

Ötztal, The Peak of Tirol.

Längenfeld Huben Gries

Resort Information Summer



Flat Walking Trails

1 KLAMMWEIG TRAILS
 The Klamm area can be found on the right and left shore of the Fischbach brook, towards Sulztal valley. Countless walking paths lead right across the forests, offering many resting areas and benches ideal for a short stop in the surroundings of Oberlängenfeld or Unterlängenfeld. **Starting point:** Oberlängenfeld Fischbach bridge -> along the Fischbach embankment towards Sulztal -> cross the small wooden bridge, follow the brook until you get to the Streele dam.

2 INFANGWEG TRAILS
 The Infang forest area is located on the right side of the Fischbach brook, in the direction of the Ötztaler Ache river. Here you find as well: Camping Ötztal, tennis courts, a restaurant, a sports field, a heated outdoor pool, a children's playground. By car you reach this area only via Unterlängenfeld, turning right after the fire department. Opposite the Infang you find the Pestkapelle chapel which was built in 1661. **Starting point:** Oberlängenfeld Fischbach bridge -> westwards along the Fischbach embankment until you get to the Ötztaler Ache river -> cross the bridge and return to Längenfeld.

3 AUENWEG TRAIL Time: approx. 3 hrs
 Wonderful walking trail along the shores of the Ötztaler Ache river, past lush meadows and forests. **Starting point:** Oberlängenfeld Fischbach bridge -> along the Fischbach brook to the Ötztaler Ache river -> cross the bridge to the right in direction Oberried, Lehnerau until you get to the hamlet of Winklen where you cross the Ötztaler Ache river -> along the river shore back to Längenfeld.

4 LÄNGENFELD WALKING TRAILS Time: approx. 3 hrs (both ways)
 Längenfeld -> Astlehn -> Runhof -> Huben. **Starting point:** Oberlängenfeld Fischbach bridge -> along the Fischbach brook (towards Pestkapelle chapel) to the Ötztaler Ache river -> follow the river in the direction of the upper valley and cross the wooden bridge -> walking past Astlehn and Gottsgut you reach the old riverbed that takes you to Huben, the water park and the sports fields. Start your return walk at the second bridge in Huben, continuing along the Ötztaler Ache river to Runhof next to the bridge (2) -> here you cross the river, heading towards Längenfeld.

5 PESTKAPELLE CHAPEL
 The chapel, a memorial of the plague epidemic, was built in 1660-1661. It features a quite peculiar Gothic and Renaissance style altar, while the side altar is a Rococo masterpiece. Wonderful resting area. **Starting point:** Oberlängenfeld Fischbach bridge -> along the brook to the wooden bridge -> slightly ascending trail to the chapel.

Exercise at High Altitude

Längenfeld is located in the „golden middle“ of the 67 km long Ötztal valley. Here the valley opens to a wide, green plain. Längenfeld is located at an altitude of 1,173m and makes a paradise for sports lovers. A myriad of different exercise forms can be pursued on/in:
 -> 150 km of marked hiking trails
 -> 70 km of cycling trails, 40 of which are mountain bike trails
 -> 100 km of running trails
 -> 2 via ferratas and climbing gardens

Ascending Walking Trails

6 TEUFELSKANZEL – DURING WEG Time: approx. 3.5 hrs
 Great panoramic trail with vantage point offering stunning views of Längenfeld's basin and the surrounding mountains. **Starting point:** Oberlängenfeld Fischbach bridge -> along the Fischbach brook and across the bridge towards the Pestkapelle chapel -> moderately ascending forest trail, fork-off to Teufelskanzel -> follow the signposted During Weg trail to the hamlet of Gottsgut -> in Gottsgut you follow the Ötztaler Ache river and return to Längenfeld.

7 BRAND Time: approx. 40 min
 Traditional double farmhouse, snack station, great view of the valley. **Starting point:** Oberlängenfeld Fischbach bridge -> along the embankment towards Sulztal valley -> follow the moderately rising forest trail to Brand. Alternative route: from the southern part of Oberlängenfeld along the old road via Burgstein to Brand.

Gries Valley Hikes

1 ALBUIN-GUGGENBICHLER-WEG Time: 0.5 hr
 Albin Guggenbichler: parish priest and pioneer in Gries from 1951 **Starting point:** Gries village center, heading southwards you cross Nederputt bridge -> along the Fischbach brook, through Nederwald forest, you reach the Mühlaustieg area.

2 HOFRAE-EIS-WEG Time: 0.5 hr
 Hofrat Eis: former expert in the field of anti-flooding and avalanches **Starting point:** Gries village center, southwards to the right shore of the Fischbach brook -> continue on the river shore trail until you get to the Mühlaustieg area.

3 NEDERPUTTWEG Time: 0.5 hr
Starting point: Gries village center, eastwards towards the Fischbach bridge -> follow the river shore past meadows and forests until you reach the Vögelas bridge.

Family Hike

WINKELBERG GEOLOGICAL TRAIL
 Geological trail, animal trail, water park – What more could a family hike offer? The easy walking route leads across picture-book Kitzwald forest above Winklen right to scenic Winkelbergsee mountain lake. Stuffed animals can be admired along the trail while 11 notice boards give extensive descriptions on geological facts and the wonderful fauna of this region. A witch house ranks among the highlights. Winkelbergsee features a splendid water park with small mill wheels and a stone-covered Kneipp path leading through the lake.

Getting to the Geological Trail:
 In Winklen you find a free car park at the left side, just before you reach the Ötztaler Ache river. The broad Geological Trail starts behind the bus stop, later it joins a narrow footpath. No serviced hut or inn along the trail.



Via Ferratas

VIA FERRATAS IN LÄNGENFELD
 You need not be a climber to get a glimpse of their world. A world of hooks and ropes opening up new perspectives. Via ferratas enable surefooted hikers who are not afraid of heights to enjoy new views and dimensions.

LEHNER WASSERFALL VIA FERRATA
 160 m of altitude gain have to be conquered along the via ferrata next to Lehner Wasserfall. Many rungs and steps facilitate the ascent. In the middle of the via ferrata you enjoy a fantastic view of the waterfall and the valley. A 30°-overhang is the highlight of this route (you can sidestep this difficult part). Difficulty level: intermediate (suitable for beginners)
 Ascent: 1 – 1.5 hrs
 Descent: 1 hr

REINHARD SCHIESTL VIA FERRATA
 Reinhard Schiestl, who gave the name to this breathtaking route, was one of the early climbing pioneers. The trail leads up an almost vertical 200 m granite face and is secured all along by a wire rope, clamps and rungs. Difficulty level: very difficult
 Ascent: 1.5 - 2 hrs
 Descent: 1 hr

More details on climbing routes can be found in the „Climbing Gardens & Via Ferratas“ folder available in all Ötztal Tourismus Information Offices.

Running Routes

WARCHE TRAIL Trail length: 7.9 km
Starting point: sports center
 Direction: up the valley towards Huben, clockwise
 Trail course: start at the sports center, direction Ötztaler Ache river -> follow the river upstream, pass Astlehn and Runhof until you get to Huben -> change the side of the river and return past Gottsgut and Unterastlehn until you get to the suspension bridge below the Pestkapelle chapel -> cross the Ötztaler Ache river again and return to your starting point. Difficulty: intermediate

AUEN TRAIL Trail length: 7.8 km
Starting point: sports center
 Direction: down the valley towards Winklen, clockwise
 Trail course: start at the sports center in direction of Ötztaler Ache river -> cross the river at the suspension bridge -> continue along the shore to Lehner-Au and Winklen -> change the river side in Winklen and run along a fantastic forest and pasture trail from Au to Dorf and back to Längenfeld. Difficulty: intermediate

TRAIL PROFILES (BOTH RUNS)
 Uphill and downhill stretches; slightly rising and descending running & walking route. Ground: well-surfaced country and forest trails, almost no asphalt surface.



Weekly Events

- > Guided theme hiking tours – 2 days/week
- > Guided mountain bike / rafting / climbing tour – 1 day/week
- > Hut taxi transfer to Wurzburg, Stabele and Innerbergalm
- > Traditional Tirolean Evening, dance and folklore show
- > Evening concert of Längenfeld's brass band
- > Evening concert of Huben's brass band

Events are scheduled approx. from late June to early September.

More details on event programs (location, time, etc.) available in all Ötztal Tourismus Information Offices. Sometimes advance booking is required.

Cycling & Mountain Biking in Längenfeld

11 LÄNGENFELD LOOP TRAIL Distance: 28.2 km
 Cycling tour in the valley bottom, perfect for families. Off the main road you explore the countless little hamlets located between Huben and Winklen. The cycle path takes you back to Längenfeld across lush meadows and along the Ötztaler Ache river.

637 HUBEN – POLLTALALM – BREITLEHNALM Distance: 15.8 km
 The switchbacking forest trail takes avid cyclists from Huben (next to Ötztal Fun Park) to the Breitlehalm hut at 1,880m. The estimated time is approximately 1 hour. Stunning views of Huben and Längenfeld.

634 + 635 LÄNGENFELD – GRIES – NISSALM Distance: 26 km
 The tour across Sulztal valley ranks among the unrivaled highlights for mountain bikers. From Längenfeld you follow the ascending road to Gries at 1,580 m. A gravel trail and forest trail takes you from Gries up to the Nissalm hut at 2,051 m. Along Nederweg trail (forest road) you return to Längenfeld.

More details and further route recommendations can be found in the „Cycling & Mountain Biking“ folder or the Kompass MTB Map. Both are available in all Ötztal Tourismus Information Offices.

Water & Stones Playground

Children don't need much to enjoy wonderful hours! Sand, stones, and water – most kids don't need more to forget time and become immersed in play. The nature-based playground in the hamlet of Huben is unique in Tirol and perfect for afternoons full of fantasy and play for young and older children. Young visitors can make clay figures, create mosaics of sand and stones, or send little boats on a journey. A little cable railway adds to the fun.

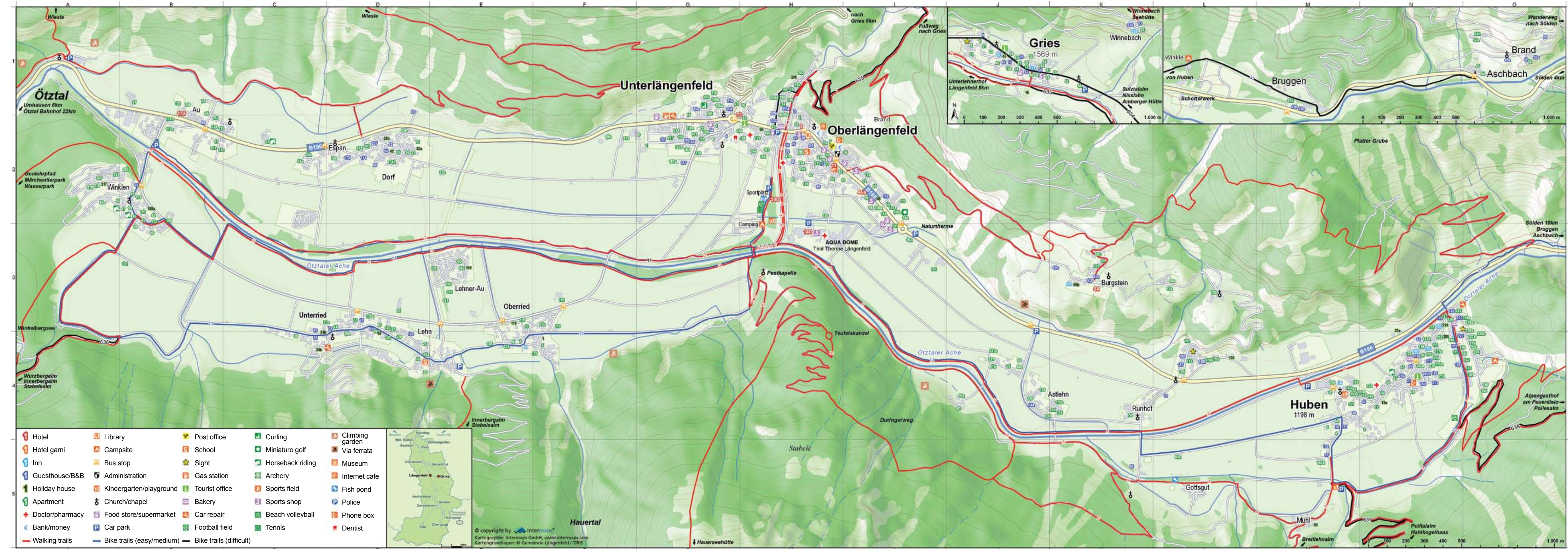


Thermal Spa & Culture

AQUA DOME SPA CENTER – TIROL THERME LÄNGENFELD
 Ötztal's Aqua Dome is Austria's most modern Spa Center. Ultimate relaxation in three open-air thermal bowls suspended on stilts, saltwater bath, massage nozzles and benches and 2 indoor spa pools with 34°C and 36°C water temperature. „Gletscherglühn“ sauna world comprising Finnish earth sauna, loft sauna, hay barn sauna, herbal steam bath and steam dome. „Gipfelsturm“ state-of-the-art fitness center offering the latest strength and cardio training equipment. Special „Alpen Arche Noah“ kids area featuring 90m slide and countless other highlights.

Enjoy a truly outstanding blend of Ötztal's unspoiled nature at Aqua Dome Tirol Therme Längenfeld - www.aqua-dome.at

ÖTZTAL LOCAL HERITAGE AND OUTDOOR MUSEUM
 The museum in Lehn gives an insight into everyday life and house-keeping on a traditional Ötztal farm up to the 50ies of the 20th century. An extensive collection of farm appliances shows the frugal way of life in former times. The museum hosts the following:
 -> walled farm house with stables / barn
 -> baking oven and four-post granary typical of the Ötztal valley
 -> logged side building, saw and mill
 -> hut for processing flax
 -> NEW: Ötztal's Memory Address



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