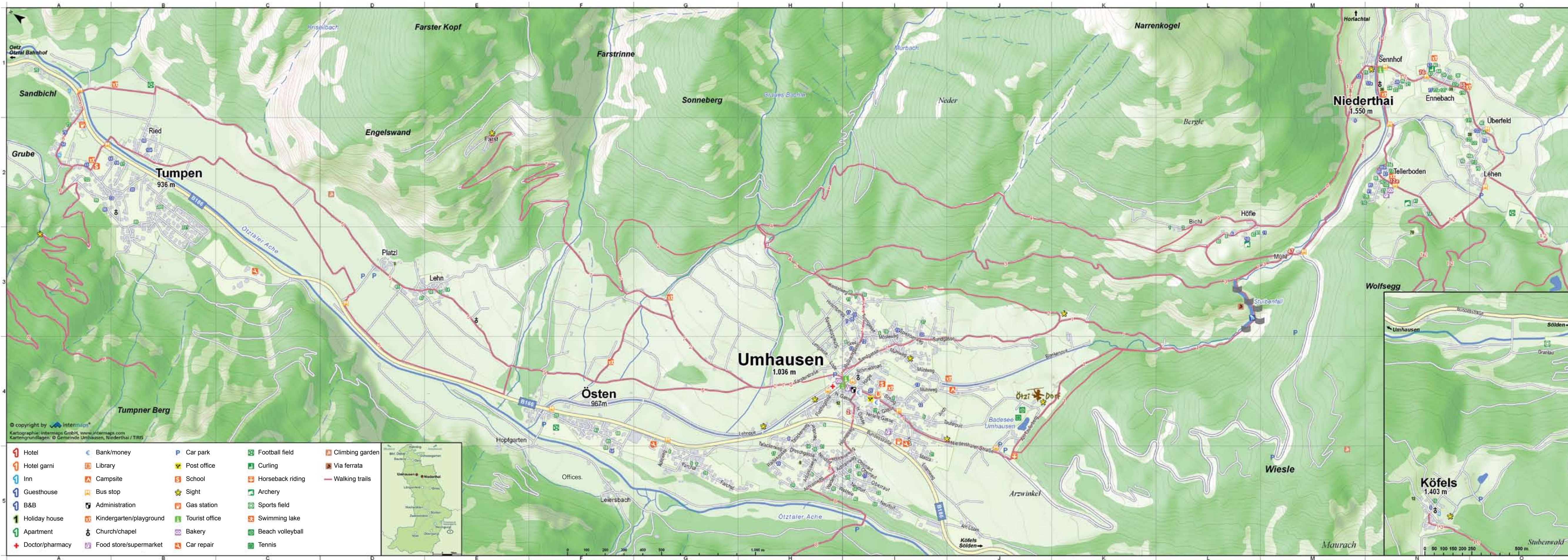
WATER TRAILS
The so-called „Waal“ trails are manmade irrigation ditches for high Alpine meadows and pasturelands. In Umhausen-Niederthai you can still admire a variety of such „Waal“ routes reminding of the past:

ARZWINKEL WAALWEG
Starting point: Bischofsplatz car park (Ötzi Village) → past the Kneipp station → across the forest until you reach the century-old, manmade water ditch leading to the Stuiben Waterfall → after approx. 1km the narrow path joins the road again. Walking time: 0.5 hr – Difficulty level: easy

WAALWEG FUNDUS / KÖFLER WAAL
Due to its exposed location at 2,100m the „Köfler Waal“ amid Fundustal ranks among the unique highlights in Tirol.
Starting point: In Köfels you follow the walking trail towards Frischmannhütte → past „Schartle“ area → further on along Waalweg Fundus. Walking time: 3.5 hrs – Difficulty level: intermediate

HORLACHTAL & ALPINE PASTURES
A broad cart trail with little change in elevation takes you along the brook from the mountaineering village of Niederthai to Horlachtal; perfectly suitable for prams, mountain bikers or walkers of all ages and abilities. Exciting walk offering stunning views! **Starting point:** in the hamlet of Sennhof → walk 100 m above Horlachtal brook towards Larstigalm. Walking time: 2.5 hrs – Difficulty level: intermediate

HOHER STEIN & TAUFERBERG FOREST
Discover mystic gorges and crevasses, get an insight into mighty granite rocks, and admire scenic Tauferbergwald forest. **Starting point:** Niederthai sports field (car park) → walk along the road until you reach the fork-off to „Taufberggrundgang“ (left) → follow the forest trail for approx. 20 minutes to the next fork-off → turn into the left forest trail leading towards „Hoher Stein“ → proceed on a narrow walking path → across Tauferberg forest and further on to the granite blocks. Walking time: 1.5 hrs – Difficulty level: intermediate



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|-----------------|-------------------------|----------------|------------------|-----------------|
| Hotel | Bank/money | Car park | Football field | Climbing garden |
| Hotel garni | Library | Post office | Curling | Via ferrata |
| Inn | Campsite | School | Horseback riding | Walking trails |
| Guesthouse | Bus stop | Sight | Archery | |
| B&B | Administration | Gas station | Sports field | |
| Holiday house | Kindergarten/playground | Tourist office | Swimming lake | |
| Apartment | Church/chapel | Bakery | Beach volleyball | |
| Doctor/pharmacy | Food store/supermarket | Car repair | Tennis | |

